



Catherine Zagroba

Concentration: Psychology with a Secondary field in Economics.

Academic / Volunteer accomplishments:

Academic All-American Honorable Mention in 2009 & 2010, volunteer coach at the Roxbury YMCA swim team.

Favorite Harvard memory: J-term the past three years—being on campus with nothing to do but swim and be with the team.

HWSD and general swimming

accomplishments: Ivy League Champion in the 800 freestyle relay 2009, 2011 & 2012, touching out the Princeton 400 free relay at HYP this year.

Favorite HWSD memory: Winning HYP and breaking Princeton's 42-0 winning streak, winning Ivies at Blodgett for the first time in 20 years and the dance party in the locker room that followed.

Message to teammates / underclassmen:

You are all extremely talented, hard-working,



hilarious, and of course pretty. I can't wait to be an HWSD superfan next year and cheer you on at all of your home meets as you continue the winning tradition of the 2011-2012 season.

Future plans: After graduation, I'm working for a strategy consulting firm in Boston and I hope to eventually attend business school.

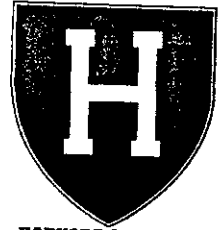
Alex Stanton – Stanton showed marked improvement in her sophomore season and got off to a great start with a sweep of the one and three-meter diving events at the MIT Invitational. Stanton also won the one meter against Columbia before turning a fifth-place showing on the three meter at the Ivy League Championships.

Sarah Sumner – Sumner showed tremendous promise in her first season in Cambridge, beginning with a win in the 100 free and a second-place performance in the 200 free against Brown. She turned in a fifth-place finish in the 100 free against Iowa and Northwestern, before helping to set a school record in the 200 medley relay at the HYP meet while also finishing second in the 50 and 100 free. Sumner was just as impressive at the Ivy League Championships, taking sixth in the 200 back, seventh in the 200 free and 11th in the 50 free.

Caroline Weaver – Weaver opened her year quickly as a member of the winning 200 medley relay team and the runner-up in the 100 and 200 back against Cornell and Dartmouth. She was victorious in the 100 fly against Brown, and finished second and third in the 200 back and 100 back, respectively, against Iowa and Northwestern. Weaver saved her best for last, however, helping the Crimson set a program record in the 200 medley relay at the HYP meet before lowering the standard at Ivies and placing 12th in both the 100 and 200 back individually.

Catherine Zagroba – Zagroba capped her career off with a strong showing at the Ivy League Championships, helping the Crimson to a first-place finish in the 800 free relay while also placing fifth in the 200 free, fifth in the 500 free and seventh in the 1,650 free. She won the 200 free at the HYP meet with a personal record time, and also turned in a great performance with a second-place finish in the 200 free against Iowa and Northwestern. Zagroba got off to a fast start with a win in the 500 free against Cornell and Dartmouth.

Harvard Women's Swimming and Diving Team Awards



HARVARD WOMEN'S
SWIMMING & DIVING

Alice McCabe Award: Honoring the most improved team member whose performances in all areas reminds us of the ideals set forth by Coach Alice McCabe.

Spirit Award: Honoring the team member whose contributions to the program in spirit, energy and enthusiasm most emulates that of Coach Maura Costin Scalise '80.

Nancy Sato Award: Honoring the senior whose action and attitudes over the years reflect a strong commitment to the improvement of Harvard Swimming as demonstrated by Nancy Sato '75.

* **Dr. Mary Ellen Mangano Award:** "Unsung Heroine" – Awarded to the person whose dedication, hard work and overall pursuit of excellence emulates those of the late Dr. Mangano '80.

Coach's Award: Honoring the member of the team whose all around attitude and contributions stand out to the coaching staff.

Outstanding Freshman Award: Honoring the freshman whose outstanding talent and contribution to the team throughout the season perseveres, so that she may reach her goals and has helped the team surpass theirs.

John Walker Award: Honoring the outstanding diver whose contributions to the Harvard program in attitude, dedication and performance are modeled after those of Coach John Walker.

Sharon Beckman Award: Honoring the swimmer whose outstanding performance, dedication, qualities of leadership and promotion of Harvard swimming emulates co-captain Sharon Beckman '80.

2011-2012 Individual and Team Honors



HARVARD WOMEN'S
SWIMMING & DIVING

First Team All-Ivy

Kelsey-Hojan Clark '15 - 1000 Freestyle 9:48.95
1650 Freestyle 16:29.90

Meghan Leddy '12 - 200 Backstroke 1:57.26

Sara Li '14 - 800 Freestyle Relay 7:15.92

Faith Martin '15 - 800 Freestyle Relay 7:15.92

Courtney Otto '15 - 400 IM 4:10.22

800 Freestyle Relay 7:15.92

✧ Catherine Zagroba '12 - 800 Freestyle Relay 7:15.92

Second Team All-Ivy

Faith Martin '15 - 400 IM 4:16.83

Courtney Otto '15 - 200 Butterfly 1:58.74

500 Freestyle 4:45.68

Leslie Rea '12 - 3 Meter Dive 298.35

Ron Keenhold Career High Point Diver

Leslie Rea '12

Academic All Ivy

✧ Catherine Zagroba '12

CSCAA Scholar All-America Team Award

Fall 2011 semester

Academic All-Americans

Deirdre Clute '14

Stephanie Ferrell '15

Meghan Leddy '12

Faith Martin '15

Danielle Schulkin '14

Caroline Weaver '13

✧ Catherine Zagroba '12

2011-2012 New Team Records

Meghan Leddy 100 Backstroke 55.16

200 Backstroke 1:54.92

Stephanie Ferrell 100 Breaststroke 1:02.64

Courtney Otto 400 IM 4:10.22

Caroline Weaver, Mackenzie Luick, Danielle Schulkin,

Sarah Sumner 200 Medley Relay 1:42.37

Meghan Leddy, Mackenzie Luick, Danielle Schulkin,

Faith Martin 400 Medley Relay 3:41.27

2012 Ivy Championship Results

- ★ 1. Harvard 1478.5
- 2. Princeton 1310.5
- 3. Yale 1075.5
- 4. Columbia 1057
- 5. Dartmouth 846.5
- 6. Penn 767
- 7. Brown 688.5
- 8. Cornell 630.5



2012 ECAC Championship Results

- 1. US Naval Academy 583
- 2. Harvard 529
- 3. Marist 529
- 4. Towson University 410
- 5. Rider 309
- 6. US Military Academy 288.5
- 7. Bucknell 261
- 8. Columbia 178
- 9. CW Post 150.5
- 10. Villanova 120
- 11. University of New England 47
- 12. American University 35
- 13. Manhattan College 33
- 14. Adelphi 12
- 15. Baruch College 10
- 16. Colby-Sawyer College 8
- 17. Franklin and Marshall College 6
- 18. Worcester Polytechnic Institute 6
- 19. Marywood University 6



2012 Ivy Dual Meets (7-0)

Harvard 187.5	Dartmouth 110.5
Harvard 218	Cornell 80
Harvard 157	Columbia 143
Harvard 249	Penn 49
Harvard 193	Brown 107
Harvard 235	Yale 65
Harvard 190	Princeton 110

Harvard Women's Swimming and Diving School Records



HARVARD WOMEN'S
SWIMMING & DIVING

Bold font denotes new records (2011-2012)

Event	Time	Athlete	Year, Meet
50 Freestyle	22.74	Katy Hinkle	2011, Ivy League Championships
100 Freestyle	49.89	Katherine Pickard	2008, Georgia Invitational
200 Freestyle	1:46.39	Kate Mills	2009, Ivy League Championships
500 Freestyle	4:42.84	Alexandra Clarke	2009, Ivy League Championships
1,000 Freestyle	9:43.09	Alexandra Clarke	2009, Ivy League Championships
1,650 Freestyle	16:10.25	Alexandra Clarke	2010, NCAA Championships
50 Backstroke	25.97	Katy Hinkle	2011, Ivy League Championships
100 Backstroke	55.16	Meghan Leddy	2011, Georgia Invitational
200 Backstroke	1:54.92	Meghan Leddy	2011, Georgia Invitational
100 Breaststroke	1:02.64	Steph Ferrell	2011, Georgia Invitational
200 Breaststroke	2:13.90	Jaclyn Pangilinan	2005, NCAA Championships
100 Butterfly	54.50	Kelly Robinson	2010, Ivy Championships
200 Butterfly	1:56.23	Kate Mills	2009, Ivy League Championships
200 Individual Medley	2:00.40	Kate Mills	2011, Ivy League Championships
400 Individual Medley	4:10.22	Courtney Otto	2012, Ivy League Championships
200 Freestyle Relay	1:32.40	Hinkle, Li Slack, Gregoire	2011, Ivy League Championships
400 Freestyle Relay	3:20.32	Hinkle, Li, Slack, Mills	2011, Ivy League Championships
800 Freestyle Relay	7:13.71	Clarke, Pickard, Zagroba, Mills	2009, Ivy League Championships
200 Medley Relay	1:42.37	Weaver, Luick, Schulkin, Sumner	2012, Ivy League Championships
400 Medley Relay	3:41.27	Leddy, Luick, Schulkin, Martin	2012, Ivy League Championships
1-Meter Diving (dual)	324.15	Jenny Greene	1987, Eastern Championships
1-Meter Diving (champ)	486.90	Jenny Greene	1988, Eastern Championships
3-Meter Diving (dual)	356.48	Samantha Papadakis	2007, vs. New Hampshire
3-Meter Diving (champ)	519.20	Brittany Garza	2000, Harvard Diving Invitational

2011-2012 Harvard Women's Swimming and Diving SEASON Top Times



**HARVARD WOMEN'S
SWIMMING & DIVING**

<p style="text-align: center;">50 Freestyle</p> <p>Sara Li 23.46 Sarah Sumner 23.46 Jenna Gregoire 23.71 Ellie Johnson 23.79 Ali Lightbourne 23.88</p> <p style="text-align: center;">100 Freestyle</p> <p>Faith Martin 50.03 Sarah Sumner 51.03 Sara Li 51.05 Jenna Gregoire 51.32 Ali Lightbourne 51.39</p> <p style="text-align: center;">200 Freestyle</p> <p>★ Catherine Zagroba 1:48.59 Faith Martin 1:49.01 Sara Li 1:49.71 Sarah Sumner 1:50.19 Kelsey-Hojan Clark 1:50.52</p> <p style="text-align: center;">500 Freestyle</p> <p>Courtney Otto 4:45.68 Kelsey-Hojan Clark 4:46.57 ★ Catherine Zagroba 4:50.41 Meghan Leddy 4:53.41 Deeds Clute 4:54.70</p> <p style="text-align: center;">1000 Freestyle</p> <p>Kelsey-Hojan Clark 9:48.95 Courtney Otto 9:57.72 ★ Catherine Zagroba 10:11.52 Kristi Korsberg 10:16.03 Deeds Clute 10:29.29</p> <p style="text-align: center;">1650 Freestyle</p> <p>Kelsey-Hojan Clark 16:29.90 ★ Catherine Zagroba 16:53.31 Kristi Korsberg 16:59.49</p> <p style="text-align: center;">100 Backstroke</p> <p>Meghan Leddy 55.16 Deeds Clute 55.77 Caroline Weaver 56.23 Dani Schulkin 57.60 Faith Martin 57.79</p>	<p style="text-align: center;">200 Backstroke</p> <p>Meghan Leddy 1:54.92 Deeds Clute 1:59.15 Laura Evans 1:59.47 Caroline Weaver 2:01.21</p> <p style="text-align: center;">100 Breaststroke</p> <p>Steph Ferrell 1:02.64 Mackenzie Luick 1:03.01 Clare Foster 1:03.78 Margaret Fish 1:03.88 Laura Evans 1:04.03 Helen Pitchik 1:04.03</p> <p style="text-align: center;">200 Breaststroke</p> <p>Faith Martin 2:14.66 Steph Ferrell 2:15.52 Mackenzie Luick 2:15.62 Helen Pitchik 2:16.93 Clare Foster 2:17.48</p> <p style="text-align: center;">100 Butterfly</p> <p>Danielle Schulkin 54.75 Ana Anaya 54.85 Jenna Gregoire 55.92 Ellie Johnson 56.82 Carol Lin 58.82</p> <p style="text-align: center;">200 Butterfly</p> <p>Courtney Otto 1:56.94 Dani Schulkin 1:59.60 Hilary Roberts 2:00.00 Ana Anaya 2:00.23 Kelsey-Hojan Clark 2:05.96</p> <p style="text-align: center;">200 IM</p> <p>Faith Martin 2:00.88 Laura Evans 2:01.92 Meghan Leddy 2:02.51 Steph Ferrell 2:03.90 Hilary Roberts 2:03.97</p> <p style="text-align: center;">400 IM</p> <p>Courtney Otto 4:10.22 Faith Martin 4:16.83 Hilary Roberts 4:21.91 Laura Evans 4:22.12 Kristi Korsberg 4:26.55</p>
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Harvard Women's Swimming All Time Top 10



HARVARD WOMEN'S
SWIMMING & DIVING

<u>50 Freestyle</u>			<u>500 Freestyle</u>		
Katy Hinkle	22.74	2011	Alexandra Clarke	4:42.84	2009
Katherine Pickard	23.13	2008	Kate Mills	4:43.41	2009
Molly Ward	23.34	2005	Christine Kaufmann	4:44.34	2009
Kelly Robinson	23.39	2010	Courtney Otto	4:45.68	2012
Linda Suhs	23.42	1998	Kelsey-Hojan Clark	4:46.57	2012
Ali Slack	23.45	2011	*Catherine Zagroba	4:47.72	2009
Sarah Sumner	23.46	2012	Noelle Bassi	4:50.78	2005
Sara Li	23.46	2012	Katie Faulkner	4:51.11	2009
Amanda Slaight	23.52	2008	Meghan Leddy	4:51.52	2011
Janna McDougall	23.56	2002	Holly Furman	4:51.76	2009
<u>100 Freestyle</u>			<u>1000 Freestyle</u>		
Katherine Pickard	49.89	2008	Alexandra Clarke	9:43.09	2009
Faith Martin	50.03	2012	Kelsey-Hojan Clark	9:48.95	2012
Sara Li	50.08	2011	Christine Kaufmann	9:51.29	2009
Katy Hinkle	50.29	2011	Courtney Otto	9:57.72	2012
Ali Slack	50.74	2011	Katie Faulkner	9:58.52	2009
Jenna Gregoire	50.88	2011	Stacie Duncan	9:59.78	1992
Molly Ward	50.94	2004	Stacy Blondin	10:01.95	2005
Sarah Sumner	51.03	2012	*Catherine Zagroba	10:02.17	2011
Linda Suhs	51.16	1988	Kristi Korsberg	10:03.06	2009
Jill Hutchinson	51.16	1991	Paige Newell	10:03.21	2011
<u>200 Freestyle</u>			<u>1650 Freestyle</u>		
Kate Mills	1:46.39	2009	Alexandra Clarke	16:10.25	2010
Katherine Pickard	1:47.66	2009	Christine Kaufmann	16:29.09	2009
Alexandra Clarke	1:47.90	2010	Kelsey-Hojan Clark	16:29.9.	2012
*Catherine Zagroba	1:48.59	2012	Stacie Duncan	16:34.06	1992
Sara Li	1:48.72	2011	Katie Faulkner	16:38.54	2009
Faith Martin	1:49.01	2012	*Catherine Zagroba	16:38.64	2009
Laura Murray	1:49.20	2009	Heather Gibbons	16:43.20	1992
Jill Hutchinson	1:49.73	1991	Greta Steffenson	16:46.99	1995
Holly Furman	1:49.89	2009	Emiley Jellie	16:47.70	2005
Sarah Sumner	1:50.19	2012	Lovisa Gustafsson	16:48.62	2000