

# PEDDIE

## GUIDELINES FOR RETURN TO PEDDIE CAMPUS AFTER ILLNESS

(UPDATED 9/15/2021)

### NEGATIVE RAPID COVID-19 TEST, BUT SYMPTOMS SUSPICIOUS FOR COVID-19 – REGARDLESS OF VACCINATION STATUS

If the swimmer or employee has had a negative rapid test for COVID-19, but is currently experiencing symptoms of illness, they are required to stay home and practice social distancing until all of the following parameters have been met:

- 1.) The COVID-19 PCR test has returned and is negative.
- 2.) All symptoms have improved.
- 3.) If fever (temperature greater than or equal to 100.4 F) was present, it has been resolved for a minimum of 24hrs.

### POSITIVE RAPID COVID-19 TEST – REGARDLESS OF VACCINATION STATUS

If the swimmer or employee has had a positive rapid test for COVID-19, whether or not they are currently experiencing symptoms of illness, they are required to stay home and self-isolate until all of the following parameters have been met:

- 1.) A minimum of 10 days have passed.
- 2.) All symptoms, if exhibited, have improved.
- 3.) If fever (temperature greater than or equal to 100.4 F) was present, it has been resolved for a minimum of 24hrs.

### NO SYMPTOMS, BUT CLOSE CONTACT OF COVID-19 INFECTED PERSON

#### Fully Immunized:

If a swimmer or employee has had close contact with someone who has COVID-19, they should get tested 3-5 days after their exposure, even if they don't have symptoms. They should also wear a mask at all times for 14 days following exposure or until the test result is negative. They should isolate for 10 days if the test result is positive.

#### Not Fully Immunized:

These swimmers or employees are required to quarantine and monitor themselves for symptoms for 14 days after their last exposure to the COVID-19 suspicious person. However, if the COVID-19 suspicious contact has had a confirmed negative PCR test, as well an improvement in their symptoms and been fever-free ( $T \leq 100.4^{\circ}\text{F}$ ), for a minimum of 24 hours, the swimmer or employee may return to campus, as long as they have remained asymptomatic.