

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>March 2022</h1> <p><b>* Dryland will be part of this practice</b></p>		<b>1</b> Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p	<b>2</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p Red 5:45-7:15 p* SS/Adv. SS 7:45-8:40p	<b>3</b> Silver 6:45-8:45 p Red 5:45-7:15p Mini Plus 5:30-6:45p* Mini 5:30-6:30p*	<b>4</b> Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p*	<b>5</b> Silver 7-9 am Black 7-9 am Red 7:30-9 am Mini Plus not swimming in the meet 7:30-9 am <b>Winter Mini Champs @ PMS</b>
		<b>6</b> No Practice	<b>7</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p SS/Adv. SS 7:45-8:40p	<b>8</b> Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p	<b>9</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p Red 5:45-7:15 p* SS/Adv. SS 7:45-8:40p	<b>10</b> Silver 6:45-8:45 p Red 5:45-7:15p Mini Plus 5:30-6:45p* Mini 5:30-6:30p*
<b>13</b> No Practice <b>13-18 JO's Prelims/Finals @ Rutgers</b>	<b>14</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p SS/Adv. SS 7:45-8:40p Team Tryouts 4:30 to 5:30 pm	<b>15</b> Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p	<b>16</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p Red 5:45-7:15 p* SS/Adv. SS 7:45-8:40p Lesson Evaluations 4:30 to 5:30 pm	<b>17</b> Silver 6:45-8:45 p Red 5:45-7:15p Mini Plus 5:30-6:45p* Mini 5:30-6:30p*	<b>18</b> Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p* <b>12 &amp; Under JO's @ Rutgers</b>	<b>19</b> No Practice
<b>20</b> No Practice <b>12 &amp; Under JO's @ Rutgers</b>	<b>21 Last Practice</b> Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p Red 5:45-7:15 p Mini Plus 5:45-6:45p Mini 5:45-6:30p SS/Adv. SS 7:45-8:40p Lesson Evaluations 4:30 to 5:30 pm	<b>22</b> Sectionals only TBA	<b>23</b> No Swim Team Practice SS/Adv. SS 7:45-8:40p	<b>24</b> No Practice <b>Speedo Northern Sectional Champs Prelims/Final Ithaca, NY</b>	<b>25</b> No Practice	<b>26</b> No Practice
<b>27</b> No Practice <b>Speedo Northern Sectional Champs Prelims/Final Ithaca, NY</b>	<b>28</b> No Swim Team Practice SS/Adv. SS 7:45-8:40p Team Tryouts 6:15-7:30 pm	<b>29</b> Spring Practices Begin Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p	<b>30</b> Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p Red 5:45-7:15 p*	<b>31</b> Silver 6:45-8:45 p Red 5:45-7:15p Mini Plus 5:30-6:45p* Mini 5:30-6:30p*	<b>1</b> Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p*	<b>2</b> No Practice Team Banquet 11 am-3 pm <b>Eastern Zone Age Group Champs Prelims/Final Webster, NY</b>