



## PTAC Facility Usage Rules

**1) PTAC SWIMMERS WILL ACT RESPECTFULLY TOWARDS EACH OTHER AND OUR FACILITY AT ALL TIMES.** Parents must see the following swimmer expectations and review with your swimmers! We have highlighted two specific areas that must be emphasized. Also be sure to see a copy of our entire PTAC Code of Conduct and Locker Room rules attached to this email. These documents are available at all times on our website "Athlete Protection" page.

**- Always communicate with members of our team and other teams with respect. All athlete communication will be intended to promote each other and the team. There will be no negative or disparaging language directed at another athlete, coach, or parent. This includes verbal communication, electronic communication, as well as physical gestures.**

**- Athletes must always treat swimming facilities with respect. Do not vandalize or cause harm to any property. Do not stand on the Locker room benches and use all property as intended. Always throw away garbage in the appropriate place and never leave a mess. We are always responsible for cleaning our space at competitions. Swimmers will pickup any of their own garbage as well as anything left by other teammates to ensure our space is clean.**

**2) Do not drop off swimmers more than 5 minutes before the start of practice.** If swimmers are here early because their siblings are also here then they must be accompanied by an adult. Swimmers are not allowed to be running around upstairs and disrupting the other workouts.

**3) Swimmers should place all bags in the locker room or in the last two sections of the stands closest to the diving towers.** On Fridays and Sundays please use only the second to last section of the stands as we would like to leave the last section free for Junior and Senior Drylands.

**4) All swimmers will clean up the pool deck and our sections of the stands with our bags at the end of practice.** We would also like to ask any parents who are at the pool to help us keep our section of the stands clean by picking up their area when they go.

**5) Swimmers make sure to take all equipment home with them at the end of practice.** Any equipment left behind will be moved to the lost and found. Be sure to write the swimmers name on everything or it may be lost.

**6) Absolutely no cell phones Food, Drinks, Gum, or Glass Containers allowed in the Locker Rooms.**

**7) Swimmers must be clear from the locker room 10 minutes after the end of their group workout and be picked up immediately.** Parents should be ready to pickup their swimmers as soon as they are changed. If a swimmer is staying late because their siblings are also here then they must be

accompanied by an adult and they are not allowed to run around upstairs.

**8) We do not recommend that the swimmers shower at DeNunzio.** There are simply not enough showers to accommodate the number of swimmers at the pool. Showers may be used on a first come first serve basis and as quickly as possible. Only one swimmer allowed in each shower at a time. If swimmers are not able to be out of the locker room in under 10 minutes then they will not be allowed to shower.

**9) 12 and under swimmers who wish to use the showers must have a parent present to ensure they are out in less than 10 minutes.**

**10) While there are other PTAC swimming groups still in the water at DeNunzio, swimmers may wait to enter the restrooms to use the shower.** Swimmers must be accompanied by an adult during this waiting time. Once they are able to shower, swimmers will still limit their time in the locker room to under 10 minutes.

**11) Absolutely no deck changing is allowed per USA Swimming rules.**

**12) Any swimmer picked up more than 15 minutes after the conclusion of workout will be charged \$15 to their PTAC account. Swimmers picked up more than 25 minutes after practice will be charged an additional \$40.**