



RVY RIPTIDE SWIMMER CODE OF CONDUCT

As a member of the Raritan Valley YMCA Riptide Swim Team, I understand, and agree to, the following code of conduct for all swimmers. I understand that violating the code of conduct could result in suspension or expulsion from the team (and loss of associated program fees):

1. As participants in a YMCA program, our core values are caring, responsibility, honesty & respect. I will conduct myself in a manner that is in line with these values, and will protect and respect the rights and welfare of all athletes, parents, officials, and coaches.
2. I understand that the level of attendance, commitment and motivation in practices will be directly proportional to my performance in meets throughout the season.
3. I will keep swimming in the proper perspective: I will have fun, enjoy the sport, and be proud of my accomplishments without any disparagement of others
4. I will show a positive attitude, team spirit and good sportsmanship at all times, and offer congratulations, win or lose, within our team and also to the opposing team. I will always encourage my teammates to strive to be the best they can be, and I will respect the achievements of others. I will represent Riptide in a courteous, dignified and sportsmanlike manner during all meets, practices and team functions.
5. I will show respect for meet officials, as well as for my coaches and competitors. I will never confront an official or stoke and turn judge at a meet about a disqualification, but will discuss any concerns that I have with my coach.
6. I will be respectful of my teammate's feelings and personal space. I will not exhibit any sexist, racist or inappropriate behavior towards another swimmer, including (but not limited to) dunking, foul language, splashing, spitting, hitting, trash talking, touching, belittling or any other behavior deemed inappropriate.
7. I understand that all swimmers are Riptide swimmers, and I will be a good teammate and will not participate in any teasing or bullying of anyone, either directly, or indirectly through texts, email or social media. Bullying will not be tolerated.
8. I understand that we are guests at each facility that we hold practices and swim meets at, and I will follow the facility rules and be on my best behavior at all times. I will never participate in any games or horseplay in the locker rooms or on the pool deck, as injuries will more than likely be a direct result. I also know my behavior could jeopardize Riptide's ability to use the facilities in the future.
9. I understand that destruction of locker rooms and theft of property will be prosecuted under the law. The swimmer and family of swimmer will be responsible for all damages and fees incurred upon collection or prosecution of damages.
10. I will support my peers and encourage them in a positive manner during practice, meets, on social media and everywhere we go. I understand that I serve as a role model and mentor to younger athletes in our program.
11. I understand that the use of alcoholic beverages, illegal drugs (or improper use of prescription medications), smoking or use of other tobacco products is strictly prohibited at any and all team practices, meets and other functions.
12. I will follow any and all additional rules imposed by the team and/or coaching staff, including those related to travel meets.
13. I will comply fully with the rules and regulations handed down by the organizations in which I compete, YMCA Swimming and USA Swimming

I have read the RVY Riptide Athlete Code of Conduct and agree to abide by its provisions.

Family Name _____

Signature of Parent/Legal Guardian _____

Date _____

Signature of Athletes: _____

