Weekly Splash – October 8th

**RBY Swim Team Mission Statement:** To provide a positive team environment that promotes respect, integrity, perseverance and accountability which enables optimal health and athletic development through swim training, instruction and competition.

**Practice Schedule:** Attached is the practice schedule for the 2018-19 effective Monday, October 8th. Please note that some revisions have been made and dryland times have been added.

**Senior 1 / Seniors Group:** This Thursday Senior1 is early and Seniors are late. This Friday, October 12th 1st Group 2 will spin first from 6:00 to 6:30 pm followed by Group 1 from 6:30 to 7:00 pm.  The schedule will alternate each week.  All swimmers must be on deck by 7:15 pm following spin.

**Jr Group:** Please note that dryland and practice times on Tuesdays and Thursdays have been revised for Jr1 and Jr2, they are as follows:

* Junior 1 - Tuesday and Thursday 6:30 to 8:15 (dryland prior to practice);
* Junior 2W - Tuesday practice 6:45 to 8:15 pm
* Jr2 Red Bank Tuesday is optional follow Jr2W times
* Junior 2 Red Bank and Wall - Thursdays 6:30 to 8:15 pm (dryland prior to practice)

**Family Folders:** Family folders are being updated over the next couple of weeks at both Red Bank and Camp Zehnder. Please check and clean out your family folder this week to help us prepare for the ‘18/19 season.

**Save the dates:**

* **SVY Meet of Champions** – This meet is scheduled for October 20th and 21st
* **Harvest Haunt Meet –** This is scheduled for November 3rd and 4th.
* **Zilinski Meet** – This meet is scheduled for November 11th.
* **FSPY First Frost** – This meet is scheduled for November 11th.
* **Gobble Gobble** – This meet is scheduled for November 18th
* **Holiday Mini Meet** – This meet is scheduled for December 2
* **OCY Winter Classic** – This meet is scheduled for December 14-16th
* **Holiday Classic** – This meet is scheduled for December 14-16th
* **Strong Kids** – This meet is scheduled for January 27th