**Thursday, March 14th Group 1 Practice 3:45 to 5:45 pm-lift beforehand**

Katie Wright Arabella Lee Megan Judge Grace Kayal

Vic Ireland Shannon Judge Emma Shaughnessy Jessica Zebrowski

Paul Retterer Leo Carnevale Johnny Nutt Sammy Rennard

Ben Dupree Matt D’Elia Ryan Burke Kevin Truscio

Taylor Majarmaa Maile Mora Mary Mahoney Ginger Hansen

Mitchell Malakhov Skylar Shafritz Maddie Piasecki Nicole Dado Caroline Monaghan

**Thursday, March 14th Group 2 Practice 5:30 to 7:30 pm-lift beforehand**

All others not listed above…

**PLEASE DO NOT SHOW UP AT THE PRACTICE YOU ARE NOT SCHEDULED FOR UNLESS YOU SWITCH WITH SOMEONE**

**Friday Group 1 Spin** – all Sr/Sr1 girls -- **5:15 to 5:45 pm**

**Friday Group 2 Spin** – all Sr/Sr1 boys, and all Sr1W, 2W, 1B swimmers -- 5:45 to 6:15 pm