2018 Tiger Invitational

Hosted by Princeton Tigers Aquatic Club

at the DeNunzio Natatorium, Princeton University

Held under the sanction of USA Swimming

Meet Sanction #	**NJ Swimming Sanction #- NJS011918SC** **Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.** It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	**Friday January 19th to Sunday, January 21st, 2018**		
Location:	**DeNunzio Natatorium** (directions included), Faculty Road, Princeton University.		
Facility Info:	The DeNunzio pool is a 50-meter 8-lane pool with a minimum depth for diving of 9 feet. Two 8-lane by 25-yard courses will be used. (Main pool: 9' at dive end, 12' at turn; Dive pool: 12' at dive end, 17' at turn). There is ample seating for spectators.		
Pool Certification Statement:	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.		
Host Team Contact:	Luis Nicolao		nicolao@princeton.edu
Meet Director:	Ellen W Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Bach LeQuang		blequang@gmail.com
Admin Officials:	Ellen Mace, Jason Mace, John Lister		besmarttinc@gmail.com
Safety Marshall:	Luis Nicolao		nicolao@princeton.edu
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	**Friday, December 22, 2017, at 6am**		
Entry Deadline:	**Friday January 5th, 2018 at 6pm**		
Swimmers Age:	Swimmer ages for this meet are as of: **Friday January 19th, 2018**		
Entry Fees:	Individual Entry: Non-Distance: $4.00 Distance: $11.00		Relay: $8.00
Meet Course:	Short Course Yards (SCY)		
Meet Format	• This meet will be run as a timed final meet. • There will be 8 & Under, 10 & Under, 11-12, 12 & Under, 13-14, 15 & Over, and Open events • **There are no qualifying times for this meet.** • This meet will be run using two pools. Pools will be divided by age group/gender once all entries are received and a time-line established. This information will be sent via e-mail to participating teams and posted on the meet website www.besmarttinc.com. • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When the seeding has been posted, swimmers will report to the blocks on their own. • The Friday mini-meet will be marshaled. Coaches should bring their swimmers to the marked area of the stands. Host team volunteers will marshal them to the blocks.		

Entry Limits:	Daily: **4** Individual events **2** Relays	Meet: **9** Individual Events **4** Relays
Checks Payable To:	**Princeton Tigers Aquatics Club**	
Email Entry Files To:	**besmarttinc@gmail.com**	
Mail Checks/Reports	Bring to the first session of the meet where the team is competing	

Tiger Invitational 2018

Friday Order of Events

Building Opens at 4:55pm

Evening Session #1—8 & Under Mini-Meet (in Scoreboard Pool)

Friday Evening	**Warm-ups: 5:00pm**	**Meet Start: 5:45pm**

Girls	Age Group and Event	Boys
#1	8 & Under 100 Freestyle Relay	#2
#3	8 & Under 25 Freestyle	#4
#5	8 & Under 25 Breaststroke	#6
#7	8 & Under 50 Backstroke	#8
#9	8 & Under 50 Butterfly	#10
#11	8 & Under 100 Freestyle	#12
#13	8 & Under 25 Backstroke	#14
#15	8 & Under 25 Butterfly	#16
#17	8 & Under 50 Freestyle	#18
#19	8 & Under 50 Breaststroke	#20
#21	8 & Under 100 IM	#22
#23	8 & Under 100 Medley Relay	#24

Evening Session #2—Distance (in Dive Pool)

Friday Evening	**Warm-ups: 5:00pm**	**Meet Start: 5:45pm**

Women	Age Group and Event	Men
#25	Open 1000 Freestyle	#26
#27	Open 1650 Freestyle	#28

Notes: Events will swim will swim slowest to fastest, alternating genders. Swimmers must provide their own timers & counters. Swimmers may enter either the 1000 freestyle or the 1650 freestyle, not both. Should the mini-meet finish before the distance session, heats may be moved to the other pool.

Tiger Invitational 2018

Saturday Order of Events

Building Opens at 6:55am

Morning Sessions #3 & #4—12 & Under

Saturday Morning	Warm-ups: 7:00am	Meet Start: 7:55am

Girls	Age Group and Event	Boys
#29	11-12 200 Freestyle Relay	#30
#31	10 & Under 200 Freestyle Relay	#32
3 minute break		
#33	11-12 100 Backstroke	#34
#35	10 & Under 100 Backstroke	#36
#37	12 & Under 200 Freestyle	#38
#39	11-12 50 Breaststroke	#40
#41	10 & Under 50 Breaststroke	#42
#43	11-12 100 Butterfly	#44
#45	10 & Under 100 Butterfly	#46
#47	12 & Under 200 Breaststroke	#48
#49	11-12 50 Freestyle	#50
#51	10 & Under 50 Freestyle	#52
#53	11-12 100 IM	#54
#55	10 & Under 100 IM	#56

Midday: Sessions #5 & #6—Open 400 IM

Saturday Midday	Warm-ups: TBA	Meet Start: Warm-Up+35 minutes

Women	Age Group and Event	Men
#57	Open 400 IM**	#58

**** Notes: Heats may be limited. Events will swim slowest to fastest. Swimmers must provide their own counters.**

Tiger Invitational 2018

Saturday Order of Events...*continued*

Afternoon: Sessions #7 & #8—13 & Over

Saturday Afternoon	Warm-ups: TBA	Meet Start: Warm-Up+65 minutes

Women	Age Group and Event	Men
#59	13-14 200 Freestyle Relay	#60
#61	15 & Over 200 Freestyle Relay	#62
	3 minute break	
#63	13-14 100 Butterfly	#64
#65	15 & Over 100 Butterfly	#66
#67	13-14 200 Breaststroke	#68
#69	15 & Over 200 Breaststroke	#70
#71	13-14 50 Freestyle	#72
#73	15 & Over 50 Freestyle	#74
#75	13-14 100 Backstroke	#76
#77	15 & Over 100 Backstroke	#78
#79	13-14 50 Breaststroke	#80
#81	15 & Over 50 Breaststroke	#82
#83	13-14 200 Freestyle	#84
#85	15 & Over 200 Freestyle	#86
#87	13-14 100 IM	#88
#89	15 & Over 100 IM	#90

Sunday Order of Events

Building Opens at 6:55am

Morning Sessions #9 & #10—12 & Under

Sunday Morning	Warm-ups: 7:00am	Meet Start: 7:55am

Girls	Age Group and Event	Boys
#91	11-12 200 Medley Relay	#92
#93	10 & Under 200 Medley Relay	#94
	3 minute break	
#95	11-12 100 Breaststroke	#96
#97	10 & Under 100 Breaststroke	#98
#99	12 & Under 200 Backstroke	#100
#101	11-12 50 Butterfly	#102
#103	10 & Under 50 Butterfly	#104
#105	11-12 100 Freestyle	#106
#107	10 & Under 100 Freestyle	#108
#109	12 & Under 200 Butterfly	#110
#111	11-12 50 Backstroke	#112
#113	10 & Under 50 Backstroke	#114
#115	12 & Under 200 IM	#116

Tiger Invitational 2018

Sunday Order of Events...*continued*

Midday: Sessions #11 & #12—Open 500 Freestyle

Sunday Midday Schedule	Warm-ups: TBA	Meet Start: Warm-Up+35 minutes

Women	Age Group and Event	Men
#117	Open 500 Freestyle**	#118

** **Notes: Heats may be limited. Events will swim slowest to fastest. Swimmers must provide their own timers and counters.**

Afternoon: Sessions #13 & #14—13 & Over

Sunday Afternoon Schedule	Warm-ups: TBA	Meet Start: Warm-Up +65 minutes

Women	Age Group and Event	Men
#119	13-14 200 Medley Relay	#120
#121	15 & Over 200 Medley Relay	#122
3 minute break		
#123	13-14 100 Breaststroke	#124
#125	15 & Over 100 Breaststroke	#126
#127	13-14 200 Backstroke	#128
#129	15 & Over 200 Backstroke	#130
#131	13-14 50 Butterfly	#132
#133	15 & Over 50 Butterfly	#134
#135	13-14 100 Freestyle	#136
#137	15 & Over 100 Freestyle	#138
#139	13-14 200 Butterfly	#140
#141	15 & Over 200 Butterfly	#142
#143	13-14 50 Backstroke	#144
#145	15 & Over 50 Backstroke	#146
#147	13-14 200 IM	#148
#149	15 & Over 200 IM	#150

Meet Schedule

Friday January 19th		**Warm-Up**	**Start**
Building opens at 4:55pm			
Session 1	8 & Under Mini-Meet (Scoreboard Pool)	5:00pm	5:45pm
Session 2	Distance Session (Dive Pool)	5:00pm	5:55pm
Saturday, January 20th		**Warm-up**	**Start**
Building opens at 6:55am			
Sessions 3 & 4	12 & Under	7:00am	7:55am
Sessions 5 & 6	Open 500 Freestyle	TBA*	Warm-Up + 35 minutes
Sessions 7 & 8	13 & Over	TBA *	Warm-Up + 65 minutes
Sunday, January 21st		**Warm-up**	**Start**
Building opens at 6:55am			
Session 9 & 10	12 & Under	7:00am	7:55am
Session 11 & 12	Open 400 IM	TBA*	Warm-Up + 35 minutes
Session 13 & 14	13 & Over	TBA *	Warm-Up + 65 minutes

Schedules for sessions after the first each day will be developed once entries have been received. The timeline will be e-mailed to coaches of participating teams and posted on the meet web site.

Scoring:	Team Scoring will not be kept.
Awards:	• Medals will be awarded for the top three swimmers in each individual event. • Medals will be awarded to the top 3 relays in each relay event. • The 8 & Under Mini-meet will have ribbons awarded to the top 8 swimmers in the 6 & Under, 7 years, 8 years, age groups. • The 1000 and 1650 will have awards in 12 & Under, 13-14, 15 & Over age groups. • The 400 IM and 500 freestyle will have 14 & Under, and 15 & Over awards
Starts:	"Fly-over/Over-the-top" starts will be used during this meet.
Admissions and Programs:	• Admission will be $10 per session, and will include online heat sheets on www.besmarttinc.com and Meet Mobile.
Concessions:	• Food and drink will be available in the Jadwin Gymnasium, next door to the DeNunzio Natatorium.
Vendor:	• A swim vendor will be at the meet.
Entry Information:	• There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. • All entries will be accepted on a first come basis. • **Entry Fee Summary forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes.** • Team entries will be considered accepted when the host club accepts the entries. • Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. • **Special Notice**: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	• New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards. Converted times are acceptable.

Distance Events:	• The 1000 and 1650 freestyle events will be run fastest to slowest, alternating genders. • The 400 IM and 500 freestyle events will be run slowest to fastest. • Swimmers in these events are responsible to supply their own timer. • All 500, 1000, and 1650 freestyle swimmers are responsible to provide a person to count. • Genders may be combined in heats of the distance events without a lane separating the genders.
Heat Limited Events:	• The 400 IM 500 freestyle may be limited so that the middle distance sessions each day are no more than two hours each, excluding warm-ups, depending on the timeline developed after entries are received. • Swimmers whose seed times place them below the heat limitation will have the option to pick another event or remain in the event and possibly compete because of day-of-meet scratches. • Swimmers who do not switch events and do not compete in the heat-limited event will have their entry fee refunded within one week of the meet. Psych sheets will be posted on the meet web site no later than one week before the meet start.
Relays:	• All relays will be deck seeded. Coaches must turn in relay cards with scratches at swimmer check-in. • Coaches must turn in relay cards listing correct swimmers' names and correct order prior to the start of the event. • Unattached swimmers may not swim in any relay.
Swimmer Eligibility:	• No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.
Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	• The host club will provide a single timer in each lane throughout the meet, except for the distance events where swimmers will provide their own timers and lap counters. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail entry verification back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. • Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website (www.besmarttinc.com) no later than 1 week before the meet.
Participating Club Responsibilities:	• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website (www.besmarttinc.com) 1 week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. • Officials: • Swimming officials from participating teams should contact the meet referee, Bach Lequang blequang@gmail.com with the sessions when they are able to help. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee may check cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.

Coaches Eligibility:	• All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. • Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of USA coaching credential verification with them at all times.
Officials:	• Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • Current USA Swimming is required for all officials and the Meet Referee will check your cards. • All officials must wear the standard white and blue uniform. • Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the sanctioning chair and either the age group or senior chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time period. Some of the changes that may be made include: 1) add a session, 2) limiting heats in distance events, 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • Swimming Equipment is **not allowed** in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. • All swimmers are entitled to a fair and comparable warm-up. All teams **must** receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool feet first from the starting end of the pool. • New Jersey Swimming officials will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • There will be two 30-minute warm-ups divided by teams for 13 & Over, and two 25-minute warm-ups divided by teams for 12 & Under sessions. • For the 8 & Under mini-meet, there will be two 20 minute warm-ups divided by teams. • For the Friday distance session, there will be two 25 minute warm-ups divided by teams. • For the 500 freestyle and 400 IM sessions, there will be one 30-minute warm-up session. **This warm-up may be in one of the pools while the other pool is still in session.**
Check-In:	• All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. • Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Policy	No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.

Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com & www.njswim.org **Pre-Meet Information posted on website.** • Meet Information will be posted on the website. • Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. • List Teams whose entries have been received. • List "heat limited" events psych sheet. • List Updated meet schedule. • List Warm-up Schedule and Team Warm-up Assignments. • List Timing assignments. **Post-Meet Information posted on website.** • Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file)
Results:	• Results will be e-mailed to teams participating in the meet. • Results will be posted on the meet website and on the NJ swimming Website www.njswimming.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. **"Tech suits" are not permitted at this meet for 12 & under swimmers.** "Tech Suits" are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotel:	• Holiday Inn, 100 Independence Way. 609-520-1200 Ask for special rate • Staybridge Suites, 4375 Route 1. 609-951-0009 Ask for sports group rate • Residence Inn by Marriott, 4225 Route 1. 732-329-9600 Rates include breakfast • Princeton Courtyard by Marriott, Route 1 & Mapleton Rd. 609-726-9100 Rates include breakfast
Directions:	Princeton University DeNunzio pool is conveniently located approximately one mile west of Route 1. Turn West onto Route 571 (Washington Avenue). Cross the bridge over Carnegie Lake. At the first light, turn right onto Faculty Road. The pool, followed by the parking lot will be on your left.

2018 Tiger Invitational

Friday-Sunday January 19th-21st

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, The College of New Jersey, Eastern Express Swimming, Be Smartt Inc. and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Princeton Tigers Aquatics Club Tiger Invitational Meet** on **January 19th-21st, 2018** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to $100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Club Name/Club Code _____

Signature of Coach and/or **Parent/Guardian** _____

Telephone _____ **E-Mail Address** _____

Name(s) of Coach(es): _____

_____

Name/E-Mail/Phone Number of person to contact regarding this entry:

_____

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

_____

Entry Fee Summary:

_____	Timed Final individual event entries @ $4.00 =	$_____
_____	1650 Timed-Final individual event entries @ $11.00 =	$_____
_____	Relay event entries @ $8.00 =	$_____
	Total:	$_____

Make checks payable to: **Princeton Tigers Aquatics Club.**