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|  | ***Miles of Miles 2018***  **Hosted by SVY Swimming**  **Sunday January 28, 2018**  **at the**  **Somerset Valley YMCA in Bridgewater** |
|  | **Sunday January 28, 2018**  **This is a YMCA meet designed to offer distances that are not routinely contested throughout the year; particularly for the younger athlete.**  This meet will be carefully timed out so you and your swimmers in Session 1 &  2 will know what time (approximately) they will be swimming. To prevent open lanes, please e-mail @ [meetdirector@svynj.org a](mailto:meetdirector@svynj.org)nd [meetentries@svynj.org o](mailto:meetentries@svynj.org)f any scratches as soon as possible. There will be a compulsory check-in 30 minutes prior to the swimmers race time. Session 3 will conduct a traditional warm-up period, time to be determined once entries are received.  **The meet will be pre-seeded and will be swum fastest to slowest in each event. Preliminary psych sheets will be posted at** [**www.snynj.org**](http://www.snynj.org/) **no later than January 25, 2018 and will be updated at that site as scratches are received.**   * Two warm-up/warm-down lanes will be available adjacent to the competitive lanes during the meet. * 6 lanes will be used for competition. * All events will be swum as mixed timed finals. * This meet will be run as three sessions. |
| **Session 1: 13 & Over 1500 meter freestyle**  Warm-up H1 / H2: 10:00 am Start: 10:20 am   Host team reserves right to limit session time |
| **Session 2: 9 - 12 year olds - 400 meter freestyle**   * Will begin immediately after Session 1 ends * Start Time to be determined after entries are received * Host team reserves right to limit session time |
|  | **Session 3: 12/U year old – events**  **Event 3: 9-12 200 meter Freestyle**  **Event 4: 8/u 50 meter Breaststroke**  **Event 5: 9-12 200 meter backstroke**  **Event 6: 12/u 100 free**  **Event 7: 9-12 200 meter breaststroke**  **Event 8: 8/u 50 meter Butterfly**  **Event 9: 12/u 200 meter Butterfly**  **Event 10: 8/u 50 meter Back**  **Event 11: 12/u 200 Meter IM**   * Will begin immediately after Session 2 ends. * Session 3 will have a traditional 30 min warm-up in all lanes. * Warm-up to be determined after entries are received. * Additional entries *may* be allowed based on timeline of sessions 1& 2. |
| **Meet Director** | Tim Foley: mobile 908.642-2477 Email: [meetdirector@svynj.org](mailto:meetdirector@svynj.org) |
| **Meet Referees** | Lorraine Soisson and Sandi Rushevics |
| **Facilities** | Somerset Valley has a 10 lane heated 25 meter indoor pool with non-turbulent lane lines and electronic timing, with a 5 foot starting end. Large on-site parking. 6 lanes will be used at this meet. |
| **Eligibility** | This meet is open to all YMCA swimmers. Age for this meet is December 1,  2017. |
| **Entries** | **Entries times must be in SCM.**  **PLEASE NOTE: No times “NT’s” will not be accepted. Times are required for pre-seeding events.**  **S*wimmers in S#1-#2 MUST provide their own Counter AND Timer*** |
| **Entry Restriction** | 13/over swimmers may compete in ONE session only.  12/under swimmers may compete in TWO sessions.   Session 3: Swimmer may compete in 2 events |
| **Entry Deadline** | Entries deadline is January 20, 2018 @ 6:00PM  Meet will be filled on a first-come first-serve basis. |
| **Entry Fees** | $6.00 per individual event. Please send ONE CHECK ONLY for the total amount of your team entries. We will not accept a collection of individual checks from your team members. Your check should be made payable to **SCYMCA**. |
| **Email Entries To** | Elizabeth Stoddard; [meetentries@svynj.org p](mailto:meetentries@svynj.org)lease add ‘Miles 2018’ in  **SUBJECT** line. |
| **Rules** | The current USA Swimming Guidelines will govern this meet. All events are timed finals. |
| **Timers** | The host team will supply 1 timer for Sessions 1 & 2, and 2 timers for Session  3.  **Swimmers in Session 1 – 2 must ALSO provide a timer and counter**. Equipment (stop watches and lap counters) will be provided by host team. |
| **Officials** | A schedule for officials will be sent to attending teams. Thank you for your help! Attending teams should provide officials as needed. |
| **Admission** | There will be no charge for admission. |
| **Notes** | Notification of any changes to the meet will be made to contact person from each team. Please list the contact person, address, telephone number and e- Mail address on the Meet Entry Summary form. |
| **Results** | Results will be available on Meet Mobile and online at [www.svynj.org](http://www.svynj.org/) |

**Directions:**

601 Garretson Rd. Bridgewater, NJ

908-526-0688

**From South 206:**

 Take 206 North

 At the Somerville Circle, take SECOND exit onto Ramp towards 202/206 North

 Stay on 206 crossing Route 22 and exit at Commons Way at the Bridgewater Commons

Mall.

 At traffic light TURN LEFT, away from the mall

 Continue OVER 202/206 to end at 2nd Traffic light

 and TURN LEFT onto Garretson Rd.

 Continue 1 mile to the YMCA on your RIGHT (across from HS).

**From North 287:**

 Take 287 South

 Take Ramp (RIGHT) onto US-206 [US-202] 0.6 mi US-202 / US-206 / US-22 W / Somerville / Flemington

 Keep RIGHT onto Ramp 0.2 mi Commons Way / Garretson Rd

 Turn RIGHT (West) onto Commons Way 0.4 mi

 Turn LEFT (West) onto Garretson Rd 0.5 mi

**From South 287:**

 Take 287 North

 At exit 14B, take Ramp (LEFT) onto US-22 for 2.6 miles

 Exit RIGHT towards US-206 / US-202 / I-287 N / Morristown / Netcong

 Keep RIGHT onto Ramp 120 yards

 Take Ramp (LEFT) onto US-206 [US-202] 0.5 mi

 Keep RIGHT onto Ramp 0.1 mi Commons Way / Garretson Rd

 Turn LEFT (West) onto Commons Way 0.6 mi

Turn LEFT (West) onto Garretson Rd 0.5 mi

“Miles of Miles 2018”

Entry Summary

**Team**

**Club Code**

Names of Coaches

Team Mailing Address

Contact Person regarding Entries

Phone #

E-Mail

Contact Person regarding Officials

Phone #

E-Mail

**Entry Fee Summary**

#of Individual entries

x $6.00 =

Please Make Checks Payable To: ***SCYMCA***

Mail To: Elizabeth Stoddard, 34 Deanna Drive, Apt 89, Hillsborough, NJ 08844