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**Parents** – send a note of encouragement, pride, or good wishes to your swimmer.

**Swimmers** – thank a coach, your parents, carpool driver, or teammate.

**Gratitude \* Encouragement \* Pride \* Team Spirit**

Your swim note will come attached to a **wristband,** customized with the SVY name, and different inspirational sayings.

Several different styles and sayings.

**Collect them all! Trade them!**

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Here’s how it works …

Write your message on the attached form. We’ll attach your personalized message to one of the assorted wristbands and deliver just in time for championships!

**2 Notes for $5**

 **5 Notes for $10**

Orders will be accepted until **January 25**. For more information, please contact cherylmil@verizon.net