NJ YMCA 12/UNDER STATE CHAMPIONSHIP MEET

hosted by
Ocean County YMCA
Held under sanction of YMCA Swimming and the approval of USA Swimming.

YMCA Sanctioned by:	Jack Caucino, New Jersey YMCA Executive Chair.		
Meet Approval Info:	**This is a closed (YMCA members only), USA Swimming Approved meet.** **Approval – NJSAP022120SC** **Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.** In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Friday February 21st through Sunday February 23rd, 2020		
Location:	Ocean County YMCA 1088 West Whitty Road Toms River, New Jersey 08755 Phone: (732) 341-9622		
Facility Info:	The OCY Pool is a twelve-lane, 25 yard, single course pool with non-turbulent lane lines and Colorado timing system with full display board. There will be 8 lanes used for competition. There will be two vacant lanes and the remaining 2 lanes available for warm up/cool down throughout the meet. The depth of the water at the starting blocks is 9'- 0" and the depth at the turn end is 4'-0". No deck chairs, no strollers, and no coolers are allowed in the facility. No pets are allowed on the deck or in the stands.		
Pool Certification Statement:	The competition course has not been certified in accordance with 104.2.2C (4). Note that this statement is a required meet announcement statement and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C (4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.		
Competing Teams	• FSPY,GARY,GFY,GMNY,GMY,HACY,HCY,LHY,MAY,MDY,MEY,MYM,NEWY,NJBL, OCY,PFY,RANY,RVY,RBAY,RY,SCY,SHY,SVY,SABY,SAY,WEY,WY,WFY,VINY, MLY		
Host Team Contact:	Corey Matthews	732-341-9622 x 2221	coachcorey@ocytigersharks.org
Meet Director:	Justin Alsobrooks & Sue Mahon	732- 232-9563	justina@justintiming.com
Meet Referee:	Judy Sharkey	732-887-2418	Jmsharkey@aol.com
Administration Official:	Justin Alsobrooks, Jen Colasurdo Sue Mahon, James Alsobrooks	732-232-9563	justina@justintiming.com
Safety Marshall:	Anthony Aguanno Brian Klohn Nicole Peterson		shellant@verizon.net docbsk8@gmail.com nicole@ocytigersharks.org
Entry Coordinator:	JUST IN TIMING	732.232.9563	entries@justintiming.com
Entries Open:	**February 1st, 2020**		
• Entry Deadline:	**Deadline 1: Monday, February 10, 2020**	**Deadline 2: Monday, February 17, 2020**	
	• *******Please Note****There will be 2 event files set up for this meet. One will be for entries due by the deadline of February 10th and one will be for entries accepted from swimmers who qualify at the Silver Championship Meet. These entries are due by 10:00 PM February 17th.*** • **Entry Deadline**: Entries must be received via email no later than 10:00 pm February 10th, 2020. The deadline for additional entries achieved after February 10th, 2020 will be February 17th, 2020 at 10:00pm. • Swimmers achieving a YMCA State time at the YMCA Silvers Meet will be able to enter in that event. • Swimmers achieving a **NEW** YMCA state time between February 10th and February 17th will also be able to enter in that event; new times achieved ONLY. Proof of times for these entries is required. A separate meet entry file will be available for these entries. **NO CHANGES OR ADDITIONS WILL BE ACCEPTED AFTER FEBRUARY 17th!!!!!!**		

Swimmers Age:	Age for this meet is as of December 1, 2019.		
Entry Fees:	Individual Entry Fee: $6.00	Relay Event: $24.00	
Meet Course:	Short Course Yards (SCY)		
Meet Format:	• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks. • If the Meet Committee decides that it is necessary to re-seed an event, all timers, officials and coaches will be issued heat sheets showing the re-seeded heat and lane assignments and heat sheets will be posted throughout the deck and in the spectator area indicating the re-seeded event. • The host team and/or Meet Committee reserve the right to change the pool, session warm-up and start times, and sessions if necessary for the best operation of the meet. Any changes to the meet format will be posted on our web site (www.ocytigersharks.org) and sent via email to all teams at least one week in advance. • This meet will be run as a timed finals meet for all 10/Under Sessions. • This meet will be in a prelim-finals format for all 11/12 events (except relays), with consolation and final heats. Top 16 individual events swim in finals. • All relays will be swum as timed finals during prelims. • There will be a podium awards ceremony for 11/12 male and female events after every male event in finals. • The top 10 11/12 swimmers in each individual event will report to a designated area to have their picture taken at the end of the preliminary session. The top 8 swimmers in finals will have their picture displayed on the scoreboard when their name is announced.		
Entry Limits:	10 & Under	Daily: 3 Individual events 1 Relay event	Meet: 6 Individual events 2 Relay event
	11-12	Daily: 3 Individual events 1 Relay event	Meet: 7 Individual events 2 Relay event
Checks Payable To:	Ocean County YMCA		
Email Entry Files To:	entries@justintiming.com		
Checks/Reports:	Mail to: Ocean County YMCA, 1088 West Whitty Road, Toms River, NJ 08755		

Session 1: Friday 11/12 Prelims

Warm up: 8:30 AM
Start: 10:00 AM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
1	2:18.29	11/12 200 FREE	2:18.09	2
3	37.49	11/12 50 BREAST	38.19	4
5	2:33.99	11/12 200 BACK	2:34.59	6
7	1:14.09	11/12 100 FLY	1:13.49	8
9	5:30.99	11/12 400 IM	5:32.99	10

Session 2: Friday 11/12 Finals

Warm up: 5:15 PM
Start: 5:50 PM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
1	2:18.29	11/12 200 FREE	2:18.09	2
3	37.49	11/12 50 BREAST	38.19	4
5	2:33.99	11/12 200 BACK	2:34.59	6
7	1:14.09	11/12 100 FLY	1:13.49	8
9	5:30.99	11/12 400 IM	5:32.99	10

Session 3: Saturday 11-12 Prelims

Warm up: 7:30 AM
Start: 9:00 AM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
11	2:34.99	11/12 200 IM	2:35.49	12
13	33.29	11/12 50 BACK	33.89	14
15	2:58.19	11/12 200 BREAST	2:58.99	16
17	1:02.99	11/12 100 FREE	1:02.29	18
19	2:51.99	11/12 200 FLY	2:52.99	20
		5 minute break		
21	2:18.09	11/12 200 MEDLEY RELAY (Timed Finals)	2:17.09	22

Session 4: Saturday 10 & Under Timed Finals

Warm up: 12:25 PM
Start: 1:45 PM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
23	3:00.59	10/U 200 IM	3:00.99	24
25	32.59	10/U 50 FREE	32.69	26
27	1:29.49	10/U 100 FLY	1:33.49	28
29	1:23.09	10/U 100 BACK	1:24.09	30
31	43.59	10/U 50 BREAST	45.29	32
33	2:41.99	10/U 200 FREE	2:41.99	34
		5 minute break		
35	2:36.09	10/U 200 MEDLEY RELAY	2:35.09	36

Session 5: Saturday 11-12 Finals

Warm up: 5:15 PM
Start: 5:50 PM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
11	2:34.99	11/12 200 IM	2:35.49	12
13	33.29	11/12 50 BACK	33.89	14
15	2:58.19	11/12 200 BREAST	2:58.99	16
17	1:02.99	11/12 100 FREE	1:02.29	18
19	2:51.99	11/12 200 FLY	2:52.99	20

Session 6: Sunday 11-12 Prelims

Warm up: 7:30 AM
Start: 9:00 AM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
37	28.49	11/12 50 FREE	28.39	38
39	1:22.19	11/12 100 BREAST	1:22.99	40
41	1:11.39	11/12 100 BACK	1:12.99	42
43	31.79	11/12 50 FLY	31.79	44
45	1:11.89	11/12 100 IM	1:12.59	46
47	6:08.59	11/12 500 FREE	6:08.59	48
		5 minute break		
49	2:05.09	11/12 200 FREE RELAY (Timed Finals)	2:05.09	50

Session 7: Sunday 10 & Under Timed Finals

Warm up: 12:25 AM
Start: 1:45 PM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
51	1:22.49	10/U 100 IM	1:22.99	52
53	38.29	10/U 50 BACK	38.79	54
55	1:36.29	10/U 100 BREAST	1:37.89	56
57	1:13.29	10/U 100 FREE	1:12.89	58
59	37.29	10/U 50 FLY	37.99	60
		5 minute break		
61	2:18.09	10/U 200 FREE RELAY	2:15.09	62

Session 8: Sunday 11-12 Finals

Warm up: 5:15 PM
Start: 5:50 PM

GIRLS	QUALIFYING TIME	EVENT	QUALIFYING TIME	BOYS
37	28.49	11/12 50 FREE	28.39	38
39	1:22.19	11/12 100 BREAST	1:22.99	40
41	1:11.39	11/12 100 BACK	1:12.99	42
43	31.79	11/12 50 FLY	31.79	44
45	1:11.89	11/12 100 IM	1:12.59	46
47	6:08.59	11/12 500 FREE	6:08.59	48

Meet Schedule:

The building will open 30 minutes before the beginning of each warm-up.

Friday, February 21, 2020		**Warm-up**	**Start**
Session 1	11/12 Girls/Boys Prelims Scratches Due by 09:00 am	8:30 am	10:00 am
Session 2	11/12 Girls/Boys Finals	5:15 pm	5:45 pm
Saturday, February 22, 2020		**Warm-up**	**Start**
Session 3	11/12 Girls/Boys Prelims Scratches Due by 8:00 am	7:30 am	9:00 am
Session 4	10/Under Girls/Boys Timed Finals Scratches Due by 01:00 pm	12:25 pm	1:45 pm
Session 5	11/12 Girls/Boys Finals	5:15 pm	5:45 pm
Sunday, February 23, 2020		**Warm-up**	**Start**
Session 6	11/12 Girls/Boys Prelims Scratches Due by 8:00 am	7:30 am	9:00 am
Session 7	10/Under Girls/Boys Timed Finals Scratches Due by 01:00 pm	12:25 pm	1:45 pm
Session 8	11/12 Girls/Boys Finals	5:15 pm	5:45 pm

Host team reserves the right to adjust times after the entries have been received.

Scoring:	• Scoring will be to 16th place • **Individual Events**: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1 • **Relay Events**: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2,1 • Only the A relay can score.
Awards:	• **COACHES MUST PICK UP ALL INDIVIDUAL AND TEAM AWARDS PROMPTLY AT THE END OF THE MEET. THE HOST TEAM WILL NOT MAIL AWARDS.** • **Medals:** First through eighth place in all individual and relay events. • **Ribbons:** Ninth through sixteenth place in all individual and relay events. • **Plaques:** The top two boys' and girls' team in each age group will receive an age group championship plaque. • **Banners:** The top three boys' and girls' teams, according to overall cumulative boys and girls point totals, will each receive a championship banner. This will be combined with the 13/Over meet held in March. The top combined boys' and girls' team, according to overall cumulative point totals, receives the Meet Championship Banner.
Starts:	• The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.
Admissions and Programs:	• Admission: Prelims & Timed Finals: $8.00 per session (children under 12-free) Same Day Multi Session: $12.00 Finals: FREE • Heat sheets will be sold for $4.00 and distributed when available after seeding of each session. No coolers, deckchairs, or strollers permitted on the pool deck.
Concessions:	• A concession stand will be available throughout the duration of the meet.
Vendor:	• **Metro Swim Shop** vendor will be available with swimming merchandise throughout the meet. • **EP Beyond** professional photographer will be in attendance.
T-Shirts:	• Meet T-shirts will be available for sale.
Locker Rooms:	The locker room/restroom are for athletes **only**! All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you.
Entry Information:	• Entries must be submitted via email. Hy-Tek Software is the standard used. OCY will send each eligible team an event file for Team Manager to facilitate entry into the meet. All teams must submit a properly signed "2020 NJ YMCA State Championship Meet Certification and Cover

	Form" and "Hold Harmless Agreement" with all entries. Entries will not be accepted unless these forms are received. In addition, teams must submit a Team Roster, export file electronically from Hy-Tek, with the names and DOB of all swimmers. • Electronic entry files should be sent via email to Justin Alsobrooks, entries@justintiming.com • The meet entry coordinator will respond to email entries within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by email or phone. • **Special Notice**: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Relays:	• All relays will be deck seeded. Coaches must turn in relays with scratches at swimmer check-in. • Coaches must turn in relays on check in sheets listing correct swimmers' names and correct order prior to the start of the event. • Two relays may be entered for each age group division, however only the designated "A" relay can score. The relay sheets with names are due with individual scratch sheets, but changes may be made up until the relay swims.
Entry Times:	• All entry times must meet or be faster than the stated meet qualifying times. • All entry times are to be in SCY. • Converted times from LCM and SCM are permitted using the standard TM conversion factors. • **All entries must be accompanied by a copy of the TM Meet Entries report with the *Proof of Time* option enabled in PDF format.**
Swimmer Eligibility:	Each competitor must fulfill the following conditions: • A swimmer must be a member in good standing of his/her YMCA for 30 days prior to competing for that YMCA in a meet. The swimmer must be a member in good standing of his/her YMCA for 90 days prior to representing that YMCA state championship meet. (Rules That Govern, Rule II Sec.1a) A swimmer may only represent his/her YMCA for at least 90 days prior to the YMCA State Championship Meet entry deadline in order to compete in that meet. • To be eligible to compete in the YMCA State Championship meet a swimmer must not have represented any organization other than his/her YMCA team (high school excepted) for at least 90 days prior to the YMCA State Championship entry deadline. • An athlete must achieve the minimum qualifying time standard for each State Championship Meet event in which he/she enters. Proof of time is required for all individual event entries. • In order for an athlete to be eligible to compete in the YMCA State Championship meet, he/she must have competed in three closed inter-association YMCA meets since **September 1** of the current season • The swimmer must be an amateur and may represent a team other than their YMCA or school team during the current season but before their eligibility period commences (90 days prior to the state competition). • Any time achieved at an inter-association meet, or YMCA championship meet in which the swimmer competed under their YMCA name is acceptable. USA Swimming times and high school times are also accepted. • Participation is determined by the swimmer's age as of December 1, 2019. A swimmer may participate in one age group only. There is no swimming up in age group events. • Each 11-12 swimmer is limited to seven (7) individual events over the course of the meet. The swimmer can enter a maximum of one (1) relay per day, and a maximum of three (3) individual events per day. • Each 10/under swimmer is limited to six (6) individual events over the course of the meet. The swimmer can enter a maximum of one (1) relay per day, and a maximum of three (3) individual events per day. • Other than entry qualifying times, there are no restrictions on the number of entries per team in individual events, as long as each entrant meets eligibility and time requirements. • Each YMCA Association may enter a maximum of two relay teams in each relay event. If entering two relay teams, one must be designated "A" and one designated "B". Only the "A" relay team will be eligible for scoring. Coaches should make every effort to identify the most

	likely swimmers and enter those swimmers names in the relay events. All relay names are due 30 minutes prior to the start of each session. • "A Manual on Principles and Rules Governing Competitive Physical Activities in the YMCA", the NJ YMCA State Championship Guide, and the YMCA Mid-Atlantic Group Competitive Swimming and Diving Championships Rules Supplement (where applicable) will be used to measure eligibility. • It shall be the responsibility of the coach and CEO/Executive Director of each YMCA to assure that their swimmers meet these eligibility requirements. • **All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet.**
Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
The Championship Meet Committee:	• The Committee will be composed of the Meet Referee (Head Official), Meet Director, NJ Competitive Coordinator and the North Jersey YMCA Swim League and South Jersey YMCA Swim League Executive League Coordinators or their designees. • **All entries must be accompanied by a copy of the TM Meet Entries report with the *Proof of Time* option enabled in PDF format.** • The Competitive Coordinator and/or the Meet Committee may challenge entry times and/or may ask for verification of any seed time. **ALL SEED TIMES MUST BE PROVABLE**. Failure to provide such proof when requested will be subject to investigation and possible disqualification by the Championship Meet Committee or the Competitive Coordinator.
Inclement Weather:	• In case of severe weather conditions or other emergency situations, which force cancellation of any portion of this meet – **no refunds will be made on any entry fees**. • The Meet Committee will make all decisions concerning meet cancellation after consulting with the Ocean County YMCA. The decision of the Meet Committee is final.
Host Club Responsibilities:	• The host club will email all club entries back to the participating clubs that are received via email. • The host club will provide a time line no later than 3 days prior to the meet. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.ocytigersharks.org no later than 3 days prior to the meet. • The host club will create timing assignments that will be fair and equal to all teams as possible. These timing assignments will be emailed to all participating clubs and posted on the website: www.ocytigersharks.org no later than 3 days prior to the meet. • The host club will have stop watches available for volunteers helping to time.
Participating Club Responsibilities:	• Participating clubs must help with timing assignments. Timing assignments will be proportional to the size of the participating clubs entries per session. • Teams will be contacted no later than 3 days prior to the meet regarding their timing assignments. • Participating club parents must stay off the pool deck except for participating timers or officials. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
USA Swimming Approval:	This meet will be an Approved Meet in accordance with USA Swimming Rule 202.4. All times for registered USA-S swimmers will be entered into the SWIMS database, as long as the swimmer's name, as entered into the meet, is exactly the same as the swimmer is registered in USA Swimming. Mismatches will be rejected by SWIMS. **COACHES SHALL VERIFY THAT ALL SWIMMER INFORMATION COMPLIES WITH USA SWIMMING "SWIMS" DATABASE REQUIREMENTS; ANY MIS-MATCHED INFORMATION WILL BE RETURNED (BY SWIMS) TO THE RESPECTIVE TEAM FOR RESOLUTION.**
Warm-up Procedures:	New Jersey Swimming Warm-up and Safety Guidelines: • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.

	• Teams will be assigned lanes for warm-ups. When more than two teams share a common lane for warm-ups, all teams must agree to a warm-up procedure. If clubs sharing a lane can't agree on a warm-up procedure, that lane will be a general warm-up lane. • All swimmers are entitled to a fair and comparable warm-up. All teams **MUST** get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes. Entry Into Pool: • All swimmers must enter the pool from the starting end of the pool. • All swimmers must enter feet first. Host Team Monitoring Warm-ups. • New Jersey Swimming officials will monitor warm-ups. • Uniformed and designated meet marshals will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. Warm-up with assigned lane procedures. • When all teams are assigned their own warm-up lanes, (without any team sharing a lane with another team) teams can run their own warm-ups. Warm-up Schedules. • For prelim sessions, there will be three (3) twenty-five (25) minute warm-up periods using all 12 lanes of the OCY pool. • For finals sessions, there will be a single 25 minute open warm-up for all participants. • Warm-up/down lanes will be continuously available during the meet.
Pool Deck Access:	• Only swimmers, certified coaches, certified officials, timers, and authorized meet operations personnel may enter the deck area. • Swimmers, coaches and officials will enter the facility through the front side door next to the main spectator's entrance. • Spectators will enter through the double doors in the front of the pool.
Scratch Procedure:	• All check-in sheets must be turned into the control table 45 minutes before the start of each session. • Swimmers that are swimming will have a line through their name. • Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. • Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. • Swimmer's will be scratched for the day's events if they have not been checked in one half our after warm ups have started. • All entries not scratched will become official entries. Any swimmer not scratched using this procedure, who does not swim an event will be considered a **"no show"** and shall be disqualified from their next event in that session, including entry as a member of a relay team. • The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6E for scratches from finals. • A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6E, and then fails to compete in said event at the finals (unless excused by the meet referee in accordance with rule 207.11.6E.3) will be barred from further competition for the remainder of the meet. • In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet without meeting the requirements of rule 207.11.6E shall be fined $50 for each occurrence. • Only coaches will be allowed to scratch a swimmer out of the finals event.
Protests	• Protests of judgment calls of officials can only be ruled on by the Meet Referee. • All other protests must be made in writing by the team's coach within 30 minutes of the swim in question and all such protests will be adjudicated by the Meet Committee
Internet Website Posting:	Note that the meet announcement, Hy-Tek Event List (.HYV file), and meet results will be posted on New Jersey Swimming website. (www.njswim.org) **Pre-Meet** Information posted on a website: • Meet announcement • Downloadable Hy-Tek Events list (.HYV file)

	• Updated meet schedule • Warm-up Schedule and Team Warm-up Assignments **Post-Meet** Information posted on website. • Downloadable Results (.CL2 file) • Printable results (.PDF file)
Results:	• Meet results files for TM will be emailed to all participating teams. • Meet results will also be posted in the New Jersey Website: www.njswim.org & www.ocytigersharks.org • Real time results will be available at www.ocytigersharks.org
Coaches Conduct & Eligibility:	• This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). • Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. • As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needing, and cupping. • All coaches "on the deck" must be currently registered coach members of YMCA Swimming. Verification can be in the form of a current YMCA Swimming membership card. • Coaches must show their YMCA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of YMCA coaching credential verification with them at all times.
Officials Conduct & Eligibility:	• Swimming officials from participating teams should contact the Meet Referee, Judy Sharkey at Jmsharkey@aol.com with the Sessions when they are able to help. • This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP). • Make sure all interactions with athletes are observable and interruptible. • Current certifications are required for all officials and the Meet Referee will check your cards. This is an approved USA meet so anyone with a USA certification should note their level when registering so they can be duly entered into OTS. As with YMCA certification, all certifications will be checked. • All Officials must wear the standard white shirt and blue pants/shorts uniform. • Officials will be required to work the entire session and will receive free admission. (Officials not working a given session will be required to pay admission for that Session.)
Meet Format Waiver:	• This meet will be run in accordance with current USA Swimming Rules. • The host club has the right to change the format of the meet with the approval of the sanctioning Chairman and either the Age Group or Senior Chairman. • These changes would be made for a more efficient swim meet for the swimmers and the host club. • Reasons for these changes include: 1) To allow more swimmers to swim, 2) To conform to facility capacity limits, 3) To condense the meet into smaller time frame. • Some of the changes that can be made: 1) change estimated start times, 2) combine sessions and 3) limit the number of swimmers.
Timers:	Timers from each team must check in. Upon checking in, timing credentials will be provided to remain on the deck. Depending on the number of entries per team per session, the host team will send each team their timing and lane assignments prior to the meet. Teams are required to fulfill their designated timing assignment or risk disqualification of their swimmers. The meet will not start until all timers have reported to their lane. Teams may opt to switch timers throughout each session, but may not opt to vacate their timing assignment prior to the completion of the session. Timing assignments will also be posted on the OCY Swim Team website the week prior to the meet: www.ocytigersharks.org.
Applicable Rules:	The Meet will be conducted under the current USA Swimming Technical Rules, the NJ YMCA Swim League Constitution and the Rules that Govern YMCA Competitive Sports and all supplements thereto.

USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming or YMCA member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.
Meet Safety	• All Spectators are strictly prohibited from deck and athlete seating area. • No parents should be in the locker room, this is a place for the swimmers to use only.
USA-S Deck Change Policy Statement:	Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
Minor Athlete Abuse Prevention Policy ("MAAPP"):	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	**Swimwear must conform to USA Swimming Rules:** Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition**. "Tech suits" are not permitted at this meet for 12 & under swimmers. NJ YMCA State Championships will abide by the NJ Swimming rule, banning all FINA approved tech suits for 12 and Under swimmers.** "Tech Suits "are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suit can be found on the NJ Swimming Website; www.njswim.org Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (e.g., kinesio tape) on any part of the body Pursuant to USA Swimming Rule 205.10.1, it is permissible for the swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.
Meet Requirement Statement:	The 2020 NJ YMCA 12/Under State Championships meet is a closed (YMCA members only), USA Swimming Approved meet. Hence, times achieved in this meet by USA Swimming registered swimmers are eligible for inclusion in SWIMS. However, since this meet is NOT NJ Swimming Sanctioned, it DOESN'T count toward participation requirements for NJ Swimming Zone Team eligibility nor for NJ Swimming Athlete Reimbursement from sectional and national level meets.
Directions:	**Directions:** **FROM THE NORTH** Take Garden State Parkway South to Exit 89 C-B-A and follow Exit 89 B-A on the left toward NJ 70/Lakehurst/Brick. Merge onto Route 70 West. Take Route 70 West to New Hampshire Avenue South. (To make left turn you must use jug handle to right). Continue 2 ½ miles on New Hampshire. Make right turn at traffic light onto West Whitty Road (just before the Garden State Parkway Overpass). The "Y" will be on the right just past the cemetery. **FROM THE SOUTH** Take Garden State Parkway Exit 83 (You will be on Route 9 North). Continue North, West Whitty Road will be the second traffic light. Turn right onto West Whitty Road and the "Y" will be a quarter mile further on the left. **FROM THE WEST** Take Route 70 East to Route 571 East. (Right Turn onto Route 571). At the Route 9 intersection make left turn to Route 9, West Whitty Road will be the second traffic light. Turn right onto West Whitty Road and the "Y" will be a quarter mile further on the left.
Hotels:	**Hilton Garden Inn Lakewood** **Block Rate: $149 plus Tax** 1885 Route 70 West, Lakewood, NJ 08701

	732-262-5232 **Days Hotel Toms River Jersey Shore** **Block Rate: $105 plus tax** 290 Route 37 East Toms River, NJ 08753 732-244-4000 **Ramada of Toms River** **Block Rate: $115 plus tax** 2373 Route 9 Toms River, NJ 08755 732-905-2626

2020 NJ YMCA State Championship
Meet Entry Certification and Cover Form

Please read carefully. This form must be completed in its entirety. The NJ Competitive Coordinator, NJ State Championship Committee, Meet Committee and/or the Meet Directors WILL USE THIS FORM IF THERE IS A QUESTION as to eligibility of swimmers and/or coaches, OR CLARIFICATION NEEDED IN YOUR TEAMS ENTRIES. This form must accompany all entries.

- I hereby certify that swimmers listed in the entry file have fulfilled the YMCA State Meet Eligibility Requirements and that the seed times are legitimate.
- I hereby certify that I have read the entire meet packet including "no show" policy, scratch procedures and check-in policies.
- I hereby certify that the Coaches representing my team have met their entire eligibility requirement and their certifications are current.
- I hereby certify that I have read the Timing Assignment Policy.
- I hereby certify that I have read the Spectator Admission policies and procedures.

CEO/Executive Director: _____ (please print)

Signature: _____

Coach's Name: _____ (please print)

Signature: _____

Coach's Phone: Day: _____ Night: _____

Coach's Email: _____

2020 NJ YMCA State Championship
The Ocean County YMCA
Release and HOLD HARMLESS AGREEMENT

In order to participate in the 2020 NJ YMCA State Championship Meet, the following terms and conditions are herewith agreed to for the promotion and execution of the event.

Ocean County YMCA Swim Team, its officers, agents, employees and assigns, shall not be liable for any injury or damage to Participant's officers, agents, employees and assigns or the property on the premises of the event unless caused by or due to the negligence of the Ocean County YMCA Swim Team or its officers, agents, employees and assigns.

Participant, its officers, agents, employees and assigned shall not be liable for any injury or damage to Ocean County YMCA, its officers, agents, employees and assigns or to property on the premise of the event unless caused by, or due to the negligence of the Participant, its officers, agents, employees and assigns.

All Participants and the The Ocean County YMCA will carry general liability insurance in standard form covering the above.

Executed this_____ day of _____, 2020.

YMCA Association Name: _____ YMCA Association #: _____

CEO/Executive Director Signature: _____

2020 N.J. YMCA STATE CHAMPIONSHIP
Entry Summary sheet

Name of YMCA: _____

Address: _____

Coach: _____

Phone Contact: _____

Phone: _____

TEAM FEE:
TOTAL INDIVIDUAL EVENTS: _____ x $6.00 = _____

TOTAL RELAYS: _____ x $24.00 =_____

AMOUNT ENCLOSED: $ _____

Please list the three certified coaches.

Friday	**Saturday**	**Sunday**
1._____	1._____	1._____
2._____	2._____	2_____
3._____	3._____	3._____

Make checks payable to: Ocean County YMCA

Entries must be received by 10:00 pm February 10th, 2020 via email to entries@justintiming.com

THIS FORM MUST BE RETURNED WITH TEAM ENTRIES.
The following items are to be returned to the host team on or before February 10th, 2020.
Entry Summary Sheet
Meet Entry File, Hy-Tek.
Electronic copy of team roster
Release and Hold Harmless agreement
Check for Entry Fee
List of Certified Coaches attending meet
NJ Swimming/USA Swimming Waiver

Mail to:
Ocean County YMCA
1088 West Whitty Rd
Toms River, NJ 08755
Attn: Jennifer Colasurdo

NEW JERSEY SWIMMING WAIVER

2020 NJ YMCA 12/Under State Championships Hosted by OCY
February 21st, 22nd and 23rd, 2020

WAIVER

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Ocean County YMCA Swim Team, Just In Timing, and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet.

NAME OF CLUB: _____

USA-S CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____(Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)