GET READY FOR HIGH SCHOOL SWIM SEASON

Get prepared for high school swim season with this intensive training program using week by week stroke work and endurance training. Mock swim meets will help prepare swimmers for a competitive team environment.

6 WEEK INTENSIVE TRAINING
SEPTEMBER 30TH – NOVEMBER 7TH
Mondays – Thursdays 3:00 to 4:00pm

4 Days | $439  3 Days | $349  2 Days | $249
TO SIGN UP  
Riptide High School Clinic  
Sept 30- Nov 7 2019  
Mon-Thu 3.00-4:00pm

Please fill out the following and either email to  
TACCoach@gmail.com or fax to 732.206.9880

HS Swimmer: ___________________________  DOB: _________ Age: _____

E-mail: _________________________________  Cell: ________________

Payment Information

☐ 4 days/wk $439.00  ☐ 3 days/wk $349.00  ☐ 2 days/wk $249.00

Parent/Guardians: ____________________________________________

Address: ___________________________________________________

E-mail: ____________________________________________________

Cell: ______________________________________________________

CC: ___________________________________________  Exp ____________

Name on Card: ________________________________  CVV _________

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Office use only

Date Rcvd: _________  Amount: _____________  Acct # ____________