

Summer Training Schedule 6/20-7/22

Shark School

Monday	6:30PM-7:30PM	NEW Pool
Wednesday	6:30PM-7:30PM	NEW Pool
Thursday	5:00PM-6:00PM	Boye Pool

Angel

Monday	6:30PM-7:30PM	NEW Pool
Wednesday	6:30PM-7:30PM	NEW Pool
Thursday	5:00PM-6:00PM	Boye Pool
Saturday	12:45PM-1:45PM	NEW Pool

Sand

Monday	6:00AM-7:30AM	Glen Rock
Tuesday	6:00AM-7:30AM	Glen Rock
Wednesday	6:30AM-8:00AM	Glen Rock
Saturday	12:45PM-2:15PM	NEW Pool

Leopard

Monday	6:00AM-8:00AM	Glen Rock
Tuesday	6:00AM-8:00AM	Glen Rock
Wednesday	6:30AM-8:00AM	Glen Rock
Thursday	6:30AM-8:00AM	Glen Rock

Tiger Shark

Monday	6:00AM-8:00AM	Glen Rock
Tuesday	6:00AM-8:00AM	Glen Rock
Thursday	6:30AM-8:00AM	Glen Rock
Friday	6:00AM-8:00AM	Glen Rock
Sunday	6:30AM-8:30AM	Maywood

Mako

Monday	4:30PM-6:00PM	Boye Pool
Wednesday	6:00AM-8:00AM	Glen Rock
Thursday	6:00AM-8:00AM	Glen Rock
Friday	6:00AM-8:00AM	Glen Rock
Sunday	6:30AM-8:30AM	Maywood

Senior 1

Monday	6:00AM-8:00AM	Glen Rock
Tuesday	6:00AM-8:00AM	Glen Rock
Wednesday	6:00AM-8:00AM	Glen Rock
Thursday	6:30AM-8:00AM	Glen Rock
Friday	6:00AM-8:00AM	Glen Rock
Sunday	6:30AM-8:30AM	Maywood

Senior 2

Monday	6:00AM-8:00AM	Glen Rock
Tuesday	6:00AM-8:00AM	Glen Rock
Wednesday	6:00AM-8:00AM	Glen Rock
Wednesday	4:30PM-6:00PM	Boye Pool
Thursday	6:00AM-8:00AM	Glen Rock
Friday	6:00AM-8:00AM	Glen Rock
Sunday	6:30AM-8:30AM	Maywood

