



# Freehold–Old Bridge YMCA Swim Team

## 2018 – 2019 TEAM HANDBOOK

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# WELCOME TO THE FOBY SWIM TEAM FAMILY!

The Freehold-Old Bridge YMCA (FOBY) Swim Team is a year-round competitive swim team that competes in the National YMCA and Northern New Jersey YMCA Swim Leagues. Our team consists of approximately 250 swimmers, ages 6-18 years old, with skills ranging from a novice in the sport all the way up to YMCA and USA Swimming national rankings. The team is staffed by full-time and part time professional coaches who are supported by the YMCA of Western Monmouth County.

## 2018-2019 SWIM TEAM SEASON

The 2018-2019 FOBY Swim Team Season runs from Monday 9/10/18 – Friday 2/22/19. Swimmers who qualify for additional championship meets after 2/22/19 will continue to practice until their season is complete. The FOBY Swim Team Season will offer dual meet competitions vs. other YMCA's, as well as YMCA & USA Swimming Invitational and Championship Meets. Dryland practices begin on Monday 9/17/18.

## PRACTICE LOCATIONS

Freehold YMCA – 470 E. Freehold Road, Freehold, NJ 07728

Old Bridge YMCA – 1 Mannino Park Drive, Old Bridge, NJ 08857

## REGISTRATION REQUIREMENTS

YMCA MEMBERSHIP – Per National YMCA Swimming & Diving policy, all swimmers are required to be a full-facility member of the YMCA of Western Monmouth County. For membership information, please visit our website - <https://ymcanj.org/membership/>

DEPOSIT – A \$100 non-refundable deposit toward program fees is required at the time of registration.

PRE-MEET ENTRY FUND (PME) – All families are required to start the season with \$100 per swimmer available in their PME account at the time of registration. PME money is separate from program fees; this money is used to pay for meet fees for invitational and championship meets. Once your PME account drops below \$25, the credit card on file will be charged the designated reload amount (see the Credit Card Draft Authorization Form). All families are required to have a valid credit card on file for their PME account.

USA SWIMMING – All swimmers in our Junior and Senior groups are required to be registered with USA Swimming for the 2019 Calendar Year. Our Mini groups are not registered with USA Swimming, unless requested. Benefits of this membership include - The chance to swim in additional invitational and championship meets, a yearly subscription to Splash magazine - both online and sent to your home, access to USA Swimming's extensive database of times for you and your friends, access to volumes of education content, tips and tutorials, and access to motivational programs such as Scholastic All-America, age group Top 10, Club Excellence and more! The cost for the year is \$68, and is automatically charged to the credit card on file on Monday 10/1.

APPAREL FEE – As part of your required fees for the season, each swimmers' account will be charged an apparel fee in order to outfit the entire team in the new team suit and provide each swimmer with a latex cap that will have our team colors and FOBY on it. The apparel fee will reflect a discounted rate that our vendor provides us for these products vs. the normal retail prices. Since the cost of a female suit is higher than a male suit, the

apparel fee is different for each gender. All female swimmers will be charged \$64, and male swimmers charged \$44. Apparel Fees will be automatically charged to the credit card on file on Monday 9/24.

## **FINANCIAL ASSISTANCE**

The YMCA of Western Monmouth County participates in the YCares Financial Assistance Program that enables our association to offer our programs and services to all members of our community, regardless of their ability to pay our board approved fees. Scholarships for membership and programs are granted to those who qualify and are based on a sliding scale fee schedule. This program is supported by funds raised at our Annual Golf Outing, Annual Black-Tie Gala, Annual Support Campaign and donations received throughout the year. For more information and to access the online Financial Assistance Program Application, please click the following link - <https://ymcanj.org/membership/financial-assistance/>

## **COMMITMENT REQUIREMENTS**

All FOBY swimmers are required to maintain 50% practice attendance, as well as attend the highest level YMCA championship meet that they qualify for. Failure to do either of these will result in the swimmer needing to re-tryout for the team for the following session. Coaches log attendance by using TeamUnify software on their phone or tablet during practice. Excused absences are limited to religious commitments, or injury/illness that is accompanied by a doctor's note. Any swimmers that are under the 50% attendance minimum will be notified in December after our mid-season championship meet. Attendance can be provided throughout the season by request of a parent or guardian.

## **SENIOR 3 COMMITMENT REQUIREMENTS**

In addition to the previously mentioned team commitment requirements, all FOBY swimmers in the Senior 3 practice group are required to maintain 75% practice attendance throughout the season. Failure to maintain this will result in the swimmer being reassigned to a different practice group for the following session. There will be one morning practice offered per week that will count as a ½ practice makeup towards attendance. Any swimmers that are under the 75% attendance minimum will be notified in December after our mid-season championship meet.

## **OUTFITTING REQUIREMENTS**

Speedo USA is the official provider of swimwear, training aids and apparel for the FOBY Swim Team. This partnership adds another level of support for the team, providing brand and style unity, as well as financial backing in the form of discounts and priority pricing on all of their products through our Team Dealer, The Sport Spot. As our Team Dealer, The Sport Spot – 660 Broad St, Shrewsbury, NJ 07702 – offers on-site fittings and apparel sales, as well as priority customer service and pricing to all FOBY Swim Team families. In order to receive the aforementioned discounts and priority pricing, all FOBY Swim Team families are required to place their orders directly through The Sport Spot. Any orders placed through other vendors or the Speedo USA website are not eligible for any of the discounts or priority pricing. All FOBY swimmers are required to be outfitted in Speedo products at all of our Championship Meets throughout the season.

## ELECTRONIC COMMUNICATION POLICY (Source: USA Swimming)

### PURPOSE

The FOBY Swim Team (the “Club”) recognizes the prevalence of electronic communication and social media in today’s world. Many of our swimmers use these means as their primary method of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

### GENERAL CONTENT

All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic Communications must adhere to the USA Swimming Code of Conduct regarding Athlete Protection. For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following:

- Drugs or alcohol use;
- Sexually oriented conversation; sexually explicit language; sexual activity
- The adult’s personal life , social activities, relationship or family issues, or personal problems; and
- Inappropriate or sexually explicit pictures
- **Note:** Any communication concerning an athlete's personal life, social activities, relationship or family issues or personal problems must be transparent, accessible and professional.

Whether one is an athlete, coach, board member or parent, the guiding principle to always use in communication is to ask: “Is this communication something that someone else would find appropriate or acceptable in a face-to-face meeting?” or “Is this something you would be comfortable saying out loud to the intended recipient of your communication in front of the intended recipient’s parents, the coaching staff, the board, or other athletes?” With respect to electronic communications, a simple test that can be used in most cases is whether the electronic communication with swimmers is Transparent, Accessible and Professional.

**Transparent** – All electronic communication between coaches and athletes should be transparent. Your communication should not only be clear and direct, but also free of hidden meanings, innuendo and expectations.

**Accessible** – All electronic communication between coaches and athletes should be considered a matter of record and part of the Club’s records. Whenever possible, include another coach or parent in the communication so that there is no question regarding accessibility.

**Professional** – All electronic communication between a coach and an athlete should be conducted professionally as a representative of the Club. This includes word choices, tone, grammar, and subject matter that model the standards and integrity of a staff member. If your communication meets all three of the T.A.P. criteria, then it is likely your method of communication with athletes will be appropriate.

### FACEBOOK, TWITTER, INSTAGRAM, BLOGS and SIMILAR SITES

Coaches may have personal Facebook (or other social media site) pages, but they are not permitted to have any athlete member of the Club join their personal page as a “friend” or “follower”. A coach should not accept any “friend” or “follow” request from an athlete. In addition, the coach should remind the athlete that this is not permitted. Coaches and athletes are not permitted to “private message” or “direct message” each other through Facebook, Twitter, Instagram or similar sites. Coaches and athletes are not permitted to “instant message” each other through Facebook chat or other IM method. The Club has an official Facebook & Instagram page that athletes and their parents can “friend” or “follow” for information and updates on team-related matters. Coaches are encouraged to set their pages to “private” to prevent athletes from accessing the coach’s personal information.

**REQUEST TO DISCONTINUE ALL ELECTRONIC COMMUNICATIONS**

The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communication.

**PHOTOGRAPHIC AND AUDIO/VISUAL RELEASE**

I, being 18 years of age or older, and if not my Parent/Guardian has also signed below, hereby give permission and consent to the YMCA of Western Monmouth County & Affiliates to make incidental and occasional photographic, audio and video recordings in connection with my participation in YMCA activities or programs and to utilize the same in any manner, and without any compensation to, and/or claim by me, my family or guests.

# MANDATORY PARENT PARTICIPATION

## POINT REQUIREMENTS

**Each FOBY Swim Team Family is required to earn 5 Points during the 2018-2019 Swim Team Season.**

**Each Dual Meet Session Worked = 1 Point**

**Each Invitational Meet Session Worked = 2 Points**

## ADDITIONAL REQUIREMENTS

- FOBY Black & Yellow Meet Requirement – All families who have a swimmer(s) competing in the FOBY Black & Yellow Meet are required to work at least one session. This meet is designed to be a learning experience for both swimmers & families, so we strongly encourage parents to try new jobs that they are interested in helping out with during the season. **Because of the purpose of the meet, no points will be earned for any families during any session.**

## NOTES

- Points are earned on a per session basis.
- If an Invitational Meet job is split in half for that session – ex. Timer – each half session worked would be worth 1 point.
- Please be aware that FOBY may be assigned additional parent assignments at away Invitational and Championship Meets, and it is expected that all parents are willing to offer up their assistance. If these responsibilities are not taken, the FOBY Parent Coordinator will be assigning them to families and they are expected to complete them. Each Invitational or Championship Meet session worked is worth 2 points, unless that job is split in half for that session, in which each half session would be worth 1 point.
- Each member is expected to understand the responsibilities and fulfill any job requirements that they are assigned to work. If a family does not understand the responsibilities, please contact the FOBY Parent Coordinator to learn the job prior to the event date.
- All obligations of your position must be met or the points you receive for that session will be reduced or not counted. (Ex. – Not working the entire time period, not completing all of the responsibilities, not showing up at all.)
- Points will not be carried over to another season.
- Points cannot be transferred.
- Families can only earn points at swim meets where the FOBY Swim Team is participating.
- It is the responsibility of each FOBY Swim Team Family to keep track of how many points they have, and make sure that they are on pace to fulfill their season requirement.

## PENALTIES

- Families not meeting their Point Requirement during the FOBY Swim Team season will be assessed a penalty of **\$25 per point**.
- Families not meeting their FOBY Black & Yellow Meet Requirement during the FOBY Swim Team season will be assessed a penalty of **\$25 per meet**.

## **POSITIONS AVAILABLE/JOB DESCRIPTIONS**

### **TIMER**

- Needed at all dual and invitational meets.
- Start and stop a stopwatch to provide a race finish time.
- Lane timer – times each swimmer and race in the lane they are assigned
- Backup timer – starts their stopwatch for every race and covers a lane if a lane timer fails to start their watch.
- There is a timers meeting at every meet where the officials go over the responsibilities of the timer and even practice using the stopwatch.
- No training required.

### **RUNNER**

- Needed for all FOBY hosted dual meets
- Collect papers with recorded times from the timers in each lane and bring them to the scoring table.
- No training required.

### **OFFICIALS**

- Needed for all dual and invitational meets.
- Learn the official rules of swimming.
- Watches swimmers from the edge of the pool to determine if the stroke the swimmer is using is legal; this keeps the meet fair for all swimmers.
- Multiple levels of officials from stroke and turn, finish judges, starter, etc.
- Training Required – provided by the YMCA
- Please contact Coach Bobby if you are interested in becoming an official.

### **SCORING TABLE**

- Needed for all FOBY hosted dual meets.
- Work the computer based scoring and timing system.
- Post times and meet results.
- On the job training provided.
- Please contact Coach Bobby if you are interested in learning the Colorado and/or Hytek systems.

### **MARSHALING**

- Needed for all dual and invitational meets.
- Organize the 12/Under FOBY swimmers so that they are in the correct lane for their races.
- Walk the line of swimmers behind the blocks or onto the pool deck. (if applicable)
- No training necessary.

### **SETUP/BREAKDOWN**

- Needed for all FOBY hosted dual meets.
- Setup and Breakdown of all needed equipment and the facility.
- Setup – Please arrive 30 minutes prior to warmup.
- Breakdown – Please plan to stay 30 minutes after the conclusion of the meet.
- On the job training provided.

# FOBY SWIM TEAM CODE OF CONDUCT

## EXPECTED BEHAVIOR AS AN FOBY SWIM TEAM ATHLETE:

- I will conduct myself in a manner consistent with the character, welfare, best interests and policies of the FOBY Swim Team.
- I will act and conduct myself with dignity and respect for others and the property of others.
- I will show respect for coaches, parents, officials, volunteers, spectators and fellow athletes at all times.
- I will promote a positive attitude in practice and always exhibit good sportsmanship.
- I will promote positive team spirit and morale.
- I will support my peers and encourage them in a positive manner during practice, meets, on social media and everywhere we go.
- I will serve as a role model and mentor to young athletes in our program and others.
- Win or lose, I will offer congratulations to my opponents and support my teammates.
- I will represent myself, my family and the FOBY Swim Team in an exemplary manner.
- I will be a goodwill ambassador for our team and the sport of swimming.

## PROHIBITED BEHAVIOR AT TEAM EVENTS:

- Use of alcoholic beverages.
- Use of illegal drugs or improper use of prescription medications.
- Smoking or other use of tobacco products.
- Destructive behavior.
- Inappropriate or unruly behavior, including failure to adhere to team standards and the FOBY Swim Team Code of Conduct.

## POSSIBLE CONSEQUENCES OF VIOLATION(S) OF THE CODE OF CONDUCT:

- An athlete may be removed from an event or swimming session for a violation of the Code of Conduct without refund of event fees.
- Temporary or permanent dismissal from the swim team without refund of fees associated with membership on the FOBY Swim Team.
- Possible dismissal from the YMCA of Western Monmouth County premises and possible revocation of membership and/or usage privileges.

## FOBY SWIM TEAM ANTI-BULLYING POLICY

Bullying of any kind is unacceptable at the Freehold-Old Bridge YMCA Swim Team and will not be tolerated. Bullying is counterproductive to team spirit and can be devastating to a victim. The Freehold-Old Bridge YMCA Swim Team is committed to providing a safe, caring and friendly environment for all of our members. If bullying does occur, all athletes and parents should know that incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell a coach, parent or YMCA staff member.

The Freehold-Old Bridge YMCA Swim Team takes bullying seriously and you as parents and swimmers can be assured that you will be supported when bullying is reported.

As defined by USA Swimming and approved by the YMCA, bullying is:

The severe or repeated use by one or more athletes of oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or physical act or gesture, or any combination thereof, directed at any other member that to a reasonably objective person has the effect of:

- Causing physical or emotional harm to the other member or damage to the other member's property
- Placing the other member in a reasonable fear of harm to himself/herself or of damage to his/her property
- Creating a hostile environment for another person/ athlete
- Infringing on the rights of another person/ athlete
- Materially and substantially disrupting the training process or the orderly operation of any activity, i.e. practices, workouts, meets, YMCA events, etc.

**Consequences for bullying are the same as an infraction of the code of conduct.**

***Parents,***

***This document will be discussed with your athlete. We hope this will open communication between parent and swimmer if the need should arise as it relates to bullying. It is our goal to provide a safe and healthy environment for all. We will take all reports seriously, investigate to the best our ability and take appropriate action. – Your Coaches***

# 10 COMMANDMENTS FOR SWIMMING PARENTS

(Rose Snyder, USA Swimming)

## **I – THOU SHALT NOT IMPOSE THY AMBITIONS ON THY CHILD**

Remember that swimming is your child's activity. Improvements and progress occur at different rates for each individual. Don't judge your child's progress based on the performance of other athletes and don't push them based on what you think they should be doing. The nice thing about swimming is every person can strive to do their personal best and benefit from the process of competitive swimming.

## **II – THOU SHALT BE SUPPORTIVE NO MATTER WHAT**

There is only one question to ask your child after a practice or a competition – "Did you have fun?" If meets and practices are no longer fun, your child should not be forced to participate.

## **III – THOU SHALT NOT COACH THY CHILD**

You are involved in one of the few youth sports that offers professional coaching. Do not undermine the professional coach by trying to coach your child on the side. Your job is to provide love and support. The coach is responsible for the technical part of the job. You should not offer advice on technique or race strategy.

## **IV – THOU SHALT ONLY HAVE POSITIVE THINGS TO SAY AT A SWIM MEET**

You should be encouraging and never criticize your child or the coach. Both of them know when mistakes have been made. Remember "yelling at" is not the same as "cheering for".

## **V – THOU SHALT ACKNOWLEDGE THY CHILD'S FEARS**

New experiences can be stressful situations. It is totally appropriate for your child to be scared. Don't yell or belittle, just assure your child that the coach would not have suggested the event or meet if your child was not ready.

## **VI – THOU SHALT NOT CRITICIZE THE OFFICIALS**

Please don't criticize those who are doing the best they can in purely volunteer positions.

## **VII – HONOR THY CHILD'S COACH**

The bond between coach and swimmer is special. It contributes to your child's success as well as fun. Do not criticize the coach in the presence of your child.

## **VIII – THOU SHALT BE LOYAL AND SUPPORTIVE OF THY TEAM**

It is not wise for parents to compare teams. The water isn't necessarily "bluer" in another team's pool.

## **IX – THY CHILD SHALT HAVE GOALS BESIDES WINNING**

Most successful swimmers have learned to focus on the process and not the outcome. Giving an honest effort regardless of what the outcome is, is much more important than winning.

## **X – THOU SHALT NOT EXPECT THY CHILD TO BECOME AN OLYMPIAN**

There are over 250,000 athletes in USA Swimming. There are only 52 spots available on the Olympic Team. Your child's odds of becoming an Olympic athlete are about .0002%.

## FOBY SWIM TEAM HANDBOOK ACKNOWLEDGEMENT

We are pleased you've decided to join the FOBYSwim Team. This handbook outlines important information for swimmers and parents. Please acknowledge the following by signing and returning this form at the time of initial signup.

### SWIMMER & PARENT/GUARDIAN PLEASE INITIAL

Swimmer

Parent

- I acknowledge that it is the responsibility of the parent/guardian to have regularly scheduled physicals for their swimmers and to communicate any and all medical and behavioral conditions/issues (including pre-existing) in their health records immediately to the lead coach and head coach in written format, including email. \_\_\_\_\_
- I acknowledge that the swimmer is not currently representing any other YMCA or USA Swimming team. \_\_\_\_\_
- I acknowledge that failure to pay fees or penalties will result in swimmer(s) associated with the account being prohibited from entering swim meets and from registering for future sessions, until paid in full. \_\_\_\_\_
- I acknowledge that the swimmer's birthdate is correct. \_\_\_\_\_
- I acknowledge that the primary email address in the Team Unify system (team website) will be used for communications. It is parent/guardian's responsibility to ensure that contact information is correct and up to date at all times. \_\_\_\_\_
- I acknowledge and agree to adhere to the Registration, Commitment and Outfitting Requirements and all of their guidelines. \_\_\_\_\_
- I acknowledge and agree to adhere to the Electronic Communication Policy and all of its guidelines. \_\_\_\_\_
- I acknowledge and agree to the Photographic and Audio/Visual Release. \_\_\_\_\_
- I acknowledge and agree to adhere to the Mandatory Parent Participation requirements and all of its guidelines. \_\_\_\_\_
- I acknowledge and agree to adhere to the FOBYSwim Team Code of Conduct in its entirety. \_\_\_\_\_
- I acknowledge and agree to adhere to the FOBYSwim Team Anti-Bullying Policy in its entirety. \_\_\_\_\_

**I acknowledge receipt of and understanding of the Freehold-Old Bridge YMCA's Swim Team Handbook. I acknowledge that I have read this handbook, and I accept full responsibility for familiarizing myself with the entire contents of this handbook.**

SWIMMER NAME \_\_\_\_\_

SWIMMER SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

PARENT/GUARDIAN NAME \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

## 2018-2019 FOBY SWIM TEAM SWIMMER REGISTRATION FORM

LAST:	FIRST:	MI:
GENDER:	DOB:	AGE AS OF 12/1/18:
MOTHERS NAME:		
FATHERS NAME:		
ADDRESS:		
CITY:	STATE:	ZIP:
HOME#	WORK#	CELL#
PRIMARY EMAIL:		
SECONDARY EMAIL:		

### FOBY Swim Team 2018-2019 Fee Structure

<u>Practice Group</u>	<u>Program Fees</u>	<u>USA Swimming Fee</u>	<u>Apparel Fee – Female/Male</u>
Senior 3	\$1218	\$68	\$64/44
Senior 2	\$1086	\$68	\$64/44
Senior 1	\$1016	\$68	\$64/44
Junior 4	\$950	\$68	\$64/44
Junior 3	\$861	\$68	\$64/44
Junior 2	\$744	\$68	\$64/44
Junior 1	\$670	\$68	\$64/44
Mini 2	\$573	\$68	\$64/44
Mini 1	\$450	\$68	\$64/44

- **A \$100 non-refundable deposit is required upon registration.**
- Any PME money left over from last session will automatically be rolled over to the current session.
- For the remainder of the program fee balance, members have two payment options:
  1. Pay in full by September 15<sup>th</sup> via credit card or check.
  2. Pay via Credit Card Draft according to the following schedule:

<u>Practice Group</u>	<u>Program Fees</u>	<u>Deposit</u>	<u>September 15th</u>	<u>October 15th</u>	<u>November 15th</u>	<u>December 15th</u>	<u>January 15th</u>
Senior 3	\$1218	\$100	\$224	\$224	\$224	\$223	\$223
Senior 2	\$1086	\$100	\$198	\$197	\$197	\$197	\$197
Senior 1	\$1016	\$100	\$184	\$183	\$183	\$183	\$183
Junior 4	\$950	\$100	\$170	\$170	\$170	\$170	\$170
Junior 3	\$861	\$100	\$153	\$152	\$152	\$152	\$152
Junior 2	\$744	\$100	\$129	\$129	\$129	\$129	\$128
Junior 1	\$670	\$100	\$114	\$114	\$114	\$114	\$114
Mini 2	\$573	\$100	\$95	\$95	\$95	\$94	\$94
Mini 1	\$450	\$100	\$70	\$70	\$70	\$70	\$70

**\*Swimmers must be current with their payment schedule at the time of a meet to be eligible for competition.**

\_\_\_\_\_ WE will pay in FULL by 9/15    **OR**    \_\_\_\_\_ WE will go on Credit Card Draft for Fees (See Attached)

## FOBY SWIM TEAM PARENTAL AUTHORIZATION MEDICAL RELEASE FORM

**WE HEREBY GRANT PERMISSION FOR OUR CHILD:**

LAST:	FIRST:	MI:
GENDER:	DOB:	AGE AS OF 12/1/18:
ADDRESS:		
CITY:	STATE:	ZIP:
HOME#	WORK#	CELL#
PRIMARY EMAIL:		

**TO PRACTICE, TRAIN, TRAVEL AND COMPETE WITH THE FREEHOLD-OLD BRIDGE YMCA SWIM TEAM.  
WE HEREBY STATE THAT OUR CHILD IS MEDICALLY AND PHYSICALLY FIT TO PARTICIPATE IN THE  
COMPETITIVE SWIM PROGRAM.**

EMPLOYER:		
INSURANCE COMPANY:		
POLICY#		
PHYSICIAN NAME:		
PHYSICIAN ADDRESS:		
CITY:	STATE:	ZIP:
PHYSICIAN PHONE#		
KNOWN ALLERGIES:		
SPECIAL MEDICAL CONSIDERATIONS:		
PARENT/GUARDIAN NAME:		
PARENT/GUARDIAN SIGNATURE:		DATE:

## 2018-2019 FOBY SWIM TEAM - Credit Card Draft Authorization Form

Swimmer's Name \_\_\_\_\_  
(Please print clearly First Name, Last Name)

Address \_\_\_\_\_  
(Please print clearly full address)

Parent/Guardian \_\_\_\_\_  
(Please print clearly First Name, Last Name)

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Practice Group \_\_\_\_\_  
(Please print clearly from list below)

<u>Practice Group</u>	<u>Program Fees</u>	<u>Deposit</u>	<u>September 15th</u>	<u>October 15th</u>	<u>November 15th</u>	<u>December 15th</u>	<u>January 15th</u>
Senior 3	\$1218	\$100	\$224	\$224	\$224	\$223	\$223
Senior 2	\$1086	\$100	\$198	\$197	\$197	\$197	\$197
Senior 1	\$1016	\$100	\$184	\$183	\$183	\$183	\$183
Junior 4	\$950	\$100	\$170	\$170	\$170	\$170	\$170
Junior 3	\$861	\$100	\$153	\$152	\$152	\$152	\$152
Junior 2	\$744	\$100	\$129	\$129	\$129	\$129	\$128
Junior 1	\$670	\$100	\$114	\$114	\$114	\$114	\$114
Mini 2	\$573	\$100	\$95	\$95	\$95	\$94	\$94
Mini 1	\$450	\$100	\$70	\$70	\$70	\$70	\$70

I authorize the YMCA of Western Monmouth County to charge my credit card on the 15th day of the month or the next official bank day for the fees associated with the FOBY Swim Team as listed below:

\$ \_\_\_\_\_

Swim Team Program Fees as listed in the payment schedule above

\$ \_\_\_\_\_

Apparel Fee (  female - \$64;  male - \$44) – Charged on 9/24

\$ \_\_\_\_\_

USA Swimming 2019 Membership Fee (\$68) – Charged on 10/1

\$ \_\_\_\_\_

Pre-Meet Entry Fund (PME)

Balance Owed

\$ \_\_\_\_\_

Initial Deposit less Balance Available

\$ \_\_\_\_\_

Reload Amount (please specify – \$25, \$50, \$100)

\_\_\_\_\_

I approve reloads to be added automatically when balance is less than \$25

(Please initial)

Name on credit card \_\_\_\_\_  
(Please print clearly exactly as listed on credit card)

Card type  Visa  MasterCard  American Express  Discover Expiration date \_\_\_\_\_

Account # \_\_\_\_\_ Security code \_\_\_\_\_

\_\_\_\_\_ I understand that I am financially responsible for all payments in order to retain my child's Swim Team participation in good standing.

\_\_\_\_\_ I agree to be responsible for a payment not be honored by my bank or credit card account plus a \$25 Service Charge applied by the YMCA. This is in addition to any service fee my bank may charge.

\_\_\_\_\_ I understand that the YMCA reserves the right to withhold my child from participating in Swim Team practices and meets if payment is not received by the last day of the month or for violation of our Code of Conduct.

Signature \_\_\_\_\_ Date \_\_\_\_\_