

2021 CAQ Candy Cane Races

Hosted by CHARGER AQUATICS

December 19, 2021

Pool Elevation 5,410 Feet

Sanction: This meet is being held under the sanction of USA Swimming and New Mexico Swimming. The sanction number is: USA Swimming: _____.

Facility: Peter and David Barney Competition Pool on the grounds of Albuquerque Academy, 6400 Wyoming Blvd NE, Albuquerque, New Mexico, 87109. Ten competitive lanes in a 25 yard pool with a minimum depth of 7 feet. Continuous warm up/cool down available in a separate six (6) lane 25 yard pool. Colorado Timing System and Scoreboard will be used. **The competition course has been certified in accordance with 104.2.2c.**

There is no food or drink, other than water, allowed on the deck of the Natatorium. Swimmers and coaches with food on the deck will be asked to move upstairs to the general seating area.

Eligibility: The meet is open to all 2020 or 2021 USA Swimming registered athletes. All participating teams must return the attached certification of USA Swimming registration signed with their entries. **There will not be an opportunity to obtain a valid USA Swimming number or registration at the competition.** USA Swimming Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Liability: New Mexico Swimming, USA Swimming, Charger Aquatics Swim Club, Albuquerque Academy, all meet sponsors, and all meet officials shall be held free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer's club if attached to be held accountable for repairs.

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19

Format: This is a timed final, short course yards meet. All events will mixed gender, and be pre-seeded from slowest to fastest. Fly-over starts may be used to control the timeline if it is deemed necessary to complete the session(s) within the requirements of New Mexico Swimming rules.

Rules: 2021 USA Swimming Rules and Regulations govern this meet, except as noted in this meet information. See attached order of events for the list of events and their schedule.

Coaches: If needed, there will be a coaches meeting approximately 10 minutes prior to the start of each session. All coaches must display their current USA Swimming Coaches' card while on deck at the meet.

Meet Directors:

John Butcher, Butcher@aa.edu
Eddie Lary, lary@aa.edu
Alan Senn, senn@aa.edu

Swimwear: Swimwear must conform to those rules specified in the USA Swimming Handbook 102.8 SWIMWEAR.

Unaccompanied Swimmer:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Locker Rooms:

"Use of audio or visual recording devices, including a cell phone camera is not permitted in changing areas, restrooms or locker rooms."

"Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited."

"There is no shaving allowed anywhere in the Natatorium. Swimmers caught shaving will be removed from the remainder of the meet."

Entries: All swimmers may swim a maximum of 4 individual events. **All registrations will be verified.** No on deck USA registrations will be accepted. The swimmers age as of December 19, 2021 shall determine their age for the meet.

Entries will be cut off at 250 swimmers. If a team submits entries that exceed the limit of 250 swimmers, then all of that team's entries will be accepted.

Entry Fees: \$25 Flat Rate Entry fee for Participation in this Event (includes NMS and Pool Surcharges).

Entry Deadline:

All entries must be received by Wednesday, December 8, 2021. Please send electronic entries to: Eddie Lary, Email: lary@aa.edu and mail payment to:

Charger Aquatics
Attn: Eddie Lary
6400 Wyoming Blvd. NE
Albuquerque, NM 87109

YOU MUST INCLUDE THE NAME, EMAIL ADDRESS AND PHONE NUMBER OF THE PERSON WHO PREPARED THE ENTRIES FOR CLARIFICATION PURPOSES.

Entry Process: Email the Entry File as an attachment to Eddie Lary, lary@aa.edu. Attach a meet entries report by name in PDF format.

Full payment can be made by Team Check or Cashier's Check and mailed to the address above.

Deck Entries: There will not be any late entries for this meet.

Warm-Up Procedures:

Warm-up will begin at 11:00AM, meet begins at 11:45AM.

General warm-up (30 minutes):

- *No diving from the blocks or pool edge; swimmers must enter the water feet first using a three-point entry in a cautious manner*
- *No sprinting or pace work permitted*
- *All lanes to be used for general warm-up*

Specific warm-up (10 minutes)

- *Push/pace – lanes 0 and 9. Push off from starting end. Circle swimming only. NO DIVING*
- *Racing starts – lanes 1 through 8. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.*
- *General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.*

Continuous warm-up/cool-down will be available in the separate six-lane pool. Lanes will not be assigned. NO DIVING in the separate six lane pool. **Please enter using a three-point entry, from the right side of the block.**

Meet Referee: Ken Bernier, k.bernier@comcast.net

Administrative Official: John Butcher, butcher@aa.edu

Scoring/Awards:

Candy Canes will be given out each race, and heat winners will receive a holiday duck.

Programs, Heat Sheets, Psych Sheets and Final Results:

Programs will be available at a one time charge of \$5.00. Final results will be emailed to all participating teams and also posted on the New Mexico Swimming website: www.nmswim.org

Hospitality and Concessions:

Food concessions will be available at the meet. Officials and coaches will be provided with meals and refreshments in the hospitality area.

Officials and Timers:

Volunteer timers and officials are always welcome and encouraged.

Drones:

Drones are prohibited over venues any time athletes, coaches, officials and /or spectators are present.

Safety Guidelines:

Safety Marshals shall be on deck to enforce the safety guidelines. The marshals, under the direction of the Meet Referee, shall have the authority to remove any swimmer or coach found to be in violation of unsportsmanlike conduct, swimming ethics, or procedures outlined in the meet information. USA Swimming certified coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures. All swimmers must be supervised by a certified USA Swimming Coach throughout the warm-up session.

All swimmers must enter the pool for warm-up using a three-point entry.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that

they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

2021 CAQ Candy Cane Races
Order of Events
December 19, 2021

Event #1	12 & Under 50 FR
Event #2	12 & under 100 IM
Event #3	12 & Under 25 BR
Event # 4	12 & Under 50 BR
Event #5	12 & Under 25 BK
Event #6	12 & Under 50 BK
Event #7	12 & Under 25 FL
Event #8	12 & Under 50 FL
Event # 9	12 & Under 100 FR
Event #10	12 & Under 200 IM

Charger Aquatics

2021 CAQ Candy Cane Races
December 19, 2021

Swimmer's Name _____
(Last) (First) (Middle)
Birth Date _____ USA Swimming # _____

Team _____ Sex _____ Age _____

<u>Event #</u>	<u>Distance</u>	<u>Stroke</u>	<u>Entry Time</u>
_____	50 100	FR BK BR FL IM	____:____.____
_____	50 100	FR BK BR FL IM	____:____.____
_____	50 100	FR BK BR FL IM	____:____.____
_____	50 100	FR BK BR FL IM	____:____.____

Swimmers may compete in 4 individual events total.

Total Number of Athletes: _____ X \$25.00 = _____

TOTAL FEES: _____

Charger Aquatics

2021 CAQ Candy Cane Races

December 19, 2021

TEAM MASTER ENTRY FORM – ONE PER TEAM

TEAM _____ CLUB CODE _____

Meet Fees (number of swimmers) _____ X \$25.00 = \$ _____

Total Fees for Team _____ = \$ _____

Please send ONE Team Check payable to Charger Aquatics – Thank you.

USA SWIMMING REGISTRATION VERIFICATION STATEMENT**

I CERTIFY THAT ALL SWIMMERS OF _____
SWIM TEAM ENTERED IN THE 2021 CAQ Candy Cane Races ARE CURRENTLY REGISTERED
MEMBERS OF USA SWIMMING.

SIGNATURE DATE

PRINTED NAME TEAM POSITION

COACHES: _____

** This form must be mailed with Team entries, or turned in to the Meet Director before the meet