

2019 New Mexico Age Group Championships

Hosted by **CHARGER AQUATICS**

December 21 - 22, 2019

Pool Elevation 5,410 Feet

- Sanction:** This meet is being held under the sanction of USA Swimming and New Mexico Swimming. The sanction number is: USA Swimming: **NMS20C01C**
- Facility:** Peter and David Barney Competition Pool on the grounds of Albuquerque Academy, 6400 Wyoming Blvd NE, Albuquerque, New Mexico, 87109. Eight competitive lanes in a 25 meter x 25 yard pool with a minimum depth of 7 feet. Continuous warm up/cool down available in a separate six (6) lane 25 yard pool. Colorado Timing System and Scoreboard will be used. **The competition course is certified in accordance with I04.2.2c.**

There is no food or drink, other than water, allowed on the deck of the Natatorium. Swimmers and coaches with food on the deck will be asked to move upstairs to the general seating area.

- Eligibility:** Swimmers must be 2019 or 2020 USA Swimming registered to compete in the NMS Age Group Championships. Swimmers age as of December 21st, 2019 will determine their age for the meet. **There will not be any late entries for this meet. Swimmers must have achieved the time standard listed at a USA Swimming sanctioned meet, in either, SCY, SCM or LCM, to enter the event and all times will be verified through the SWIMS database. If a swimmer has achieved 3 qualifying times, they may enter in further events up to the maximum event total as bonus swims. Events entered for which the times do not meet the time standard and a swimmer does not have the 3 qualifying times, will be scratched and no refunds of entry fees will be provided.**

All participating teams must sign and return, with their entries, the attached team registration form that attests to their swimmers current USA Swimming registration. **All registrations will be verified.**

- Liability:** New Mexico Swimming, USA Swimming, Charger Aquatics Swim Club, Albuquerque Academy, all meet sponsors, and all meet officials shall be held free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer's club if attached to be held accountable for repairs.

- Format:** This meet will be a two day, three-session event, competing in short course yards. Eligible swimmers will compete in their respective age groups, as specified, in the order of events of the individual sessions.

- Rules:** 2019 USA Swimming Rules and Regulations govern this meet, except as noted in this meet information. See attached order of events for the list of events and their schedule.

- Coaches:** If needed, there will be a coaches meeting approximately 10 minutes prior to the start of each session. All coaches must show their credentials upon arrival at the meet, Deck Pass will be accepted as a suitable form of verification.

Meet Directors:

Carolyn Snyder, snyder@aa.edu
Jack Feely, feely@aa.edu

- Swimwear:** Swimwear must conform to those rules specified in the USA Swimming Handbook I02.8 SWIMWEAR.

Unaccompanied Swimmer:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Disabled Swimmers:

Disabled swimmers are welcome. Please contact the Meet Referee if special considerations are needed.

Locker Rooms: "Use of audio or visual recording devices, including a cell phone camera is not permitted in changing areas, restrooms or locker rooms."

"Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited."

Entries:

Swimmers shall compete in the single age groups of 10 & Under, 11 year old, 12 year old, 13 year old, and 14 year old categories. Events shall be run as timed finals, with events being run as 10 & Under, and 11-14, and scored individually by age group.

Swimmers may compete in a maximum of 3 individual events per session, 5 events per day, with a maximum of 8 individual events for the meet. Swimmers may compete in only 1 relay per session.

All entries are to be received no later than **10:00 pm on Wednesday, December 11th, 2019**. All teams must submit their entries via email, using Hy-Tek Team Manager software or through Team Unify, along with a PDF copy of the meet entries. Please include relays and relay only swimmers on your electronic submission. **No late entries will be accepted for this meet.**

Check-in:

Positive check-in is required for events #33-34, the 11-12 500 Freestyle, and # 35-36, the 11-14 1650 Freestyle. Check-in must be completed by 5:00PM on Saturday evening.

Entry Fees:

Entry fees are \$4.50 per individual event and \$8.00 per relay. A \$7.00 New Mexico Swimming Inc. surcharge and an \$8.00 pool use fee will be charged per swimmer, including relay-only swimmers.

Entry Deadline:

All entries must be received by 10:00 pm on Wednesday, December 11th, 2019.

Please send electronic entries to: Jack Feely, Email: feely@aa.edu or mail with payment to:

Charger Aquatics
c/o Jack Feely
Albuquerque Academy
6400 Wyoming Blvd. NE
Albuquerque, NM 87109

YOU MUST INCLUDE THE NAME, EMAIL ADDRESS AND PHONE NUMBER OF THE PERSON WHO PREPARED THE ENTRIES FOR CLARIFICATION PURPOSES.

Entry Process:

Email the Entry File as an attachment to Jack Feely, feely@aa.edu . Attach a meet entries report by name in PDF format. Full payment can be made by Team Check or Cashier's Check and mailed to the address above.

Warm-Up Procedures:

Warm-up times are listed on the schedule of events page.

Should the number of swimmers in the meet warrant an additional warm-up session, one will be created and the teams notified of their specific warm-up time.

Sessions 1&3:

The following rules apply:

General warm-up (35 minutes):

- No diving from the blocks or pool edge; **swimmers must enter the water using the 3 point entry**
- No sprinting or pace work permitted
- All lanes to be used for general warm-up

Specific warm-up (15 minutes)

- Push/pace – lanes 0 and 9. Push off from starting end. Circle swimming only. NO DIVING
- Racing starts – lanes 1 through 8. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.
- General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.

Sessions 2:

The following rules apply:

General warm-up (35 minutes):

- No diving from the blocks or pool edge; **swimmers must enter the water feet using the 3 point entry**
- No sprinting or pace work permitted
- All lanes to be used for general warm-up

Specific warm-up (15 minutes)

- Push/pace – lanes 0 and 9. Push off from starting end. Circle swimming only. NO DIVING
- Racing starts – lanes 1 through 8. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.
- General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.

Continuous warm-up/cool-down will be available in the separate six-lane pool. Lanes will not be assigned. NO DIVING in the separate six lane pool. Please enter using safe, feet-first only entry!

Meet Referee: Teddy Decker, mombodecker@comcast.net

Admin Official: Edwin Dons, ttne.dons@gmail.com

Scoring/Awards:

Custom medals (1st – 8th Place) will be awarded for individual events in the 10 & Under, 11 Year Old, 12 Year Old, 13 Year Old, and 14 Year Old age groups. Custom ribbons (1st – 8th Place) will be awarded for relay events in the 10 & Under, 12 & Under, and 14 & Under age groups.

Individual high point (1st – 3rd Place) for each gender will only be given to swimmers in the 10 & Under, 11 Year Old, 12 Year Old, 13 Year Old, and 14 Year Old age groups. Team and spirit awards will not be given.

Scoring will be as follows:

- Individual Events 1st – 8th Place (9, 7, 6, 5, 4, 3, 2, 1)
- Relay Events 1st – 8th Place (18, 14, 12, 10, 8, 6, 4, 2)

Programs, Heat Sheets, Psych Sheets and Final Results:

Programs will be available at a one-time charge of \$5.00. Final results will be emailed to all participating teams and also posted on the New Mexico Swimming website: www.nmswim.org

Hospitality and Concessions:

Food concessions will be available at the meet. Officials and coaches will be provided with meals and refreshments in the hospitality area.

Officials and Timers:

Volunteer Assignments will be made by New Mexico Swimming based upon team entry size, and communicated to the teams responsible. Officials who would like to volunteer at the meet should please contact the Meet Referee. For events 33 – 36, swimmers will be asked to provide their own timers and counters.

Safety Guidelines:

Safety Marshals shall be on deck to enforce the safety guidelines. The marshals, under the direction of the Meet Referee, shall have the authority to remove any swimmer or coach found to be in violation of unsportsmanlike conduct, swimming ethics, or procedures outlined in the meet information. USA Swimming certified Coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures. All swimmers must be supervised by a certified USA Swimming Coach throughout the warm-up session.

Drones:

Drones are prohibited over venues any time athletes, coaches, officials and /or spectators are present.

2019 New Mexico Age Group Championships Order of Events

Session 1: Saturday AM Warmup: 10:30am, Start: 11:30am		
Girls Event #	Event Description	Boys Event #
1	10 & Under 200 Medley Relay	2
3	12 & Under 200 Medley Relay	4
5	14 & Under 200 Medley Relay	6
7	10 & Under 100 IM	8
9	11-14 100 Freestyle	10
11	10 & Under 50 Backstroke	12
13	11-14 200 Backstroke	14
15	10 & Under 100 Butterfly	16
17	11-14 200 Butterfly	18
19	10 & Under 100 Breaststroke	20
21	11-14 100 Breaststroke	22
Session 2: Saturday PM Warmup: 4:30pm, Start: 5:30pm		
Girls Event #	Event Description	Boys Event #
23	10 & Under 50 Freestyle	24
25	11-14 50 Freestyle	26
27	10 & Under 200 IM	28
29	11-14 200 IM	30
31	10 & Under 200 Freestyle	32
33*	11-12 500 Freestyle	34*
35*	11-14 1650 Freestyle**	36*
Session 3: Sunday AM Warmup: 9:00am, Start: 10:00am		
Girls Event #	Event Description	Boys Event #
37	10 & Under 200 Freestyle Relay	38
39	12 & Under 200 Freestyle Relay	40
41	14 & Under 200 Freestyle Relay	42
43	10 & Under 50 Breaststroke	44
45	11-14 200 Breaststroke	46
47	10 & Under 100 Backstroke	48
49	11-14 100 Backstroke	50
51	10 & Under 50 Butterfly	52
53	11-14 100 Butterfly	54
55	10 & Under 100 Freestyle	56
57	11-14 200 Freestyle	58

*For events 33 – 36, swimmers must provide their own timers and counters. Heats will be run fastest to slowest, alternating heats of girls and boys.

**All swimmers participating in the 1650 Freestyle may receive a 1000 Freestyle official split.

2019 New Mexico Age Group Championships Time Standards

Girls				Boys		
LCM	SCM	SCY	10 & Under	SCY	SCM	LCM
42.79	41.49	37.59	50 FREE	36.79	40.59	41.79
1:37.59	1:34.99	1:25.89	100 FREE	1:23.99	1:32.79	1:36.09
3:35.89	3:35.39	3:07.29	200 FREE	2:59.69	3:18.49	3:24.09
52.59	50.79	45.99	50 BACK	45.89	50.79	52.59
1:55.09	1:49.79	1:39.29	100 BACK	1:36.09	1:46.19	1:49.99
57.99	55.99	50.69	50 BREAST	50.39	55.69	57.99
2:09.29	2:03.99	1:52.19	100 BREAST	1:47.89	1:59.19	2:05.19
51.09	49.99	45.19	50 FLY	44.09	48.69	49.79
2:02.59	1:59.29	1:47.99	100 FLY	1:46.79	1:57.99	2:01.09
----	1:48.19	1:37.89	100 IM	1:35.39	1:45.49	----
3:56.99	3:50.79	3:28.89	200 IM	3:27.59	3:49.49	3:55.29
			11 YEAR OLD			
38.89	37.99	34.39	50 FREE	34.39	37.99	38.79
1:25.89	1:23.29	1:15.39	100 FREE	1:14.09	1:21.79	1:24.79
3:06.39	2:59.59	2:42.49	200 FREE	2:41.69	2:58.69	3:02.99
6:28.19	6:18.39	7:10.29	400/500 FREE	7:11.59	6:17.69	6:26.29
26:16.09	25:05.49	25:14.29	1500/1650 FREE	25:01.69	24:52.89	26:11.19
1:41.69	1:36.69	1:27.49	100 BACK	1:26.49	1:35.59	1:40.19
3:31.19	3:21.79	3:02.59	200 BACK	3:00.49	3:19.49	3:26.99
1:51.49	1:47.19	1:36.99	100 BREAST	1:37.19	1:47.39	1:52.79
3:58.39	3:49.59	3:27.79	200 BREAST	3:25.79	3:47.39	4:00.79
1:38.39	1:35.09	1:26.09	100 FLY	1:26.99	1:36.09	1:39.19
3:31.59	3:26.99	3:07.39	200 FLY	3:05.89	3:25.39	3:32.09
3:30.99	3:23.99	3:04.59	200 IM	3:06.19	3:25.69	3:32.69
			12 YEAR OLD			
37.39	36.39	32.89	50 FREE	31.89	35.29	36.59
1:21.99	1:18.39	1:10.99	100 FREE	1:09.69	1:16.99	1:19.29
2:57.29	2:51.89	2:35.59	200 FREE	2:31.59	2:47.49	2:52.59
6:10.19	6:06.29	6:53.99	400/500 FREE	6:47.89	5:57.29	6:02.09
24:54.69	23:52.29	24:00.69	1500/1650 FREE	23:29.69	23:21.49	24:22.59
1:34.99	1:31.59	1:22.89	100 BACK	1:20.79	1:29.29	1:33.99
3:20.29	3:11.69	2:53.49	200 BACK	2:49.09	3:06.79	3:15.59
1:45.99	1:41.99	1:32.39	100 BREAST	1:30.19	1:39.69	1:44.29
3:46.29	3:39.49	3:18.69	200 BREAST	3:11.29	3:31.39	3:41.79
1:33.59	1:31.49	1:22.89	100 FLY	1:21.09	1:29.59	1:32.29
3:21.69	3:14.39	2:55.89	200 FLY	2:51.79	3:09.79	3:15.29
3:20.99	3:14.49	2:55.99	200 IM	2:54.29	3:12.59	3:19.29

2019 New Mexico Age Group Championships Time Standards

Girls				Boys		
LCM	SCM	SCY	13 YEAR OLD	SCY	SCM	LCM
37.09	35.89	32.49	50 FREE	30.49	33.69	35.09
1:20.29	1:17.59	1:10.19	100 FREE	1:06.59	1:13.59	1:16.19
2:53.39	2:47.59	2:31.69	200 FREE	2:25.39	2:40.69	2:45.89
23:52.79	23:13.69	23:21.79	1500/1650 FREE	22:36.99	22:29.09	23:21.39
1:29.59	1:25.19	1:17.09	100 BACK	1:13.79	1:21.49	1:25.89
3:13.09	3:04.89	2:47.29	200 BACK	2:39.79	2:56.49	3:05.19
1:42.09	1:37.89	1:28.59	100 BREAST	1:23.99	1:32.79	1:36.29
3:40.09	3:31.59	3:11.49	200 BREAST	3:02.29	3:21.39	3:29.49
1:26.79	1:25.19	1:17.09	100 FLY	1:12.59	1:20.19	1:22.99
3:13.39	3:07.89	2:49.99	200 FLY	2:41.29	2:58.19	3:04.79
3:16.59	3:09.39	2:51.39	200 IM	2:42.69	2:59.79	3:07.99
			14 YEAR OLD			
36.29	35.09	31.69	50 FREE	29.39	31.69	33.89
1:18.39	1:16.19	1:08.99	100 FREE	1:03.99	1:09.19	1:13.59
2:49.49	2:44.09	2:28.39	200 FREE	2:19.09	2:30.19	2:39.79
23:15.09	22:35.79	22:43.69	1500/1650 FREE	21:40.19	21:32.59	22:25.19
1:26.99	1:23.79	1:15.79	100 BACK	1:10.49	1:18.39	1:23.09
3:07.69	2:59.49	2:42.49	200 BACK	2:32.79	2:48.79	2:56.49
1:39.99	1:35.89	1:26.69	100 BREAST	1:19.99	1:28.39	1:31.49
3:35.09	3:27.39	3:07.69	200 BREAST	2:54.19	3:12.49	3:22.59
1:24.99	1:23.09	1:15.19	100 FLY	1:09.99	1:17.39	1:19.29
3:07.49	3:04.29	2:46.79	200 FLY	2:34.69	2:50.89	2:56.09
3:12.39	3:04.99	2:47.29	200 IM	2:36.29	2:52.69	3:00.39

Charger Aquatics
2019 New Mexico Age Group Championships
December 21-22, 2019

TEAM MASTER ENTRY FORM – ONE PER TEAM

TEAM _____ **CLUB CODE** _____

Total Number of events _____ X \$4.50 = \$ _____

Total Number of Relays _____ X \$8.00 = \$ _____

Swimmer Surcharges (NMS + Pool fee) _____ X \$15.00 = \$ _____

TOTAL FEES FOR TEAM \$ _____

Please send **ONE** Team Check or Cashier's Check payable to: **Charger Aquatics**

****USA SWIMMING REGISTRATION VERIFICATION STATEMENT****

I CERTIFY THAT ALL SWIMMERS AND COACHES OF

_____ SWIM TEAM ENTERED IN THE *2019 New Mexico Age Group Championships* ARE CURRENTLY REGISTERED MEMBERS OF USA SWIMMING.

SIGNATURE

DATE

PRINTED NAME

TEAM POSITION

PHONE NUMBER

Final results will be posted on the NM Swimming web site and each registered team will receive a results file for import.

COACHES: _____

Email Results to: _____

**** This form must be mailed with Team entries, or turned in to the Meet Director before the meet.**