Otters Short-Course Kickoff

Short Course Meet

Saturday, September 18th, 2021

HOSTED BY: Northern Aquatic Club (NAC)

LOCATION: West Mesa Aquatic Center (WMAC)

6705 Fortuna Rd. NW Albuquerque, NM 87121

(505) 836-8718

SANCTION: Held under the sanction of USA Swimming Inc. and New Mexico Swimming, Inc.

Sanction # TBD

DISCLAIMER: In granting this approval, it is understood and agreed that USA Swimming, Inc. (USA-S),

NM Swimming, Inc. (NMSI), Northern Aquatic Club (NAC) and its Board of Directors, the City of Albuquerque, West Mesa Aquatic Center (WMAC), and all meet officials shall be held free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

This meet will be capped at 250 swimmers.

FACILITY: The West Mesa Aquatic Center has a pool elevation of 5125 ft.

The pool is an indoor 50-meter, 8 lane facility with a bulkhead at 25 yards. Only the deep end 8 lanes will be used during short course competition. During the meet, additional lanes will be available for warm up/warm down. The pool is equipped with wave suppressing lane lines and a Colorado Timing and Scoreboard system. The competition course has not been certified in accordance with 104.2.2C(4).

VENUE: The pool contains contiguous dressing rooms that will be available for use. Use of audio

or visual recording devices, including a cell phone camera, is not permitted in changing areas, restrooms, or locker rooms. Smoking and glass containers are not allowed anywhere in the pool area. The indoor leisure pool and outdoor pool are off limits to all

swimmers, parents, and spectators at all times.

FORMAT: 1) All events will be short course yards and timed finals (TF).

2) No time standards.

3) The meet will be pre-seeded, seeded slow to fast.

4) Open to all 2021 registered USA Swimming athletes.

5) At the discretion of the meet referee, fly over starts may be used in this meet.

6) All events will be mixed boys and girls.

DIRECTIONS: Heading west on I-40, exit to south Coors Blvd. Travel south on Coors to Fortuna Rd.

Turn west (right) on Fortuna Rd and drive past West Mesa High School. The pool will be

on the north side.

PARKING: Free parking is available on the north and southwest side of the facility.

ELIGIBILITY: All competitors must be 2021 USA Swimming and registered athletes. The swimmer's

age as of September 18, 2021, shall be used to determine age group for competition. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this agreement.

DRONES: Drones are prohibited over venues any time athletes, coaches, officials and/or

spectators are present.

COACHES: All coaches must be 2021 USA Swimming registered with current safety certifications.

Coaches will be asked to display their current USA Swimming card.

ENTRIES: Swimmers may compete in a maximum of **four (4)** individual events. The number of

swimmers will be capped at **250**. We cannot guarantee that all entries submitted before the deadline will be accepted. Entries will be accepted in the order they are received. Deck entries will be accepted for swimmers already entered in the meet as space allows, but no additional heats will be added. Coaches must declare add/scratches no

later than 30 minutes before the start of the session.

ENTRY FEES: \$5.00 Entry Fee per Individual Event

\$13.00 per swimmer Pool Usage Fee \$7.00 per swimmer NMSI Surcharge

\$10.00 Deck Entry Fee per Individual Event

Please make check (one only per team) payable to "Northern Aquatic Club."

Mail payments to:

Northern Aquatic Club C/O Natasha Duran 30 Dawn Trail Santa Fe, NM 87508

ENTRY DEADLINE: ENTRIES WILL ONLY BE ACCEPTED IN HYTEK FORMAT.

Please email all entries to Natasha Duran at mamaotter@nacotters.com. If you do not receive an email confirmation, your entries were not received.

All entries must be received no later than 10:00 pm on Tuesday, September 14th, 2021.

WARM UP / START TIME:

WARM UP: 9:00 AM (general warmup 35 minutes); 9:40 AM (racing starts 15 minutes) **START TIME:** 10:00 AM

NMS mandatory warm-up procedures will be in effect throughout warm-ups. Swimmers must enter the pool for warm-up using the three-point entry. No jumping in or diving. All swimmers must be supervised by a coach member of USA Swimming during the warm-up sessions.

Continuous warmup and cool down lanes will be available in the separate eight-lane pool throughout the meet.

RULES:

Current USA Swimming and NM Swimming rules will govern this meet. The Meet Referee will direct the events of the meet.

AWARDS & SCORING:

The meet will not be scored for individuals or teams. Heat winner prizes will be given for each meet heat.

SWIMWEAR:

The swimmer must wear only one swimsuit in one or two pieces, except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the naval, nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits will be allowed for swimmers ages 12 and under.

RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or behind blocks.

DECK CHANGING: Deck changes are prohibited.

DISABLED SWIMMERS: Disabled swimmers are welcome. Please contact the Meet Referee at the start of the session if the swimmer has any special needs.

COVID-19:

Rules, Disclaimer, and Special Meet Notes:

- 1. All meet participants (officials, swimmers, timers, spectators, etc.) must wear a mask or face covering at all times inside the natatorium and need to socially distance at least 6 feet from other participants.
- 2. Bleachers will be available for swimmer and spectator seating. Swimmers may also bring their own folding chairs.
- 3. Concessions and hospitality will be available during the meet.
- 4. Meet programs / heat sheets will be available for \$5 each.
- 5. We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and volunteers voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability, or death that may result.

- 6. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- 7. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW MEXICO LSC AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

MEET DIRECTOR:

Natasha Duran Mamaotter@nacotters.com

MEET REFEREE:

Langdon Bennett

ADMIN OFFICIAL:

Natasha Duran

ORDER OF EVENTS

Saturday, September 18th

Warm Up 9:00 am Meet Start 10:00 am

Events Mixed

Event #	Event	
1	50 Free Open	
2	25 Free 10 & U	
3	200 IM Open	
4	50 Back Open	
5	25 Back 10 & U	
6	100 Back Open	
7	200 Free 11 & O	
8	50 Breast Open	
9	25 Breast 10 & U	
10	100 Breast Open	
11	200 Fly 11 & O	
12	50 Fly Open	
13	25 Fly 10 & U	
14	100 Fly Open	
15	100 Free Open	
16	200 Breast 11 & O	
17	100 IM Open	
18	200 Back 11 & O	
19	500 Free 11 & O	

Otters Summer Splash Short Course Meet

Swimmer's Name:				
Team:			<u></u>	
USA Swimm	ing #			
Gender:			Age:	
EVENT#	CIRCLE DISTANCE	CIRCLE ST	TROKE	ENTRY TIME
	25 50 100 200 500	FREE BK	BR FLY IM	
	25 50 100 200 500	FREE BK	BR FLY IM	
	25 50 400 200 500 5055 01/ 00 51// 184			
25 50 100 200 500 FREE BK BR FLY IM				
COST:				
	Events	X	\$ 5.00 =	
PLUS POOL SURCHARGE: \$13.00=				
PLUS	S NMS SURCHARGE:		\$ 7.00 =	\$
TOTAL FEE	S:			\$
ENTRY LIN	IIT = 4 per day			

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