

VIPERS OF ALBUQUERQUE SUMMER OPEN
JUNE 17-19, 2016

- Sanction:** This meet is held under sanction of USA Swimming Inc., and New Mexico Swimming Inc., Current USA Swimming and NMS rules will govern the conduct of this meet. **NMS Sanction Number: NMS16I19X**
- Location:** **West Mesa Aquatic Center**, 6705 Fortuna Rd NW, Albuquerque, NM 87121
- Directions:** Exit I-40 on Coors Blvd and head South to Fortuna, turn right, go past West Mesa HS and the pool is located just West of the school. Parking is on the north side of the facility for the meet.
- Facility:** The pool is 8 lanes by 50 meters (configured as 50 meters), equipped with non-turbulent lane lines and Colorado Timing System with an 8 lane scoreboard. Pool competition pool depth is 9 feet or greater at the starting end and 4 feet at the turn end. The competition course has not been certified in accordance with 104.2.2c. The pool also contains contiguous dressing rooms.
- Usage of any tobacco products or alcoholic beverages is not allowed in any area that swimmers frequent. No glass will be allowed on deck.
- Gear will be available for purchase. A continuous coaches and officials hospitality will be available for the duration of the meet
- Venue:** (Areas under jurisdiction of the meet officials for use by teams and swimmers). The 50-meter competition pool, the area located on the sides and ends of the pool, the spectator area, hospitality area, the locker rooms, the concession/team store areas, the meeting/class rooms, parking areas and any other area assigned to the Vipers of Albuquerque Swim Team (VAST). **The indoor leisure pool and outdoor pool are off limits to all swimmers, parents & spectators at all times.**
- Liability:** USA Swimming, Inc., New Mexico Swimming, Inc., Vipers of Albuquerque Swim Team, City of Albuquerque, all meet sponsors, and all meet officials shall be held free from all liabilities or claims for damages arising because of injuries to anyone during the conduct of this meet.
- Referee:** Sue Lorimer sue@lornet.co
- Admin Ref:** John Lorimer jlorimer@lornet.co (303) 668-4598
- Meet Directors:** (Entries & Payment) Gordy Westerberg, GordyWest@msn.com (505-350-9445). 7219 Laster Ave NE, Alb., NM 87109
- (On site) Vickie Fellows (505) 453-3514
- Administrative Official:** Jon Berry (505-284-4021)
- Eligibility:** Open to all 2016 registered USA Swimming athletes. All participating teams must sign and return, with their entries, the team registration form that attests to swimmers current USA Swimming registration. **All registrations will be verified.** The swimmers age as of June 17 shall be used to determine competition age group. **No on deck USA Swimming registrations will be accepted.**
- Locker Rooms:** Use of audio or visual recording devices, including a cell phone camera is not permitted in changing areas, restrooms or locker rooms.

Deck Changes: Except where venue facilities require otherwise, changing into and out of swimsuits other than in locker rooms or other designated areas is prohibited.

Unaccompanied Swimmers:

Any swimmer entered in the meet, unaccompanied by USA swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Format: This is a Prelims/Finals **and** Timed Finals long course meters meet. The 400 Free, 1500 Free, and 400 IM will also be Timed Finals events with Positive Check-In Required. Relay cards are due 15 minutes prior to the end of the warm-up session. The prelims will be combined age groups, by gender, 11&O and then separated for finals into the following age groups: 11-12, 13-14, and 15&O. The top 14 swimmers will advance to the finals for the 11&O events of 200 meters or less; the fastest 7 in the A finals and the next fastest 7 in the B finals. The 400 Free and 400 IM will be timed finals with the fastest 7 swimmers swimming in the finals session. **Any swimmers wishing to scratch the finals must do so within 30 minutes of the announcements of the qualifying finalists.** For 10&U, all events will be Timed Finals, there are no time standards for swimmers in the 50 events; the 100s & 200s will have the qualifying time of the 10&U "B" National Standard. For 11&O, there are no time standards for swimmers in events of 50&100s. Events of 200&O will have the 11-12 "B" Time Standard in order to enter that event. The host team will be excluded from the "B" Time standard requirement.

Conduct: 2016 USA Swimming Rules and Regulations govern this meet, except as noted in this meet information. See attached order of events for the list of events and their schedule. USA Swimming Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down.

Entries: A swimmer may enter an event for a given stroke in only one age group. 10&U's may enter up to 5 individual events per day, as well as 1 relay per day. 11&O swimmers may swim a maximum of 3 individual events per day, as well as 1 relay per day. **ENTRIES WILL ONLY BE ACCEPTED IN HYTEK FORMAT or sd3 (use the EXTENDED sd3 file option from a Team Unify website).** Teams with fewer than 5 athletes may use the individual entry form attached below.

Entries are to be emailed to Gordy Westerberg, GordyWest@msn.com. The maximum number of swimmers is 400. The team causing the number of swimmers to exceed 400 will be fully registered in the meet with all swimmers. Entries are not considered accepted until payment is received. **All registrations will be verified.**

Deadlines: Entries and Entry Fees must be received no later than **TUESDAY, JUNE 7th, 2016, 10:00pm.** Make team checks or Cashiers checks payable to "VAST". Send Master Entry form and fees to:
VAST Summer Invite
Vickie Fellows
7900 San Pedro NE, Suite A-12, Albuquerque, NM 87109

Entry Fees: Entry fees are \$4.00 per individual event. A \$4.00 New Mexico Swimming Inc. surcharge and a \$8.00 pool use fee will be charged per swimmer. Relays will be \$8.00 each. Make team checks or Cashiers Checks payable to "VAST".

Deck Entries: Deck entries will be accepted up to 15 minutes prior to the start of each session and charged at \$10.00 each (pool fees and surcharges will also be applied). Late entries will be accepted provided there is room in the first heat, no new heats will be created. Swimmers entering late will be required to present their current USA Swimming registration card or provide proof of results from a 2016 USA Swimming Meet. THERE WILL NOT BE ANY ON-DECK USA REGISTRATIONS.

Warm-up: NMS meet warm up procedures will be followed. A coach member of USA Swimming must supervise all swimmers during all warm-up sessions. If necessary, warm-up times and lane assignments will be adjusted per team and sent out via email prior to the start of the meet. All swimmers will be required to use the 3-point entry method to enter the water.

Awards: Ribbons will be awarded for first through 7th place of each individual event in the 10&U, 11-12 age groups. Individual High Point awards will be given to the top 3 overall point totals for each gender in each age group.

Scoring: Individual events 1st – 14th (17-15-14-13-12-11-10-8-6-5-4-3-2-1).

Coaches: Much of the informational items will be emailed to coaches in the days leading up to the meet. Look for Emails with a subject of “Meet Notes 1.0, 2.0, etc.” There will be a coaches meeting approximately 15 minutes prior to the start of each morning session with the meet referee. All coaches must display their current USA Swimming coaches’ card while on deck at the meet or provide proof through the Deck Pass program of USA Swimming.

Swimwear: All swim suits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, or extend below the knee. No fasteners, other than drawstrings are allowed. Only one swimsuit may be worn during competition. The referee shall have the authority to bar offenders from competition until they comply with the rule.

Positive Check-In: The 1500 free, 400 free, and 400 IM will require positive check in. Positive Check-In will close 15 minutes prior to the start of the session. If a swimmer misses the deadline for positive check-in, they will still be allowed to swim, but will be seeded in the final heat.

Concessions: There will be concessions sold at this meet. A Team Merchandise shop will be available for swim equipment and apparel sales. A coaches and meet official’s hospitality area will be available throughout the meet.

Special Meet Notes:

- 1) Friday PM, 11-12s may only enter either the 400 or the 1500, not both.
- 2) Friday PM events will be swum Fastest to slowest alternating girls and boys with the final heat possibly being combined.
- 3) In the 1500, coaches may request an official split for the 800, but must provide 3 watches.
- 4) In all events 400 & longer, swimmers must provide their own timers (and counters in the 1500).
- 5) In the 1500, after the 3 fastest heats of girls and boys (21 of each), heats will be swum 2 to a lane after that in order to reduce the length of the session.
- 6) Prelims and Finals will be swum in lanes 1 – 7, lane 8 will be available for warm down during the entire meet. All swimmers must enter the pool feet first on the East end of the pool (non-starting end of the pool). All swimmers will be required to use the 3-point entry method to enter the water.
- 7) The 400 IM and 13&O 400 Free will be swum Fastest to Slowest, alternating girls and boys.
- 8) The Qualifying Times for the 1500 will be the 11-12 “BB” National Standard.
- 9) The Qualifying Times for 10&U will be the 10&U “B” National Standard for 100s and 200s
- 10) Swimmers wanting the split for the 800 must notify the referee before the start of the event.

11) There will be no penalty for No Shows in prelims. However, a no show in finals will cause a swimmer to be removed for the subsequent events for that day.

Warm Up and Start Times:

Friday, June 19th

Session 1, WU – 3:30pm Start – 4:30pm

Saturday, June 20th

Session 2, Prelims, WU – 7:20am Start – 8:40am

Session 3, 10&U session, WU – 30 min after completion of the prelims, Start – 45min after that

Session 4, Finals session, WU – 30 min after completion of the 10&U session, Start – 1 hr after

Sunday, June 21st

Session 5, Prelims, WU – 7:20am Start – 8:40am

Session 6, 10&U session, WU – 30 min after completion of the prelims, Start – 45min after

Session 7, Finals session, WU – 30 min after completion of the 10&U session, Start – 1 hr after

Once the entries have been received, official WU and Start times for the Finals sessions will be emailed to all attending teams, with the possibility that they may be adjusted in order to better accommodate the swimmers.

Session 1 - Friday (Timed Finals), 6/17/16			WU - 3:30pm	Start - 4:30pm		
	Girls	(Qual Time)	EVENT DESCRIPTION	(Qual Time)	Boys	
	1	6:23.89	11-12 400Free	6:15.49	2	
	3	23:55.39	12&0 1500 Free	23:35.29	4	
Session 2 - Saturday (Prelims), 6/18/16			WU - 7:20am	Start - 8:40am		
	5		11&0 200 Free Relay		6	
	7	3:03.79	11&0 200Free	2:58.99	8	
	9		11&0 100 Breast		10	
	11	3:27.69	11&0 200Back	3:22.79	12	
	13		11&0 100 Fly		14	
	15		11&0 100Free		16	
	17	7:23.79	11&0 400 IM	7:13.49	18	
Session 3 - Saturday (Timed Finals), 6/18/16			WU - 30 min after session 2	Start - TBA		
	19		10&U 200 Free Relay		20	
	21	2:11.19	10&U 100 Fly	2:09.39	22	
	23		8&U 50Free		24	
	25		9-10 50Free		26	
	27		8&U 50Breast		28	
	29		9-10 50Breast		30	
	31	2:01.89	10&U 100 Back	1:56.09	32	
	33	4:10.09	10&U 200 IM	4:08.09	34	
Session 4 - Saturday (Finals), 6/18/16			WU - 30 min after session 3	Start - TBA		

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INDIVIDUAL ENTRY FORM

SWIMMER'S NAME _____

USA REG # _____

TEAM _____ SEX _____ AGE _____

EVENT#	CIRCLE	DISTANCE	CIRCLE	STROKE	ENTRY TIME	
_____	400	1500		FREE IM	_____	
_____	400	1500		FREE IM	_____	
_____	400	1500		FREE IM	_____	
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____
_____	50	100	200	400	FREE BK BR FLY IM	_____

TOTAL NUMBER OF EVENTS _____ X \$4.00 _____

NMS SURCHARGE AND POOL FEE \$ 12.00

TOTAL FEES _____

TEAM MASTER ENTRY FORM – ONE PER TEAM

TEAM _____ CLUB CODE _____

Total Number of Individual Events _____ X \$4.00 = _____

Relays _____ X \$8.00 = _____

Meet Surcharges (number of swimmers) _____ X \$12.00 = _____

TOTAL FEES FOR TEAM _____ = _____

Please send ONE Team Check payable to VAST – Thank You.

USA SWIMMING REGISTRATION VERIFICATION STATEMENT**

I CERTIFY THAT ALL SWIMMERS FROM _____
SWIM TEAM, ENTERED IN THE VIPERS OF ALBUQUERQUE SUMMER INVITE, ARE CURRENTLY
REGISTERED MEMBERS OF USA SWIMMING.

SIGNATURE

DATE

PRINTED NAME

TEAM POSITION

ONE COPY OF FINAL RESULTS WILL BE PROVIDED TO EACH REGISTERED TEAM. PROVIDE
THE NAME AND HOME ADDRESS OR E-MAIL ADDRESS WHERE RESULTS ARE TO BE SENT:

TEAM NAME: _____

COACHES: _____

Send Results to:

E-Mail Address: _____

**This form must either be mailed in with your Team's entries or turned into the Meet Director before the meet.