



The SFA SPLASH

July 2021, Issue # 6

A note from the President:

New Mexico Swimming has named Head Coach Lee the NM Age group Coach of the Year for the 2020 Season. This is the second year in a row that Coach Lee has been received this award and we are really proud to have him as our coach and thankful for his hard work and dedication to our swimmers. I'd also like to thank everyone for helping SFA weather the challenges we've faced during COVID. Your volunteer board has had many conversations over the past year about how to maintain the club's financial health. We recently met and determined that with more consistent and regular swim schedules we should move back to pre-COVID fixed monthly swim fees, as well as slightly increasing these. We're confident that with this new structure, coupled with swim meets, fundraisers and grants/donations, we can maintain and support a healthy future. If you have any questions, feel free to reach out to any of our board members. Thank you. *Brian Snyder*



Upcoming Events

New Mexico Swimming Senior State Champs: July 9-11th
(Albuquerque Academy)

2021 Speedo Summer Sectionals:
July 15th-18th (Austin, Texas)

Otter Summer Splash: July 17th
(GCCC)

New Mexico Swimming 14 and Under State Champs: July 22-25th
(NMSU)

Western Zone Age Group Champs:
Aug 4th- Aug 7th (Lewisville, Texas)

SFAC Swim-a-thon/Team Party
August 14th

Coaches Corner: *Coach Lee Romero Taylor*

SAFE Sport: In June SFA became a [Safe Sport Recognized](#) club with USA Swimming. Thank you to our athletes, parents, and coaches who helped us with this amazing accomplishment! We are **the first and only** swim team in New Mexico that has been awarded this distinction. We are COMMITTED to providing a healthy, and positive environment free from abuse for everyone on our team. -- add in something about Board Member Michael Gibson being the driving force behind this effort

Promotions: Swim group promotions are an important way of recognizing a swimmers hard work and progression with the sport and ensures they continue to be challenges and swim with peers of similar ability.

Congratulations to Eli Balard for moving into our white group, both Katija Offermann and Kemper White have moved into the Red group and Nina Lyons and Ruby Shallah have moved to the Black group. Great job to those swimmers for putting in the work to make this happen. We have some others who are getting close so keep up the great work and please ask your coaches what you need to do to get to the next level.



Kemper and Katja, 2019

Back to Competition! We've finally been able to attend meets again with some regularity over the past couple of months. Our swimmers attended meets in Albuquerque as well as a Team travel meet to Arizona, with best times swum at each competition and lots of fun had. It's been so great to see the team racing again and to see the results of their hard work at practices coming to fruition. I'm hopeful as this season winds down that we can get more of our swimmers into the last few meets before the August break. Check the Events schedule and sign up if you're able!

Arizona meet: What a total blast the team had at the Narwhal Invite. So fun for all the swimmers and parents to spend time bonding outside the pool in between swimming hard and cheering. It was definitely a meet to remember with swimmers and Coaches surviving and thriving through temperatures up to 113°F! Coach Lee said he has never had to endure elements like that at a competition. That said, we still saw some great swims!

Albuquerque meets: Our swimmers attended at least 3 local meets this month and more to come in July. New Swimmers had a great experience attending a small meet and recently at the VAST meet ALL swimmers did an amazing job and made it to the finals!

New swimmers are encouraged to try to attend meets, to learn the ropes and see what competition is all about. Please talk to your coach if you have questions or want to see if they are ready.



Nutrition bytes and Cross Training

In addition to being mindful of good nutrition, cross training is important for keeping swimmers fit and preventing injury. As COVID restrictions are lifting we have moved Coach Erins dry-land training back to in-person, before swim practice. We encourage all swimmers to attend their assigned dry-land training.



Coach Erin showing the seniors how its done.

Older and Wiser

Happy birthday to all the SFA swimmers who are having or had a birthday Recently!



July: Sophia Bair (13), Rodion Jacques (15), Nina Lyons (14), Sonya Mendez (12), Ruby Sallah (14)

August: Ophelia Graffe (11), Henry Lyons (16), Elena Roth (10), Ella Tyroler (16), RJ Vega (12),

Swimmers in the Spotlight



Senior boy, Henry, Ethan and Elias s headed to Elite Distance swim camp at Kenyon College, Ohio for the week! They swam ~10,000 yards a day, and working on technique and race philosophy.

Swim Team Party!

Date: **August 14th,**

Time: 3:00-5:00pm

Where: SWAN Park

Bring a small snack to share with everyone!



We value your feedback! Please send us an email if you have any question or news to share. sfacbusiness@gmail.com

