



2021 Del Norte Series Swim Meets

Hosted by WETT Swim Club

1st Meet – Sunday, October 10, 2021

2nd Meet – Sunday, November 7, 2021

3rd Meet – Saturday, December 4, 2021

4th Meet (IM Ready) - Saturday, January 8, 2021

THE DEL NORTE SERIES IS A CUMULATIVE SERIES WITH HIGH POINT AWARDS FOR TOP 3 SWIMMERS IN EACH AGE GROUP

Event: **Del Norte Meet II** **Sunday, November 7, 2021**

Host: WETT Swim Club – WETT, member of Border Swimming invites current USA Swimming registered swimmers to participate in the Del Norte Series Swim Meets.

Sanction: Held under the sanction of USA Swimming, Inc. and Border Swimming, Inc. This meet will be held under sanction number BD 21-12.

Disclaimer: In granting this sanction/approval, it is understood and agreed by all parties that USA Swimming, Border Swimming, the City of El Paso and any sponsors shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event in accordance with USA Swimming, Inc., Rules and Regulations. We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Purpose: The 2021 Del Norte Series Swim Meets are a series of four meets, SCY timed final. The purpose of these meets is to introduce new age group swimmers to the conduct of swim meets and to the policies and procedures of competitive swimming organized under USA Swimming. The meets will intentionally be run in a more relaxed manner to help the developing swimmers (and swim parents) become familiar with the meet process. However, all current USA Swimming rules will be enforced. All parents, coaches, swimmers, and officials are urged to be patient and supportive. As well as new swimmers, there will be new coaches and new officials on deck.

Meet Director	Amie Goeldner	amiegoeldner@gmail.com	(915) 238-7775
AO Administrative Official	Brett Elliott	Brett.r.elliott@gmail.com	(832) 868-8390
Meet Referee	John Bernhard	bernhardconst@yahoo.com	(915) 241-1880

Location: Westside Natatorium a City of El Paso facility (915) 212-0458
650 Wallenberg Drive, El Paso, TX 79912

Spectator Fees: The City of El Paso will collect a \$3 spectator fee per person.

Facility: The Pool is a 50 meter indoor pool with moveable bulkhead configured for eight (8) twenty five (25) yard racing lanes, non-turbulent lane lines and turn flags in place. There will be up to eight additional twenty five yard lanes for warm-up/cool down. The pool includes sloped starting blocks with adjustable track start footrests and lane speakers under each block. Separate changing rooms with showers and lavatories for men and women. Electronic timing equipment (Colorado timing and Hy-Tek software) with touchpads will be used. The water depth is at least 7 ft on both start and turn ends. The competition course has been certified in accordance with 104.2.2C(4).

The Natatorium has upstairs grandstand seating for spectators. Bleachers for swimmers and tables and chairs and open areas for coaches are available in the deck of the pool. **Parents and spectators are not allowed on the pool deck.** No wet athletes are allowed in the grandstands. Swimmers going up to the spectator area must dry off and cover up before leaving the pool deck or changing rooms. **Food and drinks other than water, are not allowed on the pool deck.** There are separate rest room facilities for athletes and spectators. Athlete locker rooms are always off limits for spectators and volunteers. Please use the hallway facilities rather than the locker rooms. Alcoholic beverages, smoking and use of other tobacco products are prohibited in all areas of the venue.

Rules: 2021 USA Swimming and, where applicable, 2021 BorderSwimming Rules and Regulations will govern the conduct of the meet. The USA Swimming whistle start and no recall procedure will be used. **Coaches and officials will be required to display their current 2021 registration cards.**

The Meet Director has the authority to modify this invite as needed. The Meet Director and/or Meet Referee reserves the right to make changes in format based on the number of entered swimmers.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All swimmers must be supervised by a coaching member of USA Swimming during warm up sessions, competition and warm down. Swimmers with disabilities are welcome and should notify meet director if special accommodations are needed.

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. **Deck changes are prohibited** under USA Swimming rules (202.2.9.1).

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectators' areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All participants, athletes and non-athletes, must adhere to the USA Swimming Code of Conduct as described in Article 304 of the USA Swimming Rules and Regulations

Swimwear: All swimwear must comply with current FINA and USA Swimming Rules and Regulations. No tech suits for swimmers 12 and under that are not approved by USA Swimming. Swimmers wearing approved suits must declare prior to the start of the meet to the Meet Referee.

- Sessions:** The Meet Director reserves the right to re-arrange or combine sessions and events based on the number of swimmers entered, and may cap the number of entries based upon among other considerations: order received; age group of swimmers; and number of events entered. The Meet Director will consult with affected coaches if changes are required. The second session warm up will start no earlier than 10:30am, with the second session start time to be approximately 30 minutes after the end of the first session.
- Eligibility:** Competitors must be 2021 USA Swimming registered athlete members. No swimmer will be permitted to complete unless the swimmer is a member as provided in Article 302. No on-deck registration will be permitted. A swimmer's age will be determined as the first day of the Del Norte Series Swim Meet, October 10, 2021. Swimmers may enter one, two, three or all four meets of the series; each of the four meets will be entered separately. Athletes who compete in ALL 4 MEETS based on their age as of October 10, 2021.
- Entry fees:** Entry fee is \$45 per swimmer per meet (not per event) in the series. Checks are to be made payable to WETT Swim Club and paid prior to the start of the meet.
- Entry Limit:** Swimmers are limited to a maximum of four (4) events per meet.
- Time Standard:** Athletes may NOT enter an event in which they have previously achieved a BB time or other maximum time other wise stated for that age group prior to the *FIRST Del Norte, October 10th*, in either short course or long course competition. They may, however, enter other events in the meeting which they have not received a BB time. This type of meet is intended for developmental swimmers.
- Entry Forms:** Team entries are to be submitted by emailed Hy-Tek entry. Non-electronic entries will NOT be accepted. Each swimmer's date of birth and complete USA Swimming ID number must appear on the entry. Failure to fully complete an entry will result in that entry not being accepted. A person responsible for entering an unregistered swimmer as registered will be subject to a fine up to \$100 per event per entry.
- Entry Deadline:** The entry deadline for Del Norte I will be 11 pm on Friday, October 29, 2021. This is a **FIRM** deadline. Entries received after this deadline may be **REJECTED**. **Email entries to Monica Benjamin at monica.benjamin@gmail.com** No deck entries or changes will be accepted.
- Seeding:** This meet is a pre-seeded, timed finals event. Events will be seeded slowest to fastest.
- Scoring:** Age groups are 6 & Under, 7-8, 9-10, 11-12, and 13-14. Points will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for 1st – 8th place in each event.
- Awards:** Ribbons for 1st–8th place for each event. There will be a small award given to heat winners.
- The Del Norte Series will be a “cumulative points meet” with awards given to the top *THREE* High Point winners for each age group at the conclusion of the *SERIES* (four meets).**
- Safety Marshals:** Safety marshals shall be on deck and in the grandstands to enforce safety guidelines. **NO PARENTS OR SPECTATORS ON THE POOL DECK AT ANY TIME.** The marshals, under the direction of the Meet Referee, shall have the authority to remove any individual engaging in unsportsmanlike conduct, or found to be in violation of swimming ethics or procedures outlined in the meet information. USA Swimming certified coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures.

Sportsmanship: No competitive contest can be held without competent and impartial officials. Officials must have the respect and support of coaches, athletes, and spectators. Likewise, officials must conduct themselves in a courteous and respectful manner toward coaches, athletes and the public. On and/or off-record criticism of officials to swimmers or the public shall be considered unethical behavior. For a coach to address uncomplimentary remarks to any official during the progress of the meet, or indulge in behavior which might incite competitors or spectators against officials shall be considered conduct unworthy of a member of the coaching profession and will result in the removal of the offender from the facility as well as further disciplinary action. The same is true for officials.

Warm-ups: Border Swimming mandatory warm-up policies will be in effect and enforced at the meet. A current USA Swimming registered and valid coach for each swim team must be present to conduct their team's warm-up sessions. Warm-up times and lane assignments will be posted at the pool.

All Coaches will serve as marshals during warm ups and will be responsible for monitoring and enforcing safety rules and regulations in assigned warm up lanes.

All meet warm ups shall be scheduled for one 30 minute session. Teams shall be assigned a warm up session and notified of such session by the host team.

The first twenty (20) minutes of each session shall be designed as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.

During the last TEN (10) minutes of each warm up session sprint lanes shall be open as follows: the lane you have been assigned for warm-up will be your sprint & return lane. Before using sprint lanes, they must be cleared of all swimmers. There will be NO DIVING at any time. RACING STARTS ONLY will be allowed at the start end, but the swimmers swim back in return lanes

EVENTS FOR DEL NORTE II

Warm Up	7:45 am	Sunday, November 7, 2021	Meet Start	9:00 am
All swimmers must have entry times slower than BB times or as otherwise listed below*				
SESSION #1 8 & UNDER				
Girls Event #	SCY	Events	SCY	Boys Event #
1	46.00	8 & Under 50 Back	46.00	2
3	18.00	6 & Under 25 Free	18.00	4
5	16.00	7-8 25 Free	16.00	6
7	24.00	6 & Under 25 Back	24.00	8
9	19.00	7-8 25 Back	19.00	10
11	28.00	6 & Under 25 Breast	28.00	12
13	21.00	7-8 25 Breast	21.00	14
15	24.00	6 & Under 25 Fly	24.00	16
17	19.00	7-8 25 Fly	19.00	18
19	40.00	8 & Under 50 Free	40.00	20
Session #1 will be followed immediately by a 30 minute break for warm up of the second session.				
SESSION #2 9-14				
Girls Event #	SCY	Events	SCY	Boys Event #
21	1:30.79	9-10 100 Back	1:29.29	22
21	1:18.09	11-12 100 Back	1:15.69	22
21	1:11.19	13-14 100 Back	1:06.39	22
23	35.19	9-10 50 Free	34.49	24
25	31.29	11-12 50 Free	30.29	26
27	30.19	13-14 50 Free	27.79	28
29	41.89	9-10 50 Back	42.29	30
31	35.39	11-12 50 Back	34.99	32
33	35.39	13-14 50 Back	34.99	34
35	47.49	9-10 50 Breast	46.59	36
37	39.99	11-12 50 Breast	39.49	38
39	39.99	13-14 50 Breast	39.49	40
41	41.79	9-10 50 Fly	40.49	42
43	33.89	11-12 50 Fly	34.19	44
45	33.89	13-14 50 Fly	34.19	46
47	1:19.99	9-10 100 Free	1:18.79	48
47	1:08.29	11-12 100 Free	1:05.89	48
47	1:05.49	13-14 100 Free	1:00.89	48

WESTSIDE NATATORIUM RULES AND REGULATIONS

1. All participants must follow the CDC "Healthy Swimming Policy" and shower before entering the water, no exception.
2. All persons using Westside Natatorium must abide by the Code of Conduct.
3. NO chewing gum, food or color based drinks will be allowed on the pool deck, water only.
4. Participants/Spectators are not permitted to have signs or banners larger than 8 ½ in. by 11 in., confetti, balloons, or glass containers.
5. Participants/Spectators are not permitted to have artificial noisemakers. (E.g. thunder sticks cowbells, clappers, air horns, etc.).
6. Individuals, other than lifeguards, are not allowed on the bulkheads at any time.
7. Use of starting blocks is prohibited, except during official swim meets and swim team practices.
8. Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck- all spectators and parents must remain in the viewing stands.
9. Participants/Spectators are not allowed to stand in front of or lean over the rails.
10. Participants/Spectators are not allowed to stand or sit in the aisle.
11. Participants/Spectators are not allowed to use other areas of the Westside Natatorium complex during an event/practice without purchasing a Daily Admission at the main entrance.
12. Spectators are allowed one small cooler that can be placed directly under their seating area. Teams are allowed two ice chests on deck provided they do not contain glass items; bottled water is allowed.
13. Participants in swim suits are not allowed in the spectator seating area.
14. Each competing team is permitted one temporary banner during a swim meet placed at the discretion of the Aquatics Manager. Team banners must not exceed 3' by 6'. Banners must not block the spectator viewing.
15. Folding chairs are not allowed in the spectator and deck area. The walkways must stay clear at all times.
16. Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited.
17. Face-painting or body painting of any kind is not permitted at the Natatorium.
18. Pool staff has the authority to eject or suspend anyone from natatorium use and/or program privileges for those that fail to abide by these policies and regulations.

COVID-19 Restrictions:

In accordance with USA Swimming Return to Competition guidelines, a COVID19 Supplement accompanies this meet announcement that contains:

- a) A statement of the local protocols and requirements.
- b) One (1) spectator per athlete allow at the swim meet, they must report to check-in table at entrance of the facility to obtain admission bracelet and to pay a \$3.00 spectator fee from The City of El Paso Parks & Recreation Department.
- c) The planned number of individuals gathering in the spaces: pool, deck Officials, Volunteers, etc.
- d) Safe Sport considerations to ensure parents have access to and/or the opportunity to observe their child.
- e) An attestation statement in which the meet host attests that the conduct of the meet will adhere to local jurisdictional guidelines.
- f) Facemask are strongly recommended for anyone entering the facility.

We have taken enhanced health and safety measures – for you, our other guests, and cast members. You must follow all posted instructions while at the Natatorium Swimming Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By entering the Natatorium Swimming Pool, you voluntarily assume all risks related to exposure to COVID-19. USA Swimming, Inc., cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND BORDER SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SAFE SPORT:

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after October 10, 2021, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.