



Poppa's Day Invitational 2022

JUNE 24-26, 2022

- Host:** Desert Sharks Swim Club, 2022- Open to athletes who are 2022 USA Swimming Border-registered athlete members.
- Sanction:** Held under the sanction of USA Swimming, Inc. and Border Swimming LSC, Inc., Sanction#: BD 22-12.
- Purpose:** The purpose of 2022 Desert Sharks Swim Club "Poppa's Day Invitational 2022 invitational" is to provide swimmers an opportunity to obtain official swim times in the distance/sprint events. All current USA Swimming rules will be enforced.
- Desert Sharks Swim Club wants to provide a family/team bonding event by a non-score relay amongst family and team members. Any swimming participants and their respective families.
- Location:** Westside Natatorium
650 Wallenberg Dr.
El Paso, TX 79912
- Facilities:** The Westside Natatorium includes an indoor 50-meter competition pool with eight (8) racing lanes, with non-turbulent lane lines, sloped starting blocks and turn flags in place. A warm-up/cool-down lane in a pool in an attached building will be available throughout the meet. There are separate changing rooms with showers and lavatories for men and women, with spectator seating above the deck of the pool. Electronic timing equipment (Colorado 6000 timing and Hy-Tek Meet Manager 7 Software) will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The water depth at both the start end and turn end of pool is 7 ft. City of El Paso Westside Natatorium Rules and Regulations are included at the end of this document. Access to the pool deck will be only for athletes, coaches, officials, and meet volunteers.
- The facility WILL have dressing rooms available, showers and lavatories for men and women will be limited in use. On a per case basis. One (1) spectator per athlete allowed at the swim meet. Athlete & Spectator must report to the check-in table at entrance of the facility to obtain admission bracelet and to pay a \$3.00 spectator fee from The City of El Paso Parks & Recreation Department. Volunteers will be given a designated badge from the host team prior to the entrance of the facility.
- Meet to be Live Streamed. Link to be provided. Only scheduled volunteers will be allowed in the Facility



Disclaimer: In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that the Desert Sharks Swim Club, The City of El Paso Parks & Recreation Department and Border Swimming LSC, shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

Meet

Director: Mayra Morales
mayravanm@yahoo.com
(915)-873-4168

Meet

Referee: Faye Phelps
(915)-355-2686

Admin

Official: Ruben Pallares
ruben.e.pallares@gmail.com
(915)-526-8131



Rules: Unless otherwise noted herein, this meet shall be conducted in accordance with the 2022 USA Rules and Regulations. The USA Swimming whistle start, and no recall procedure will be used. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Deck changes are prohibited. Changing into or out of swimsuits other than in locker rooms or other designated areas is not allowed under USA Swimming rules (202.4.10.I). Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. All participants, athletes and non-athletes, must adhere to the USA Swimming Code of Conduct as described in Article 304 of the USA Swimming Rules and Regulations.

Meet

Eligibility/

Proof of

Registration: This meet is open to all 2022 USA Swimming/Fina registered athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. There will be no on-deck registration. Flex Membership Registered Swimmers are eligible to enter if they have not already participated in two (2) USA Swimming sanctioned meets this membership year. This sanctioned meet will count towards that limit. Disabled swimmers are welcome. The swimmer or coach should contact the Meet Referee if any special considerations are needed.

Please note: All FINA registered swimmers **must present** a document (letter) from their national federation (Mexican Swimming Federation (FMN) for Mexican athletes) stating the specific named individuals are members in good standing of the federation.

Entry

Forms:

Team entries are to be submitted by emailed Hy-Tek entry. Non-electronic entries will NOT be accepted. Each swimmer's date of birth and complete USA-S number must appear on the entry. Failure to fully complete an entry will result in that entry not being accepted. Entries must be fully legible. Teams can email their HY-TEK Team Manager Entry files as listed below. **The USA membership affidavit must be signed and returned with the entries.** A person responsible for entering an unregistered swimmer as registered will be subject to a fine of up to \$100 per event per entry.



Schedule:

Day	Session	Warm up	Start time
Friday	1	3:00 PM	4:15 PM
Saturday	2	7:00 AM	8:15 AM
Saturday	3	1:00 PM	2:15 PM
Sunday	4	7:30 AM	8:45 AM

Events: Swimmers will be restricted to 9 individual events (3/Fri, 4/Sat, 2/Sun) and 1 relay/day. Times may be submitted using long course meters (LCM) or short course yards (SCY). Look over events for timed breaks. No others will be added.

Time Standards

Verification: Numerous events require a minimum time standard for entry. Time standards are included in the TM File and the times are posted in the Tables of Sessions 1, 2, 3 and 4 with their given events under this file. Swimmers entered events with times outside of the standards will be removed from the event and will forfeit their entry fee. For the 800 freestyle we are requiring a minimum of a B time standard or that they have achieved a minimum of a B time standard for the 400 meters/500 yard event.

Event Seeding: This is a PRE-SEEDED time-final long course, age group meet. A “B” time in either LCM or SCY is required for all events 200 meters and longer. All events will be swimming fast to slow. The age groups 11 & over, 12 & under, 13 & Over and Open will be combined for competition and then separated for results.

Positive Check-in is required 30 minutes prior to the start of the session for all 400’s events and will be deck seeded and which will swim alternating heats of girls/boys fast to slow.

Relays: Each team is asked to pre-enter relays teams and will be permitted to modify order, scratch, or add additional relays on deck. All relays will be deck seeded, timed final events.

Entry Chair: Luis Vidana
Lavidana2@miners.utep.edu,
14900 Sunnyland, El Paso, TX. 79938

Entry deadline: Entries are due Thursday, **June 16th 2022 by 11:59 PM**. Entries received after the deadline will be considered late entries. Late entries and changes will be accepted on a lane available basis via email through 9:00 PM, **Saturday, June 18th, 2022**. Any entries received after this deadline will have to be processed as deck entries. Deck entries may be accepted on a space available basis at the meet on deck.



Entry deadline: NO DECK ENTRIES. ALL INDIVIDUAL & RELAYS MUST BE PRE-ENTERED.

Entry fees: Individual Events: \$8.00 per event
 Relays: \$16.00 per event
 Surcharge: \$12.00 per swimmer

Team entries are to be submitted by emailed Hy-Tek entry. **Non-electronic entries will NOT be accepted.** Each swimmer's date of birth and complete USA-S number must appear on the entry. Failure to fully complete an entry will result in that entry not being accepted. Entries must be fully legible. Teams can email their HY-TEK Team Manager Entry files as listed below. **The USA membership affidavit must be signed and returned with the entries. A person responsible for entering an unregistered swimmer as registered will be subject to a fine of up to \$100 per event per entry.**

The Swimmer surcharge includes a \$1.00 fee on behalf of Border Swimming to establish an LSC scholarship for deserving swimmers. No refunds for scratches, no shows, or entry of ineligible swimmers. All check should be made payable to DSSC. Credit card payments will be accepted. All entry fee balances are due before the meet is over unless prior arrangements have been made.

Age Groups: The age groups for this meet will be 10 & under, 11-12, 13-14, 15 & over.

Scoring: Scoring is as reflected below. No team points and relay points. Only individual high points.

Places	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Awards: Individual Events 1st through 8th
 Relay Events 1st through 3rd
 High Point* 1st through 3rd

*Ties for high point will be broken using the Hy-Tek Single Age Group Point System for 14 and under and FINA point system for 15 and over. Awards will be sent out to teams' mailbox after the end of the meet.

Meetings: There will be officials meeting 30 minutes before the start of each session and coaches meeting 15 minutes before the start of each session.



Warm-ups: Border Swimming mandatory warm-up procedures will be enforced. A USA-Swimming/FINA registered coach for each team must be present to conduct their team's warm-up sessions. Warm-up lane assignments will be posted at the pool behind the starting blocks.

1. General warm up (initial period)
 - a. All lanes to be used for general warm-up. Circle swimming only.
 - b. Swimmers must enter the pool feet first. NO DIVING or JUMPING allowed from the blocks or the edge of the pool.
 - c. No sprint work allowed during general warm-up sessions.
 2. Coach Responsibilities
 - a. Coaches shall instruct their swimmers regarding these guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall supervise and be responsible for the conduct of their swimmers throughout the meet, including the warm-up session.
- All meet warmups shall be scheduled for two 30-minute sessions. Teams shall be assigned a warm up session and notified of such session by the meet director. When the number of swimmers does not warrant splitting the sessions, one warm up session may be held.
 - The first TWENTY (20) of each session shall be designated as a GENERAL WARMUP SESSION. There shall be ALWAYS FEET FIRST ENTRIES ONLY AND during the general warm up session. Lanes maybe used for pace circle or return swim only. Swimmers shall not mount the starting blocks at any time.
 - Social Distancing will be enforced behind the Blocks. Swimmers must be 6 feet apart and coaches must start them from the side of the pool rather than next to the blocks.
 - During the last TEN (10) minutes of each session sprint lanes shall be open as follows: the lane you have been assigned will be you sprint and return lane. Before using sprint lanes, they must be cleared of all swimmers. There will be NO DIVING at any time. RACING STARTS ONLY will be allowed at the start end, but the swimmers may swim back in return lanes.
 - Warm up and warm down lanes will operate under the same rules and regulations as general warm up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm-up/down lane at any one time. Coaches will be responsible for informing their swimmers of this requirement. Diving and racing start (backstroke included) are NOT permitted in the warmup/warm down lane.



2022 Poppa's Day Invitational Order of Events & Time Standards				
<i>Session I - Friday June 24, 2022</i>				
Warm-up Starts 3:00 pm		Meet Starts 4:15 pm		
LCM/SCY	Girls	Event	Boys	LCM/SCY
	Event #	Description	Event #	
11-12, 3:52.59/3:20.89	1	11 & over 200 breast	2	11-12, 3:44.69/3:14.09
13-14, 3:39.69/3:10.89				13-14, 3:25.49 / 2:56.59
15 & over, 3:35.89 / 3:05.89				15 & over, 3:15.39 / 2:48.19
10 & under, 4:09.39 / 3:38.49	3	12 & under 200 I.M.	4	10 & under, 4:06.19 / 3:35.49
11-12, 3:26.09 / 3:00.19				11-12, 3:23.79 / 2:57.29
11-12, 3:24.49 / 2:56.59	5	11 & over 200 back	6	11-12, 3:19.49 / 2:51.99
13-14, 3:12.39 / 2:46.79				13-14, 3:02.09 / 2:36.79
15 & over, 3:08.39 / 2:42.99				15 & over, 2:53.79 / 2:27.99
	7	12 & Under 50 breast	8	
11-12, 3:24.89 / 2:59.99	9	11 & Over 200 fly	10	11-12, 3:20.49 / 2:53.19
13-14, 3:12.99 / 2:48.99				13-14, 3:00.89 / 2:38.19
15 & over, 3:07.29 / 2:45.29				15 & over, 2:52.29 / 2:31.29
13-14, 6:06.79 / 6:47.79	11	13 & Over 400 free	12	13-14, 5:49.09 / 6:26.59
15 & over, 5:58.49 / 6:40.59				15 & over, 5:33.69 / 6:10.59
<i>Note: All events will be fastest to slowest.</i>				
<i>Note: All 400 freestyle events will require positive check-in and will be alternating heats girls/boys.</i>				



2022 Poppa's Day Invitational Order of Events & Time Standards				
<i>Session II - Saturday June 25, 2022</i>				
Warm-up Starts 7:00 am			Meet Starts 8:15 am	
LCM/SCY	Girls	Event	Boys	LCM/SCY
	Event #	Description	Event #	
	13	12 & under 100 breast	14	
	15	12 & under 100 back	16	
10 & under, 3:45.79 / 3:18.99	17	12 & under 200 free	18	10 & under, 3:33.49 / 3:06.69
11-12, 3:02.29 / 2:40.39				11-12, 2:57.49 / 2:34.59
	19	12 & under 50 free	20	
	21	12 & under 100 fly	22	
	23	10 & under 200 medley relay	24	
	25	11 - 12 200 medley relay	26	
<i>Note: All events will be fastest to slowest.</i>				
<i>Note: Relay Changes are due at the conclusion of Event 16.</i>				

2021 Poppa's Day Invitational Order of Events & Time Standards				
<i>Session III - Saturday June 25, 2022</i>				
Warm-up Starts 1:00 pm			Meet Starts 2:15 pm	
LCM/SCY	Girls	Event	Boys	LCM/SCY
	Event #	Description	Event #	
13-14, 3:15.79 / 2:49.79	27	13 & over 200 I.M	28	13-14, 3:04.59 / 2:39.99
15 & over, 3:11.89 / 2:46.79				15 & over, 2:56.59 / 2:31.69
	29	13 & over 100 back	30	
13-14, 2:54.29 / 2:32.09	31	13 & over 200 free	32	13 - 14, 2:44.09
15 & over, 2:50.49 / 2:29.39				15 & over, 2:37.39 / 2:16.49
	33	13 & over 100 fly	34	
	35	13 & over 100 breast	36	
	37	13 & over 50 free	38	
	39	13 & Over 200 medley relay	40	
13-14, 12:35.99/14:01.99	41	13 & Over 800 Freestyle	42	13-14, 12:05.89/13:21.19
15 & over, 12:21.29/13:49.19				15 & over, 11:40.09/12:52.09
<i>Note: All events will be fastest to slowest. Events 41 & 42 will require positive check-in will be run by alternating heats of girls and boys.</i>				
<i>Note: Relay changes are due at the conclusion of event 32.</i>				



2022 Poppa's Day Invitational Order of Events & Time Standards

Session IV - Sunday June 26, 2022

Warm up Starts at 7:30 am

Meet Starts at 8:45 am

Time standards	Girls	Event	Boys	Time standards
LCM/SCY	Event #	Description	Event #	LCM/SCY
13-14, 6:57.39 / 6:03.59	43	13 & over 400 I.M.	44	13-14, 6:32.69 / 5:41.49
15 & over, 6:47.89 / 5:55.89				15 & over, 6:14.09 / 5:41.49
	45	12 & under 50 back	46	
	47	Open 100 free	48	
	49	12 & under 50 fly	50	
	51	11 - 12 200 free relay	52	
	53	13 & over 200 free relay	54	
		FAMILY RELAYS		

Note: All events will be fastest to slowest.

*Note: Relay cards with changes are due **NO LATER** than the start of event 43 & 44.*

*Note: Events 400 yards or more require positive check in and will be run alternating heats girls/boys. **Family relay** cards are due at the conclusion of events 45 & 46.*



Westside Natatorium Rules and Regulations

1. All participants must follow the CDC “Healthy Swimming Policy” and shower before entering the water, no exception.
2. All persons using Westside Natatorium must abide by the **Code of Conduct**.
3. **No** chewing gum, food or color-based drinks will be allowed on the pool deck, water only.
4. Participants/Spectators are not permitted to have signs or banners larger than 8 ½ in. by 11 in., confetti, balloons, or glass containers.
5. Participants/Spectators are not permitted to have artificial noise makers, (e.g., Thunder sticks, cowbells, clappers, air horns, etc.)
6. Individuals, other than lifeguards, are not allowed on the bulkheads at any time.
7. Use of starting blocks is prohibited, except during official swim meets and swim team practices.
8. Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck. All Spectators and parents must remain in the viewing stands.
9. Participants/Spectators are not allowed to stand in front of or lean over the rails.
10. Participants/Spectators are not allowed to stand or sit in the aisle.
11. Participants/Spectators are not allowed to use other areas of the Westside Natatorium complex during an event/practice without purchasing a Daily Admission at the main entrance.
12. Spectators are allowed one small cooler that can be placed directly under their seating area. Teams are allowed two ice chests on deck provided they do not contain glass items; bottled water is allowed.
13. Participants in swimsuits are not allowed in the spectator seating area.
14. Each competing team is permitted one temporary banner during a swim meet placed at the discretion of the Aquatics Manager. Team banners must not exceed 3’x6’. Banners must not block the spectator viewing.
15. Folding chairs are not allowed in the spectator or deck area. The walkways must always stay clear.
16. Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited.
17. Face-painting or body painting of any kind is not permitted at the Natatorium.
18. Pool staff has the authority to eject or suspend anyone from natatorium use and/or program privileges for those that fail to abide by these policies and regulations.