



DSSC Poppas' Invitational 2022 Warm up assignments.



Friday, session 1, 1st warm-up 3:00 PM - 3:30 PM	
Lane 1	EPAP
Lane 2	EPAP
Lane 3	EPAP
Lane 4	RAST
Lane 5	DSSC/UN-BD
Lane 6	DSSC
Lane 7	DSSC
Lane 8	MILEM/JCAT

Friday, Session 1, 2nd warm-up 3:30 PM - 4:00 PM	
LANE 1	SWAT
LANE 2	SWAT
LANE 3	SWAT/BAT
LANE 4	WETT
LANE 5	WETT
LANE 6	WETT/CCSC
LANE 7	BLAST
LANE 8	BLAST/WILD

Saturday, Session 2, 1st warm up 7:00 AM-7:30 AM	
Lane 1	EPAP
Lane 2	EPAP
Lane 3	EPAP
Lane 4	RAST/UN-BD
Lane 5	DSSC
Lane 6	DSSC
Lane 7	DSSC
Lane 8	DSSC

Saturday, Session 2, 2nd warm up 7:30 AM-8:00 AM	
Lane 1	SWAT
Lane 2	SWAT/BAT
Lane 3	BLAST
Lane 4	BLAST/LCAT
Lane 5	MILEM
Lane 6	WETT/WILD
Lane 7	JCAT/CCSC
Lane 8	OPEN

Saturday, Session 3, 1st warm up 1:00 PM-1:30 PM	
Lane 1	EPAP
Lane 2	EPAP
Lane 3	EPAP
Lane 4	WILD
Lane 5	DSSC
Lane 6	DSSC
Lane 7	DSSC
Lane 8	DSSC/BLST

Saturday, Session 3, 2nd warm up 1:30 PM-2:00 PM	
Lane 1	WETT
Lane 2	WETT
Lane 3	WETT/LCAT
Lane 4	CCSC/UN-BD
Lane 5	SWAT
Lane 6	SWAT
Lane 7	SWAT/BAT
Lane 8	RAST/MILEM

Sunday, Session 4, 1st warm up 7:30 AM-7:50 AM	
Lane 1	RAST
Lane 2	RAST/DSSC
Lane 3	DSSC
Lane 4	DSSC
Lane 5	DSSC
Lane 6	DSSC
Lane 7	DSSC
Lane 8	DSSC

Sunday, Session 4, 2nd warm up 7:50 AM-8:10 AM	
Lane 1	EPAP
Lane 2	EPAP
Lane 3	EPAP
Lane 4	EPAP/LCAT
Lane 5	WETT
Lane 6	WETT
Lane 7	WETT/JCAT
Lane 8	CCSC/UN-BD

Sunday, Session 4, 3rd warm up 8:10 AM-8:30	
Lane 1	SWAT/BAT
Lane 2	SWAT
Lane 3	SWAT
Lane 4	SWAT
Lane 5	BLAST
Lane 6	BLAST
Lane 7	BLAST/MILEM
Lane 8	WILD