

NOVAQUATIC SWIMMING

Group Progrssion

Irvine Location

Bronze

Silver

Gold

9-10	Qualifying Times	Bronze I Legal strokes	Age-Group Silver I: 10-under	Age-Group: Gold I: 10-under	
	Workouts offered	5			
	Attendance	60%			
9-10	Qualifying Times	Bronze II 2x'Red' standards	5x'Blue' standards in 3 different strokes	3x 11-12 'Blue' standards in 3 different strokes	
	Workouts offered	5			6
	Attendance	70%			85%
9-10	Qualifying Times	Bronze III 4x'Red' + 1x'Blue' standard	Age-Group Silver II: 11-12	Age-Group Gold II: 11-12	
	Workouts offered	5			
	Attendance	80%			
11-12	Qualifying Times	Bronze I Legal strokes	3x'Blue' standards in 3 different strokes	3x'Spring JO' standards	
	Workouts offered	5			6
	Attendance	60%			85%
11-12	Qualifying Times	Bronze II 2x'Red' standards	Senior Silver I: 13-14	Age-Group Gold II: 13-14	
	Workouts offered	5			3x'Blue' standards
	Attendance	70%			6
11-12	Qualifying Times	Bronze III 5x'Red' standards	Senior Silver II: 13-older	Senior Gold I: 13-14 Girls-2x2018 Sectional Bns Boys-2x2018 Sectional Bns	
	Workouts offered	5			3x'Blue' standards
	Attendance	80%			6
13-14	Qualifying Times	Senior Bronze: 13-14 N/A	Senior Gold II Girls & Boys 15+ 2 x Gold II Standards (2018 Sectional Standards)	Senior Gold II Boys 13-14 2 x Gold II Bns Standards	
	Workouts offered	5			
	Attendance	60%			
15+	Qualifying Times	Senior Bronze II: 13-older 3x'Red' standards	Senior Gold I: 13-14 Girls-2x2018 Sectional Bns Boys-2x2018 Sectional Bns	Senior Gold II Girls & Boys 15+ 2 x Gold II Standards (2018 Sectional Standards)	
	Workouts offered	5			3x'Blue' standards
	Attendance	60%			6