

Aaron Peirsol



PRONOUNCED: (PEER-soll)
CLUB: Unattached
AGE: 36 **DOB:** July 23, 1983
HEIGHT: 6' 4" (193.0 cm)
WEIGHT: 175 lbs (79.4 kg)
HOMETOWN: Irvine, Calif.
RESIDENCE: Austin, Texas
COACHED BY: Eddie Reese / Kris Kubik

FAST FACTS

Three-time Olympian (2008, 2004, 2000)
Seven Olympic medals (5g, 2s)
Eight World medals (7g, 1s)
Seven Olympic Games medals (5g, 2s)

INTERNATIONAL MEDALS

2010 Pan Pacific Champs

2010: Gold, 400m MED-R

2002 Pan Pacifics Champs

2002: Gold, 100m BK; Gold, 200m BK

2006 Pan Pacific Champs

2006: Gold, 100m BK

2004 Olympic Trials

2004: Gold, 100m BK; Gold, 200m BK (WR)

2006 Pan Pacific Champs

2006: Gold, 200m BK (WR)

2001 World Champs

2001: Gold, 200m BK

2002 Pan Pacifics Champs

2002: Gold, 400m MED-R

2010 Pan Pacific Champs

2010: Gold, 100m BK

2006 Pan Pacific Champs

2006: Gold, 400m MED-R

2000 Olympic Games

2000: Silver, 200m BK

2009 World Champs

2009: Gold, 400m MED-R (WR); Gold, 200m BK (WR)

2008 Olympic Games

2008: Gold, 400m MED-R (WR); Silver, 200m BK; Gold, 100m BK (WR)

2007 World Champs

2007: Gold, 100m BK (WR); Silver, 200m BK

2005 World Champs

2005: Gold, 400m MED-R; Gold, 200m BK; Gold, 100m BK

2004 Olympic Games

2004: Gold, 400m MED-R (WR); Gold, 100m BK; Gold, 200m BK (OR)

2003 World Champs

2003: Silver, 800m FR-R; Gold, 400m MED-R; Gold, 200m BK; Gold, 100m BK

Career Highlights:

Captured two gold medals at the 2010 MOO Pan Pacific Championships in the 100m back and 400m medley relay ... won two gold medals and set two world records at the 2009 FINA World Championships in the 200m back and the 400m medley ... earned National Titles in the 100m and 200m back at the 2009 National Championships, setting a world record in both events ... double gold medalist in the 100m back and 400m med-relay at the 2008 Olympic Games; also won a silver medal in the 200m back ... qualified for the 2008 Olympics by placing first in the 100m and 200m back at Trials, setting a world record in each ... broke his own world record and claimed gold in the 100m back at the 2007 World Championships ... before the 2007 World Champs had not lost the 200m back at an international meet since the 2000 Olympic Games, when he finished second ... two-time Olympian who won three gold medals at the 2004 Olympic Games, becoming just the fifth male (fourth American) to sweep the backstroke races ... for the second time in a row, swept the backstroke races at 2005 World Championships, winning both 100m and 200m back and swimming the backstroke leg of the 400m med-relay (he also did it in 2003) ... captured his first international gold medal in 200m back at the 2001 World Champs ... youngest American (age 15) to break two minutes in 200m back when he did it at the 1999 Spring National Championships

Olympics History:

2008: Gold, 100m BK (WR) and 400m MR (WR); Silver, 200m BK ... 2004: Gold, 100m & 200m BK and 400m MR ... 2000: Silver, 200m BK

World Champs History:

2009: Gold 200 BK ... 2007: Gold, 100m BK(WR); Silver, 200m BK ... 2005 & 2003: Gold, 100m & 200m BK & 400m MR ... 2001: Gold, 200m BK

Pan Pacs History:

2010: Gold, 100m BK & 400m MR ... 2006: Gold, 100m BK & 200m BK(WR) & 400m MR ... 2002: Gold, 100m & 200m BK & 400m MR(WR)

SC Worlds History:

2004: Gold, 100m BK & 200m BK(WR) & 400m MR(WR) ... 2002: Gold, 200m BK(WR) & 400m MR(WR); Silver, 100m BK

U.S. Nationals History:

2010: 2, 100m/200m BK; 4, 100m FL

2007 World Rankings:

86th, 200m FR; 26th, 50m BK; 1st, 100m BK; 3rd, 200m BK; 44th, 100m FL; 63rd, 200m FL; 69th, 200m IM

RECORDS:

Holds WR in 200m BK, set at 2009 World Champs ... Holds WR in 400m MED-R, set at 2009 World Champs ... Former WR holder in 100m BK, set at 2009 Summer Nationals ... Former WR holder in 200m BK, set at 2009 Summer Nationals ... Former WR holder in 100m BK, set at 2008 Olympic Games ... Former WR holder in 200m BK, set at 2008 Olympic Trials ... Former AR holder in 400y MED-R, set at 2006 ST American SC Champs ... Former AR holder in 200y MED-R, set at 2006 ST American SC Champs ... Former NAG (17-18) holder in 200m BK, set at 2002 Spring Nationals ... Former NAG (17-18) holder in 100m BK, set at 2002 Spring Nationals

NATIONAL TITLES:

100m Back (5): '06 SUM, '05 SPG (WR), '02 SUM, '02SPG, '01 SPG
 200m Back (6): '06 SUM, '05 SPG, '02 SUM, '02 SPG (WR), '01 SPG (USO), '00 SPG

ADDITIONAL HONORS:

General Accolades: 2005 USA Swimming Male Athlete of the Year ... youngest American (15 years old) to break two minutes in 200m back when he did it at the 1999 Spring National Championships

International: Swam the backstroke leg of both world record-breaking 400m medley relays (1cm and scm)

National Teams: Ten-time National A Team (1999-08)

All-Star Team: Six-time (2001-06)

Meet Honors: 2005 Spring Nationals CP Performance of the Meet winner

Collegiate: 2003 NCAA Swimmer of the Year

Aaron Peirsol

PERSONAL:

High School: Newport Harbor HS '02

College: Texas '06

College Major: Government

Parents: Tim and Wella ... father is a mortgage broker, and mother is a retired dental hygienist

Sibling(s): Younger sister (Hayley) swam at Auburn and was a member of the National Team ...

Aaron and Hayley became the only sibling duo to medal at the same World Champs when

Hayley took silver in the 1500m free, followed by Aaron's gold in the 100m back, both on July 22,

2003 ... older stepsister (Erin) ... stepbrother (Greg) is the same age

Sports Played Before Swimming: Water polo, basketball, baseball, soccer

Nickname(s): Pinesol

Hobbies Outside the Pool: Reading, going to the beach

Ultimate Way to Relax: Going to the beach

Charities: Is an ambassador for the Surfrider Foundation, working to increase awareness of beach and coastal environmental issues ... is a spokesman for Oceana, the largest international organization solely dedicated to ocean advocacy ... serves as a "clean water ambassador" for the Global Water Foundation

Training Stats: Swims 10,000 meters/yards per day, 3 hours a day, 6 days a week

More: Gave up future college eligibility after 2004 NCAA Championships ... youngest American

(age 15) to break two minutes in 200m back, which he did first at 1999 Spring Nationals

More: Enjoys surfing when he's near the ocean; favorite places: the Wedge in Newport Beach,

Calif., for body surfing, and a small beach in Nosara, Costa Rica

More: At the 2006 Nationals, both Aaron and his sister Hayley won national titles on the same

day (Aug. 5) as Hayley captured her first national title in the 1500m free and Aaron won his 11th

national title in the 200m back

Favorites: U.S. city: Newport Beach, Calif. ... int'l destination: Barcelona ... musician: Mason

Jennings ... favorite summer activity: surfing

TOP TIMES

<u>Event</u>	<u>Best</u>	<u>Year</u>
100m BK	51.94	Jul 09
200m BK	1:51.92	Jul 09
100m FL	51.30	Jul 09

CAREER STATS:

- 2010 Pan Pac's - 1 Final, 100m BK; 9 Final, 200m BK; 1 Final, 400m MED-R
Natl Champs - 2 Final, 100m BK; 2 Final, 200m BK; 4 Final, 100m FL
Ultra Swim - 5 Final, 100m BK; 6 Final, 200m BK; 10 Final, 100m FL
- 2009 LCM Worlds - 9 Semi, 100m BK; 1 Semi, 200m BK; 1 Final, 200m BK (WR); 1 Final, 400m MED-R (WR)
WCT - 1 Final, 100m BK (WR); 1 Final, 200m BK (WR); 3 Final, 100m FL
Ultra Swim - 4 Final, 200m FR; t1 Final, 100m BK; 1 Final, 200m BK; 6 Final, 100m FL
- 2008 Olympics - 5 Semi, 100m BK; 1 Final, 100m BK (WR); 1 Semi, 200m BK; 2 Final, 200m BK; 1 Final, 400m MED-R (WR)
TRIALS - 2 Semi, 100m BK; 1 Final, 100m BK (WR); 1 Semi, 200m BK; 1 Final, 200m BK (WR)
08 SCSC GP - 11 Final, 200m FR; t2 Final, 100m BK; t1 Final, 200m BK
08 OSU GP - t1 Final, 100m BK; 1 Final, 200m BK; t3 Final, 200m IM
08 MIZZ GP - 11 Final, 200m FR; 1 Final, 100m BK; 1 Final, 200m BK
- 2007 LCM Worlds - 1 Final, 100m BK (WR); 2 Final, 200m BK
- 2006 Pan Pac's - 1 Final, 100m BK; 1 Final, 200m BK (WR); 1 Final, 400m MED-R
SUM NATS - 1 Final, 100m BK; 1 Final, 200m BK
- 2005 LCM Worlds - 5 Final, 50m BK; 1 Final, 100m BK; 1 Final, 200m BK
WC TRIALS - 1 Final, 100m BK (WR); 1 Final, 100m BK (AR); 1 Final, 100m BK (USO)
- 2004 Olympics - 1 Final, 100m BK; 1 Final, 200m BK (OR)
OLY TRIALS - 1 Final, 100m BK; 1 Semi, 100m BK; 1 Final, 200m BK (WR); 1 Final, 200m BK (AR); 1 Final, 200m BK (USO); 1 Semi, 200m BK
- 2003 LCM Worlds - 2 Final, 800m FR-R; 1 Final, 400m MED-R
- 2002 Pan Pac's - 1 Final, 100m BK; 1 Final, 200m BK; 1 Final, 400m MED-R
- 2001 LCM Worlds - 1 Final, 200m BK
- 2000 Olympics - , 400m MED-R (SCM) (AR); 2 Final, 200m BK