

Safe Sport Training for Athletes – Instructions for Logging In to Training Course

For athletes:

1. Visit www.usaswimming.org/learn.
2. Enter your last name, first name and date of birth into the search parameters boxes. Click “Search”.
3. Click “Continue” next to your name.
4. Click “Go to Learn”.
5. Select “Courses” at the top.
6. For athletes ages 12-17, click on the Safe Sport for Athletes course and complete the course using the prompts.
7. For athletes ages 18 and older, click on SafeSport Training for Adult Athletes.