

Coaches:

As there have been a few questions on the subject as we head into LSC Championships, I am issuing a quick reminder.

The Niagara LSC approved early adoption of the 12 & Under technical suit ban language, approved by the 2018 USA Swimming House of Delegates, effective March 11th, 2019 for all sanctioned competitions.

The 'honor system' is in place. We expect our athletes and coaches to follow the rules of the sport and to act with honesty and integrity. We expect the coaches to inform and educate both the young athletes and their parents so this does not create athletes to be disqualified needlessly.

Please review the USA Swimming Link that addresses this rule here:

<https://www.usaswimming.org/news-landing-page/2019/09/12/tech-suit-restriction-for-12-and-under-swimmers>

If you still have a suit that you are unsure of, bring the suit to the Meet Referee (or designee) prior to competition for evaluation. Do NOT bring an athlete WEARNG a suit for this evaluation, bring it off the athlete, in hand.

During competition, Officials will not look for suit violations. If you suspect an athlete is in potential violation of the swimsuit rule, you as coach, must notify the Deck Referee or Meet Referee as soon as possible after you observe a suit being worn in question.

The Meet Referee (or designee) will conduct an investigation. If a swimwear violation is found, any athlete observed competing with illegal swimwear will be disqualified from that event.

If you have any questions please let me know.

Bob Nicita  
12 and Under LSC Championship Meet Referee