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| **Meet Name** | **2018 GVSL Championships**This is a "closed" competition for member clubs of the Genesee Valley Swim League. |
| **Location & Facility** | Webster Aquatic Center, 875 Ridge Road (Rt. 404), Webster-Schroeder High School in Webster, New York, 14580. One 10-lane 25-yard course with non-turbulent continuous flow through lane lines will be the competition venue for this meet. A separate warm-up/warm-down area is available during competition. The competition course has been certified in accordance with 104.2.2C(4) of the USA Swimming Rules and Regulations. A copy of this certification is on file with USA Swimming. Water depth spanning 1-5 meters away from the start and turn ends of the competition course ranges from 6’8” to 7’6”. The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming. Colorado Timing System and Hy-Tek computerized meet management software will be used. Ample spectator seating is available. **The corridor under the elevated seating will be closed to parents, and will be strictly enforced**. Parents are strictly prohibited from this area, and cannot have access to athlete locker rooms or the pool deck during this event. Any parent who attempts to breach these areas runs the risk of being barred from the venue for the remainder of the event.  |
| **Time** | PreliminariesWarm-Up: 8:00 AMStart: 9:00 AM | Finals:Warm-Up: 3:00 PMStart: 4:00 PM |
| **Meet Director** | Wayne Martin - Webster BlueFins |
| **Officials** | Meet Referee: Joe Reitz - Hilton Area Swim TeamAdmin Official: Linda Barbeau - Webster BlueFins |
| **Events** | All events will be swum as prelims/final events with the exception of all relays, all 500 Freestyle events, and the 200 Freestyle event for 9-10 year-olds. Finals will include the fastest 10 Swimmers from the Preliminary heats. Events will be swum in accordance with the attached schedule of events. The 500 Freestyle and all Relays require positive check-in and will be seeded after check-in. Any swimmer who qualifies for Finals has 30 minutes to "scratch" or withdraw from the finals heat(s) after prelim results are announced. Only Coaches are allowed to scratch or withdraw athletes from finals. |
| **Swimmers** | All entrants must be registered members of USA Swimming, and a member of a Club that has current membership within the GVSL. Unless otherwise specified, this competition is considered "closed" competition and open only to members of the GVSL and age 18 or younger. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Any club which enters an athlete in a meet, who is not duly registered through that club at the time of entry, will be fined the sum of $100 per athlete per such meet. The fine applies either when the athlete is unregistered or has not properly transferred registration. Athletes who have formally transferred to another GVSL club are eligible to swim in the meet as unattached during the 120-day period but are not eligible to compete in relays. Athletes with a disability are welcomed and asked to provide advance notice of necessary accommodations.Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| **Entries** | Age on the first day of the meet applies. Swimmers may enter no more than two (2) individual events and two (2) relay events. On-deck registration will not be permitted as the meet will be pre-seeded.**Entry Deadline: March 9, 2018 by 9:00 pm**Send entries to: Jashby7226@hotmail.com |
| **Eligibility** | Time Standards for all individual events apply for the 8 & Under, 9-10 and 11-12 Age Groups. Entry times for these groups must be **faster than or equal to** the applicable GVSL Championship time standards for the event. **There will be no Time Standards for the 13-14 and 15-18 Age Groups.** Swimmers who have achieved only one qualifying time will be allowed to enter one bonus event. Swimmers achieving two or more GVSL Championship times will get no bonus swims. Please submit an Entry Report (sorted by Athlete last name) for verification of bonus events. All individual events will be swum as Prelims/Finals events except for the 8 & Under events, 500 Freestyle and the 10 & Under 200 Freestyle, which will be timed finals with the fastest heat swimming at finals in the evening. Events will be swum in accordance with the attached schedule of events.Entry times submitted must be **actual best times**. Entries should be submitted with a proof of time entry report which indicates the meet that each entry time was achieved. Acceptable proof of time can be obtained at a USA Swimming sanctioned meet, an approved meet, or for an observed swim. |
| **Entry Fees** | $15 per swimmer charge.  |
| **Relays** | Relays must be populated with swimmers at entry time. Entries for relays without swimmer names will not be accepted. Minimal changes to swimmers in each relay will be allowed up until 30 min prior to the meet start. Teams may enter One (1) “A” relay entry per team per event which will be eligible for team scoring and awards. Teams can enter a single “B” relay per event as exhibition (non scoring and non award). Unattached swimmers are not eligible to compete on relays. Relay swimmers must be qualified, entered and swim in at least one (1) individual event in the meet. Relay only swimmers are not allowed. |
| **Awards** | Trophies for all events, places 1st - 3rd Medals for all events, places 4th - 6thRibbons for all events, places 7th - 10th |
| **Team Scoring** | 1st - 10th place will be utilized for team scoring. Scoring will be as follows:Individual events:  11-9-8-7-6-5-4-3-2-1Relay Events: 22-18-16-14-12-10-8-6-4-2 |
| **Club Volunteer Assignments** | All Member Clubs are required to assist in the operation of this meet. Assigned tasks will be proportionate to the anticipated number of swimmers entered to the number of volunteer positions required to run the meet. Each Club shall designate a Volunteer Coordinator to the Meet Director in advance of the meet, and shall be the Meet Management's contact person to ensure that your club fulfills the assigned volunteer positions at the Meet. |
| **Conduct** | Parents and coaches are responsible for the conduct of their swimmers in all areas throughout the duration of the meet. Vandalism, theft or dangerous behavior will be cause for expulsion from the meet. Cooperation with the request of a Meet Marshal is expected.Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks.Deck changes are prohibited. |
| **Deck Access** | Deck access is restricted to USA Swimming athletes, coaches, officials and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request. |
| **Disclaimer** | It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| **Safety** | Safety of athletes, officials, coaches and volunteers is of paramount importance to USA Swimming. Please use safe procedures in and out of the pool. Cooperation with Safety Marshals and Officials is expected by everyone. They are here for your safety and protection. Failure to cooperate fully with Marshalls and Officials could result in expulsion from the facility for the balance of the meet at the discretion of the Referee and Meet Management. Absolutely no parents or other individuals including officials who are not officiating are allowed on deck unless volunteering for timing or other approved meet duties. Any failure to comply will result in possible fines of up to $100 per incident. Unless approved in writing in advance of the competition by the Vice President of Program Operations, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.Marshals have authority through the Meet Director over the warm up period. Swimmers must recognize this authority to ensure a safe warm up period. Specific team assignments in specific lanes for the warm-up periods will be made by the Meet Director. Coaches must supervise the lanes assigned to their club for the entire warm-up period. Swimmers shall swim only in lanes assigned to their club unless approved by the Club Coach from which the lane was assigned.There shall be no diving off the blocks or the edge of the pool. |
| **Warm-Up & Starting Procedures** | **POINTS FOR WARM UP PERIOD:**No diving in lanes until the lane is cleared for one-direction swimming only. Start all swimmers in lanes at the starting end of the pool.Coaches shall stand at the starting end of the pool when verbally starting swimmers on sprint or pace work. Coaches please remind swimmers that breaststrokers need more lead time than freestylers or flyers. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the block until the backstroker has executed his/her start.Coaches should maintain as much contact with their swimmers as possible, coaches have the same responsibility for supervision as when on deck at practice. Starts will follow the “Whistle Start” and “No False Start” recall procedure. Whistle chirps from the referee signal swimmers to get behind the block. One (1) long whistle from referee is the swimmer's signal to step up/in. Referee then turns over to Starter with outstretched arm, and the Starter indicates “Take Your Mark.” Upon observing swimmers motionless, starter gives the signal. If one or more swimmers leave(s) early, NO RECALL signal is given. Swimmers are notified of DQs for False Starts at the end of the race. |

**Order of Events**

**Preliminaries – AM Session**

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| **Girls #** | **Event** | **Boys #** |
| 1 | 9-10 | 200 Freestyle | 2 |
| 5 | 11-12 | 500 Freestyle | 6 |
| 7 | 13-14 | 500 Freestyle | 8 |
| 9 | 15-18 | 500 Freestyle | 10 |
| 11 | 10 & U | 200 Medley Relay | 12 |
| 13 | 12 & U | 200 Medley Relay | 14 |
| 15 | 14 & U | 200 Medley Relay | 16 |
| 17 | 18 & U | 200 Medley Relay | 18 |
| 21 | 9 - 10 | 100 IM | 22 |
| 23 | 11 - 12 | 200 IM | 24 |
| 25 | 13 - 14 | 200 IM | 26 |
| 27 | 15 - 18 | 200 IM | 28 |
| 31 | 9 - 10 | 50 Free | 32 |
| 33 | 11 - 12 | 50 Free | 34 |
| 35 | 13 - 14 | 50 Free | 36 |
| 37 | 15 - 18 | 50 Free | 38 |
| 41 | 9 - 10 | 50 Breast | 42 |
| 43 | 11 - 12 | 100 Breast | 44 |
| 45 | 13 - 14 | 100 Breast | 56 |
| 47 | 15 - 18 | 100 Breast | 48 |
| 51 | 9 - 10 | 100 Free | 52 |
| 53 | 11 - 12 | 100 Free | 54 |
| 55 | 13 - 14 | 100 Free | 56 |
| 57 | 15 - 18 | 100 Free | 58 |
| 61 | 9 - 10 | 50 Fly | 62 |
| 63 | 11 - 12 | 100 Fly | 64 |
| 65 | 13 - 14 | 100 Fly | 66 |
| 67 | 15 - 18 | 100 Fly | 68 |
| 69 | 11 - 12 | 200 Free | 70 |
| 71 | 13 - 14 | 200 Free | 72 |
| 73 | 15 - 18 | 200 Free | 74 |
| 77 | 9 - 10 | 50 Back | 78 |
| 79 | 11 - 12 | 100 Back | 80 |
| 81 | 13 - 14 | 100 Back | 82 |
| 83 | 15 - 18 | 100 Back | 84 |
| 87 | 10 & U | 200 Freestyle Relay | 88 |
| 89 | 12 & U | 200 Freestyle Relay | 90 |
| 91 | 14 & U | 200 Freestyle Relay | 92 |
| 93 | 18 & U | 200 Freestyle Relay | 94 |

* Events #1 - #8 are timed final events. The fastest seeded heat of 10 swimmers for these events will swim during the evening finals session.
* All 8 & under events are Timed Finals with all entered athletes in this age group swimming during the evening finals session.
* All other events are Preliminary / Finals with the fastest 10 swimmers from Preliminaries advancing to Finals.

**Order of Events**

**Finals - PM Session**

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| **Girls #** | **Event** | **Boys #** |
| 1 | 9-10 | 200 Freestyle (TF Fastest Heat) | 2 |
| 3 | 8 & U | 100 Medley Relay | 4 |
| 5 | 11-12 | 500 Freestyle (TF Fastest Heat) | 6 |
| 7 | 13-14 | 500 Freestyle (TF Fastest Heat) | 8 |
| 9 | 15 - 18 | 500 Freestyle (TF Fastest Heat) | 10 |
| 19 | 8 & U | 100 IM (Timed Final) | 20 |
| 21 | 9 - 10 | 100 IM | 22 |
| 23 | 11 - 12 | 200 IM | 24 |
| 25 | 13 - 14 | 200 IM | 26 |
| 27 | 15 - 18 | 200 IM | 28 |
| 29 | 8 & U | 25 Free (Timed Final) | 30 |
| 31 | 9 - 10 | 50 Free | 32 |
| 33 | 11 - 12 | 50 Free | 34 |
| 35 | 13 - 14 | 50 Free | 36 |
| 37 | 15 - 18 | 50 Free | 38 |
| 39 | 8 & U | 25 Breast (Timed Final) | 40 |
| 41 | 9 - 10 | 50 Breast | 42 |
| 43 | 11 - 12 | 100 Breast | 44 |
| 45 | 13 - 14 | 100 Breast | 56 |
| 47 | 15 - 18 | 100 Breast | 48 |
| 49 | 8 & U | 50 Free (Timed Final) | 50 |
| 51 | 9 - 10 | 100 Free | 52 |
| 53 | 11 - 12 | 100 Free | 54 |
| 55 | 13 - 14 | 100 Free | 56 |
| 57 | 15 - 18 | 100 Free | 58 |
| 59 | 8 & U | 25 Fly (Timed Final) | 60 |
| 61 | 9 - 10 | 50 Fly | 62 |
| 63 | 11 - 12 | 100 Fly | 64 |
| 65 | 13 - 14 | 100 Fly | 66 |
| 67 | 15 - HS | 100 Fly | 68 |
| 69 | 11 - 12 | 200 Free | 70 |
| 71 | 13 - 14 | 200 Free | 72 |
| 73 | 15 - 18 | 200 Free | 74 |
| 75 | 8 & U | 25 Back (Timed Final) | 76 |
| 77 | 9 - 10 | 50 Back | 78 |
| 79 | 11 - 12 | 100 Back | 80 |
| 81 | 13 - 14 | 100 Back | 82 |
| 83 | 15 - 18 | 100 Back | 84 |
| 85 | 8 & U | 100 Freestyle Relay | 86 |

**2017-2018 GVSL Championship Qualifying Times**

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| --- | --- | --- |
| **Girls** | **8 & Under** | **Boys** |
| 22.70 | 25 Free | 23.05 |
| 48.51 | 50 Free | 48.51 |
| 26.16 | 25 Back | 26.16 |
| 29.27 | 25 Breast | 29.71 |
| 28.02 | 25 Fly | 28.83 |
| 2:00.00 | 100 IM | 2:00.00 |
| **Girls** | **9 & 10** | **Boys** |
| 39.49 | 50 Free | 38.49 |
| 1:27.50 | 100Free | 1:28.49 |
| 3:20.19 | 200 Free | 3:09.09 |
| 45.00 | 50 Back | 47.92 |
| 52.00 | 50 Breast | 52.00 |
| 46.90 | 50 Fly | 46.69 |
| 1:41.30 | 100 IM | 1:39.70 |
| **Girls** | **11 & 12** | **Boys** |
| 33.10 | 50 Free | 33.09 |
| 1:13.59 | 100 Free | 1:12.19 |
| 2:41.19 | 200 Free | 2:37.19 |
| 7:09.29 | 500 Free | 7:02.99 |
| 1:25.10 | 100 Back | 1:24.09 |
| 1:35.00 | 100 Breast | 1:33.59 |
| 1:26.29 | 100 Fly | 1:24.49 |
| 3:02.49 | 200 IM | 3:00.99 |

There are no qualifying times required for entry in the 13-14 and 15-18 Age Groups.

**Entry Summary and Waiver Form**

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| --- | --- | --- | --- | --- |
| Club Name: |  |  | Club Code: |  |
| Coach’s Name: |  |  | Coach’s Phone: |  |
|  |  |  | Coach’s Email: |  |
| Person Submitting Entries: |  |  | Phone: |  |
|  |  |  | Email: |  |

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| --- | --- | --- | --- |
| Total number of swimmers: |  | X $15.00 per swimmer | **$** |
|  |  | **TOTAL DUE:** | **$** |

Make checks payable to **GVSL.** Club checks only please! Mail Entry Summary / Waiver plus checks to:

GVSL Championships

Attn: Sarah Wideman

P.O. Box 262
Webster, NY 14580

Enclosed is payment of the entry fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators and assigns waive and release any and all claims against Niagara Swimming, GVSL, meet management personnel, USA Swimming, Inc. and the Webster Central School District for injuries and/or expenses accrued by us at this meet or while traveling to and from the meet. We are bona-fide amateur athletes and eligible in all events we have entered.

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| Signature of Club Official, Parent or Guardian |  | Date |