

Female 10 & under 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.07	804	Leighton, Evie	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet
2	31.50	777	Helak, Alyssa	10	NI STAR Swimming	8/11/2010	2010 PV Eastern Zone LC Championships
3	32.72	703	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
4	33.31	668	Graesser, Hannah	10	NI STAR Swimming	8/9/2006	Eastern Zone Age Group Long Co
5	33.47	658	Tesluk, Bess	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
6	33.55	653	Pawli, Kya	10	NI STAR Swimming	5/17/2013	2013 NI - TTSC LC Meet
7	34.00	627	Erickson, Betsy	10	NI STAR Swimming	7/28/2005	2005 NI District LC JO Meet
8	34.08	623	Spence, Chelsea	10	NI STAR Swimming	6/24/2011	2011 NI STAR Long Course Open Meet
9	34.35	607	Marchese, Lauren	10	NI STAR Swimming	5/16/2003	2003 NI Titan Longcourse 2003
10	34.59	593	Washington, Ashanti	10	NI STAR Swimming	7/18/2019	2019 NI Niagara LSC LC Champio

Female 10 & under 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:08.75	786	Helak, Alyssa	10	NI STAR Swimming	7/23/2010	2010 NI LSC LC Champ Meet
2	1:11.80	692	Leighton, Evie	10	NI STAR Swimming	7/29/2016	2016 NI - Niagara LSC LC Championships
3	1:14.31	618	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
4	1:14.50	612	Tesluk, Bess	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
5	1:14.94	599	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
6	1:15.19	592	Spence, Chelsea	10	NI STAR Swimming	12/18/2011	2011 NI LSC Long Course Super Circuit - Buffalo
7	1:15.65	579	Erickson, Betsy	10	NI STAR Swimming	7/28/2005	2005 NI District LC JO Meet
8	1:15.69	578	Bray, Karly	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
9	1:16.08	567	Braccio, Elena	10	NI STAR Swimming	5/18/2012	2012 NI TTSC LC Meet
10	1:16.49	556	Payne, Courtney	10	NI STAR Swimming	7/17/2003	2003 NI Niagara District Long Course J

Female 10 & under 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:30.03	776	Helak, Alyssa	10	NI STAR Swimming	8/11/2010	2010 PV Eastern Zone LC Championships
2	2:33.53	720	Leighton, Evie	10	NI STAR Swimming	7/29/2016	2016 NI - Niagara LSC LC Championships
3	2:36.73	670	Tesluk, Bess	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
4	2:38.71	641	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
5	2:38.99	637	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
6	2:43.41	573	Braccio, Elena	10	NI STAR Swimming	5/18/2012	2012 NI TTSC LC Meet
7	2:46.01	536	Marchese, Lauren	10	NI STAR Swimming	5/16/2003	2003 NI Titan Longcourse 2003
8	2:46.26	533	Payne, Courtney	10	NI STAR Swimming	5/16/2003	2003 NI Titan Longcourse 2003
9	2:47.51	516	Spence, Chelsea	10	NI STAR Swimming	5/13/2011	2011 NI TTSC LC Meet
10	2:47.90	511	Bray, Karly	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships

Female 10 & under 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:13.55	812	Helak, Alyssa	10	NI STAR Swimming	8/11/2010	2010 PV Eastern Zone LC Championships
2	5:39.36	617	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
3	5:40.37	610	Payne, Courtney	10	NI STAR Swimming	8/6/2003	2003 AM Eastern Zone LC Championships
4	5:41.39	603	Braccio, Elena	10	NI STAR Swimming	5/18/2012	2012 NI TTSC LC Meet
5	5:43.41	589	Tesluk, Bess	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
6	5:48.90	552	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships

Female 10 & under 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
7	5:51.71	533	Reilly, Bridget	10	NI STAR Swimming	7/19/2018	2018 NI - Niagara LSC LC Championships
8	5:55.66	507	Leighton, Evie	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet
9	5:59.64	482	McDonnell, Mia	10	NI STAR Swimming	7/10/2015	2015 NI - Niagara LSC LC Championships
10	6:07.77	432	Spence, Chelsea	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011

Female 10 & under 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	11:17.73	1	Helak, Alyssa	10	NI STAR Swimming	7/9/2010	2010 NI The 2010 Summer Long Course Meet
2	14:25.24	1	Matteson, Sydney	9	NI STAR Swimming	7/13/2007	2007 NI RAYS Summer Long Course Meet

Female 10 & under 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	35.37	876	Helak, Alyssa	10	NI STAR Swimming	8/11/2010	2010 PV Eastern Zone LC Championships
2	37.91	727	Spence, Chelsea	10	NI STAR Swimming	12/18/2011	2011 NI LSC Long Course Super Circuit - Buffalo
3	37.95	724	Marchese, Lauren	10	NI STAR Swimming	5/16/2003	2003 NI Titan Longcourse 2003
4	38.24	708	Graesser, Hannah	10	NI STAR Swimming	7/28/2006	2006 NI Longcourse JO's
5	39.03	664	Leighton, Evie	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
6	39.44	642	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
7	40.22	600	Langton, Caitlin	10	NI STAR Swimming	7/12/2001	2001 US Star Swimming Pr
8	40.40	590	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
9	40.62	579	Braccio, Elena	10	NI STAR Swimming	6/15/2012	The Robert F. Busbey Invitatio
10	40.64	578	Benedict, Kira	10	NI STAR Swimming	6/4/2010	2010 NI STAR LONG COURSE ABC MEET

Female 10 & under 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:15.13	905	Helak, Alyssa	10	NI STAR Swimming	8/11/2010	2010 PV Eastern Zone LC Championships
2	1:20.97	749	Marchese, Lauren	10	NI STAR Swimming	5/16/2003	2003 NI Titan Longcourse 2003
3	1:22.60	708	Spence, Chelsea	10	NI STAR Swimming	7/29/2011	2011NI - Niagara LSC Long Course Summer
4	1:23.82	677	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
5	1:24.32	665	Graesser, Hannah	10	NI STAR Swimming	7/28/2006	2006 NI Longcourse JO's
6	1:24.92	650	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
7	1:24.93	650	Tesluk, Bess	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
8	1:25.51	636	Braccio, Elena	10	NI STAR Swimming	5/18/2012	2012 NI TTSC LC Meet
9	1:27.13	597	Leighton, Evie	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
10	1:27.15	597	Erickson, Betsy	10	NI STAR Swimming	7/28/2005	2005 NI District LC JO Meet

Female 10 & under 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:50.77	1	Helak, Alyssa	10	NI STAR Swimming	7/9/2010	2010 NI The 2010 Summer Long Course Meet
2	3:06.72	1	Tesluk, Bess	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet
3	3:12.64	1	Spence, Chelsea	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
4	3:12.78	1	Graesser, Hannah	10	NI STAR Swimming	6/2/2006	2006 NI STAR KICK-OFF LONG COURSE ABC
5	3:15.79	1	Shine, Jessica	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011

Female 10 & under 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
6	3:17.92	1	Braccio, Elena	9	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
7	3:19.32	1	Wie, Sarah	10	NI STAR Swimming	6/26/2009	2009 NI STAR LONG COURSE ABC MEET 2009
8	3:20.20	1	Reilly, Bridget	10	NI STAR Swimming	6/22/2018	2018 NI - STAR Late June LC Meet
9	3:22.45	1	Heferle, Rachel	10	NI STAR Swimming	6/4/2004	2004 NI STAR Kick-Off LC ABC
10	3:28.92	1	Halsdorfer, Abby	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011

Female 10 & under 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	39.26	863	Langton, Caitlin	10	NI STAR Swimming	8/8/2001	2001 US Summer Lc Easter
2	40.92	786	Sherry, Madilyn	10	NI STAR Swimming	8/7/2002	2002 US Summer Lc Easter
3	43.03	690	Leighton, Evie	10	NI STAR Swimming	7/29/2016	2016 NI - Niagara LSC LC Championships
4	43.19	683	Tesluk, Bess	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
5	43.82	655	Spence, Chelsea	10	NI STAR Swimming	12/18/2011	2011 NI LSC Long Course Super Circuit - Buffalo
6	44.80	613	Spence, Sierra	10	NI STAR Swimming	12/18/2011	2011 NI LSC Long Course Super Circuit - Buffalo
7	45.76	572	Erickson, Betsy	10	NI STAR Swimming	7/14/2005	2005 NI Richard G. Boehm Invite
8	45.93	741	Marsh, Megan	9	NI STAR Swimming	7/13/2007	2007 NI RAYS Summer Long Course Meet
9	45.98	563	Swensen, Mazie	10	NI STAR Swimming	7/14/2004	2004 NI District LC JOs
10	46.61	537	Helak, Alyssa	10	NI STAR Swimming	5/14/2010	2010 NI TTSC LC MEET

Female 10 & under 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:29.73	784	Langton, Caitlin	10	NI STAR Swimming	7/12/2001	2001 US Star Swimming Pr
2	1:32.51	727	Tesluk, Bess	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
3	1:32.73	723	Sherry, Madilyn	10	NI STAR Swimming	8/7/2002	2002 US Summer Lc Easter
4	1:32.86	720	Leighton, Evie	10	NI STAR Swimming	7/29/2016	2016 NI - Niagara LSC LC Championships
5	1:32.88	720	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
6	1:38.19	615	Erickson, Betsy	10	NI STAR Swimming	7/28/2005	2005 NI District LC JO Meet
7	1:38.81	603	Meess, Karen	10	NI STAR Swimming	7/11/2002	2002 US Star Swimming Pr
8	1:39.05	598	Swensen, Mazie	10	NI STAR Swimming	7/14/2004	2004 NI District LC JOs
9	1:39.14	596	Payne, Courtney	10	NI STAR Swimming	7/17/2003	2003 NI Niagara District Long Course J
10	1:40.83	564	Bray, Karly	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships

Female 10 & under 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	3:22.56	1	Tesluk, Bess	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet
2	3:38.84	1	Spence, Chelsea	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
3	3:40.58	1	Helak, Alyssa	10	NI STAR Swimming	6/4/2010	2010 NI STAR LONG COURSE ABC MEET
4	3:42.52	1	Blake, Emily	10	NI STAR Swimming	7/11/2014	2014 NI - SEAS Doug Tobey LC Meet
5	3:45.82	1	Braccio, Elena	9	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
6	3:48.48	1	Spence, Sierra	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
7	3:50.18	1	Allen, Courtney	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
8	3:55.02	1	Wie, Sarah	10	NI STAR Swimming	6/26/2009	2009 NI STAR LONG COURSE ABC MEET 2009
9	3:58.15	1	Martin, Anna	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011

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Club: STAR Swimming For All Time

Female 10 & under 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
10	3:58.54	1	Pigeon, Aimee	10	NI STAR Swimming	7/16/2016	2016 NI - 3rd Annual Doug Tobey Memorial

Female 10 & under 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	36.06	696	Helak, Alyssa	10	NI STAR Swimming	7/23/2010	2010 NI LSC LC Champ Meet
2	36.74	661	Tesluk, Bess	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
3	37.55	621	Payne, Courtney	10	NI STAR Swimming	7/17/2003	2003 NI Niagara District Long Course J
4	37.92	603	Leighton, Evie	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet
5	38.00	599	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
6	38.46	576	Reilly, Bridget	10	NI STAR Swimming	7/19/2018	2018 NI - Niagara LSC LC Championships
7	38.88	556	Braccio, Elena	10	NI STAR Swimming	5/18/2012	2012 NI TTSC LC Meet
8	39.17	543	Erickson, Molly	10	NI STAR Swimming	7/17/2003	2003 NI Niagara District Long Course J
9	39.77	515	Blake, Emily	10	NI STAR Swimming	8/1/2014	2014 NI - Niagara LSC LC Championships
10	40.29	491	Tesluk, Ellie	10	NI STAR Swimming	8/1/2014	2014 NI - Niagara LSC LC Championships

Female 10 & under 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:22.79	680	Payne, Courtney	10	NI STAR Swimming	8/6/2003	2003 AM Eastern Zone LC Championships
2	1:26.55	599	Helak, Alyssa	10	NI STAR Swimming	5/14/2010	2010 NI TTSC LC MEET
3	1:29.15	545	Tesluk, Bess	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
4	1:30.77	513	Braccio, Elena	10	NI STAR Swimming	7/6/2012	2012 NI - RAYS Summer Long Course Meet
5	1:31.99	489	Erickson, Molly	10	NI STAR Swimming	7/17/2003	2003 NI Niagara District Long Course J
6	1:33.14	466	Reilly, Bridget	10	NI STAR Swimming	7/19/2018	2018 NI - Niagara LSC LC Championships
7	1:33.75	455	Dimmig, Lily	10	NI STAR Swimming	7/29/2011	2011 NI - Niagara LSC Long Course Summer
8	1:33.89	452	Tesluk, Ellie	10	NI STAR Swimming	8/1/2014	2014 NI - Niagara LSC LC Championships
9	1:34.20	446	Hull, Emily	10	NI STAR Swimming	7/10/2015	2015 NI - Niagara LSC LC Championships
10	1:34.61	438	Leighton, Evie	10	NI STAR Swimming	6/10/2016	2016 NI - STAR June Kick Off Meet

Female 10 & under 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	3:22.01	1	Helak, Alyssa	10	NI STAR Swimming	6/4/2010	2010 NI STAR LONG COURSE ABC MEET
2	3:54.33	1	Halsdorfer, Abby	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
3	3:57.10	1	Dimmig, Lily	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011
4	4:14.99	1	Johnson, Francesca	10	NI STAR Swimming	6/3/2011	2011 NI STAR LONG COURSE ABC MEET 2011

Female 10 & under 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:55.66	718	Marsh, Megan	10	NI STAR Swimming	6/20/2008	The Robert F. Busbey Invitati
2	2:55.99	714	Helak, Alyssa	10	NI STAR Swimming	6/25/2010	2010 NI STAR LONG COURSE ABC MEET 2010
3	2:56.90	703	Tesluk, Bess	10	NI STAR Swimming	5/20/2016	2016 NI - Natalie Lewis Spring Invitational
4	2:59.60	671	Payne, Courtney	10	NI STAR Swimming	8/6/2003	2003 AM Eastern Zone LC Championships
5	3:03.40	627	Braccio, Elena	10	NI STAR Swimming	6/15/2012	The Robert F. Busbey Invitatio

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Club: STAR Swimming For All Time

Female 10 & under 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
6	3:03.93	621	Leighton, Evie	10	NI STAR Swimming	6/24/2016	2016 NI - STAR Late June LC Meet 2016
7	3:03.97	621	Langton, Caitlin	10	NI STAR Swimming	7/12/2001	2001 US Star Swimming Pr
8	3:04.25	618	Erickson, Betsy	10	NI STAR Swimming	7/28/2005	2005 NI District LC JO Meet
9	3:05.15	608	Pawli, Kya	10	NI STAR Swimming	7/26/2013	2013 NI - Niagara LSC LC Championships
10	3:05.72	601	Spence, Chelsea	10	NI STAR Swimming	7/29/2011	2011NI - Niagara LSC Long Course Summer

Female 10 & under 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	6:45.19	1	Helak, Alyssa	9	NI STAR Swimming	6/26/2009	2009 NI STAR LONG COURSE ABC MEET 2009
2	7:01.06	1	Blake, Emily	10	NI STAR Swimming	6/27/2014	2014 NI - STAR June LC Meet