

DALLAS MUSTANGS NEW PARENT INFORMATION



COACHES

Please visit the [Coaches page](#) on the [Dallas Mustangs website](#) if you have any questions on who your coaches are or how you can contact them.

PRACTICE ATTIRE & GEAR

Swimmers should arrive to practice in their practice suit and have goggles at every practice. Caps are optional depending on swimmer preference.

REQUIRED GEAR:

All groups: Mesh bag, DM team cap required for meets, DM team suit recommended for meets.

Bronze: Kickboard, Fins

Silver: Kickboard, Fins, Pull Buoy

Gold: Kickboard, Fins, pull buoy, paddles, snorkel

National: Kickboard, fins, pull buoy, paddles, snorkel, drag suit

WHERE TO BUY GEAR

Dallas Mustang suits, caps, team spirit apparel and required equipment can be purchased at the [D&J Sports website](#) or you can call/visit D&J Sports: 3060 N Stemmons Fwy # B, Dallas, TX 75247
[\(214\) 631-0057](#)

Yard Signs, Decals, Bag Tags, Coffee Mugs, Magnets and Other Spirit Items can be ordered here: [MySignOrder](#)

A small portion of the proceeds will directly support the Dallas Mustangs!

WHERE DO I FIND THE PRACTICE SCHEDULE/SCHEDULE UPDATES:

All schedule updates will be sent via email. Practice schedule and updates will also be published on the [Schedule Updates page](#). Pool location addresses can also be found on this page.

HOW DOES MY SWIMMER ADVANCE TO THE NEXT GROUP?

Requirements for each swim level group can be found on the [Swim Groups page](#).

HOW TO ENTER MEETS

Please review this information on the [How to Enter Meets page](#) of the Dallas Mustangs website.

WHAT ARE THE TIME STANDARDS? WHAT IS AN "A/BB/C" TIME?

Time standards are guidelines set by USA Swimming. Please refer to the [2020-2024 National Age Group Motivational Time Standards](#).

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Various Meet Qualifying Standards can also be found on this on the [Time Standards page](#).

HOW CAN KEEP UP WITH MEETS IN REAL-TIME?

Depending on the meet host, most meets will be updated in real-time via the Meet Mobile Application. You can download the Meet Mobile application for Android or iPhone. Some meets will also be livestreamed. Please review the meet information and/or email sent with the livestream link if it is available.

WHERE CAN I FIND MEET RESULTS?

Once results are finalized, they will be posted on the [North Texas Swimming website](#). Results are automatically sent to USA Swimming and should be in your swimmer's Deck Pass account a few days after the meet.

HOW DO I LOOK UP MY SWIMMER'S TIMES?

Your swimmer's official times can be found in their Deck Pass Account. [You can create a Deck Pass account/login here](#).

WHAT IS MY SWIMMER'S USA SWIMMING ID?

The formula for the swimmer ID is:

DOBMMDDYY + FIRST3LETTERS FIRST NAME + MIDDLE INITIAL +FIRST 4 OF LAST NAME

EXAMPLE: If your swimmer was born 1/1/03 and has the name John Q. Smith, their USA Swimming ID is: 011503JOHQSMIT

WHERE TO FIND DALLAS MUSTANGS TEAM POLICIES

Dallas Mustangs policies can be found on the [Team Policies](#) page.

WHAT IS SAFE SPORT?

Please take a minute to learn about the USA Swimming Safe Sport Policies in the [Safe Sport section of the DM website](#).

EASY WAYS TO RAISE FUNDS FOR DM?

Did you know you can help raise funds for the Dallas Mustangs any time you shop at Amazon, Kroger or Tom Thumb? [Learn How Here](#).

CANCELLING/PAUSING ACCOUNT

In the event that a swimmer wishes to end his or her relationship with the Dallas Mustangs, it is the responsibility of the swimmer to notify both the Registrar ([Lia Oberstar-Brown](#) - liaoberstarbrown@yahoo.com) and the Billing Coordinator ([Lisa Steed](#) - Ljisa3740@att.net) **IN WRITING** before charges will be stopped.

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This notice must be received by the 15th of the month prior to charges cancelling. For example, if you wish to leave the team in January, you must render

notification by December 15th. ***Merely telling your coach that you wish to leave the team will not stop your charges.*** It is also the swimmer's responsibility to pay in full any outstanding charges before leaving the team. If outstanding charges are not paid within 30 days, a fine of \$100 will be assessed.

If you wish to return to the Dallas Mustangs later in the same season, you must pay a \$100 reinstatement fee before being allowed to begin practicing with the team.

USA Swimming Registration Fees and Annual Registration Fees are non-refundable.

PAUSING MEMBERSHIPS: If you wish to pause your Dallas Mustangs membership, you will need to follow the termination notification process outlined above. When you are ready to rejoin in the same season, a \$100 reinstatement fee will be assessed. In the event of a Medical Leave of Absence, the reinstatement fee will not be due. Proof of medical leave of absence may be required in this case.

OTHER QUESTIONS?

Please email DallasMustangs@dmswim.com Have a great season!