

# NCAA Division 1 Swimming Recruiting Rules

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## NCAA Division 1 Swimming Recruiting Rules

It is important for potential prospects to know the the NCAA Division 1 Swimming Recruiting Rules. Athletes and coaches have certain restrictions when it comes to college swimming recruiting. Ensure your eligibility by following the NCAA recruiting rules.

### As a Sophomore in high school

#### **Recruiting Tactic** As a Sophomore

**Recruiting Material** You may receive brochures for camps and questionnaires.

**Telephone Calls** You can call the coach at your own expense.  
Coach cannot call you.

**Off-Campus** Not Permitted

#### **Contact**

**Official** Not Permitted

#### **Visits**

**Unofficial** Unlimited

#### **Visits**

### As a Junior in High School

#### **Recruiting Tactic** As a Junior

**Recruiting Material** You can begin to receive recruiting material and information from the coach on September 1st.

**Telephone Calls** You can call the coach at your own expense.  
Coach can call starting July 1st after your Junior year.

**Electronic Correspondence (i.e. texts, IM, email.)** All forms of electronic correspondence are allowed starting September 1st of your Junior Year.

Correspondence must be private between athlete & coach.

**Off-Campus Contact** Allowed July 1st after your Junior year.

**Official Visits** Not Permitted

**Unofficial Visits** Unlimited

## As a Senior in High School

<b>Recruiting Tactic</b>	<b>As a Senior</b>
<b>Recruiting Material</b>	You can receive material and information from the coach
<b>Telephone Calls</b>	You can call the coach at your own expense. Coach can call you.
<b>Electronic Correspondence (i.e. texts, IM, email.)</b>	All forms of electronic correspondence are allowed starting September 1st of your Junior Year. Correspondence must be private between athlete & coach.
<b>Off-Campus Contact</b>	Allowed but no more than 3 times.
<b>Official Visits</b>	You can start official visits on the opening day of your classes. You get one per college and a maximum of 5 visits to D1, and unlimited visits to D2, D3 and NAIA schools.
<b>Unofficial visits</b>	Unlimited

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## Other important information

- College coaches can evaluate and/or contact you no more than 7 times during your senior year.
- During your senior year a college coach cannot contact you more than 3 times.