

39th Speedo Greater Southwest Invitational

January 29-31

Lewisville ISD Aquatic Center Facility Procedures

1. ENTRY: Swimmers and Coaches will enter the pool through the side entrance. Officials only through the front door.
2. EXIT: through the main lobby only for all swimmers, officials, and coaches.
3. MASKS:
 - a. All swimmers, coaches, officials, and volunteers must properly wear masks at all times unless swimmers are in the water swimming.
 - b. Swimmers (will be given a plastic bag) should bring a plastic bag with them on deck to keep masks in while in the pool.
 - c. Individuals not wearing a mask will be given one verbal warning about keeping their mask on.
 - i. If a swimmer is found without a mask more than once they will be removed from the meet and asked to leave the facility.
 - ii. The Swimmer will not be allowed back in for the remainder of the meet.
4. SEATING:
 - a. All swimmers will sit upstairs in the seating area.
 - b. Swimmers will be asked to sit as a team and remember to stay six feet apart.
 - c. Teams should remain together and not mingle with swimmers from other teams.
 - d. Food and coolers must be kept in your area and PLEASE throw all trash away.
5. TOWELS:
 - a. All swimmers must bring towels on deck with them.
 - b. All swimmers must be completely dried off before going up to the stands. The floor and bleachers can be slippery.
6. SUITS:
 - a. All swimmers must arrive in their suits.
 - b. There will not be a place for swimmers to change into suits or tech suits.
7. LOCKER ROOMS and RESTROOMS:
 - a. No more than 4 athletes in the locker rooms at one time. Marshals will be counting numbers. Locker rooms on deck will be open for quick in and out.
 - b. Restrooms are located upstairs by seating and as you exit downstairs by the offices.
 - c. Restrooms in the hallway behind hospitality are for ONLY coaches, officials and adult volunteers.
 - d. All Athletes and students must use athlete restrooms only.

Warm-up procedures

1. Each team will be assigned a specific warm-up time and lanes.
2. There will be no more than 6 swimmers per lane.
 - a. Lanes of more than 3 will have 3 at one end and 3 at the opposite end
3. Coaches are responsible for their lanes and assigning swimmers to each end

4. Swimmers must wear masks, bring towels, and plastic bags with them to warm up

Meet procedures:

1. There will be two ready benches behind the blocks.
 - a. All swimmers must report to the ready area two heats prior to their heat.
 - i. Loitering several heats prior to a swim is not permitted before they swim.
 - ii. Swimmers must be wearing their mask while in the ready area
 - iii. Bring your towel, baggie, and necessary equipment.
2. Following the exit of the prior heat swimmers will move up either to the starting blocks or to the next ready bench.
3. Swimmers are required to keep their mask on until the referee blows his/her whistle 3 short times.
 - a. There will be a chair to drop your mask and personal items.
4. After their race swimmers must dry face off and put their mask on immediately and exit in a given direction as assigned.