

WARM UP SATURDAY 12/5/21

		SHALLOW POOL		
	7-730	730-8	8-830	830AM - 1:00PM
Lane 1	10 and under	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 2	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 3	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 4	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 5	10 AND UNDER	10 AND UNDER	10 AND UNDER	CLOSED

	Saturday 12-4-21	South END		
LANE	700-730	730-800	800-830	830-850
1	COPS	DM	TFA	PUSH/PACE
2	COPS	DM	TFA	ONE WAY SPRINT
3	COPS	DM	TFA	ONE WAY SPRINT
4	METRO	DM	TFA	ONE WAY SPRINT
5	METRO	DM	TFA	ONE WAY SPRINT
6	METRO	DM	LUBBOCK	ONE WAY SPRINT
7	METRO	LRAD	LUBBOCK	OPEN
8	METRO	JENKS	PROSPER	PUSH PACE

	SATURDAY 12/4/21	North Pool Bulk Head		
LANE	700-730	730-800	800-830	830-850
1	LAC	NTN	NITRO	PUSH PACE
2	LAC	NTN	NITRO	ONE WAY SPRINT
3	LAC	NTN	NITRO	ONE WAY SPRINT
4	LAC	NTN	NITRO	ONE WAY SPRINT
5	LAC	MAC	NITRO	ONE WAY SPRINT
6	LAC	MAC	NITRO	ONE WAY SPRINT
7	LAC	MAC	NITRO	OPEN
8	LAC	KMS /HAWG/ATAC	NITRO	PUSH PACE

DIVING WELL	700-730	730-800	800-830	830 -1:00
1	COR	RACE	COM	OPEN
2	COR	RACE	COM	OPEN
3	COR	RACE	COM	OPEN
4	LAC	RACE	GOLD/STAR	OPEN
5	LAC	NWAA	LIFETIME	OPEN
6	LAC	IRON	LIFETIME	OPEN
LANE 6 IS TWO LANES WE DON'T HAVE A SPORT TO HOOK UP LANE LINE BETWEEN				

LANE 1 WILL BE CLOSEST TO THE DIVING BOARDS
THERE IS A 1/2 LANE BY THE BULKHEAD THAT IS CLOSED THE ENTIRE MEET

