

## WARM UP SUNDAY 12/5/21

		SHALLOW POOL		
	7-730	730-8	8-830	830AM - 1:00PM
LANE 1	10 and under	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 2	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 3	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 4	10 AND UNDER	10 AND UNDER	10 AND UNDER	WARM UP / WARM DOWN
Lane 5	10 AND UNDER	10 AND UNDER	10 AND UNDER	CLOSED

	Sunday 12-5-21		South END		
LANE	700-730	730-800	800-830	830-850	
1	TFA	COPS	DM	PUSH/PACE	
2	TFA	COPS	DM	ONE WAY SPRINT	
3	TFA	COPS	DM	ONE WAY SPRINT	
4	TFA	METRO	DM	ONE WAY SPRINT	
5	TFA	METRO	DM	ONE WAY SPRINT	
6	LUBBOCK	METRO	DM	ONE WAY SPRINT	
7	LUBBOCK	METRO	LRAD	OPEN	
8	PROSPER	METRO	JENKS	PUSH PACE	

	Sunday 12/5/21		North Pool Bulk Head		
LANE	700-730	730-800	800-830	830-850	
1	NITRO	LAC	NTN	PUSH PACE	
2	NITRO	LAC	NTN	ONE WAY SPRINT	
3	NITRO	LAC	NTN	ONE WAY SPRINT	
4	NITRO	LAC	NTN	ONE WAY SPRINT	
5	NITRO	LAC	MAC	ONE WAY SPRINT	
6	NITRO	LAC	MAC	ONE WAY SPRINT	
7	NITRO	LAC	MAC	OPEN	
8	NITRO	LAC	KMS/HAWG/ATAC	PUSH PACE	

DIVING WELL	700-730	730-800	800-830	830 -1:00
1	COM	COR	RAC	OPEN
2	COM	COR	RACE	OPEN
3	COM	COR	RACE	OPEN
4	GOLD/STAR	LAC	RACE	OPEN
5	LIFETIME	LAC	NWAA	OPEN
6	LIFETIME	LAC	IRON	SUNDAY
LANE 6 IS TWO LANES WE DON'T HAVE A SPORT TO HOOK UP LANE LINE BETWEEN				

LANE 1 WILL BE CLOSEST TO THE DIVING BOARDS  
THERE IS A 1/2 LANE BY THE BULKHEAD THAT IS CLOSED THE ENTIRE MEET





