

Board Reports

HOD Meeting

Sept 21, 2013

Age Group Report – Chris Rowe

Placed 11th. Some really good swims from the older age group, while the 14 and below we're a little tired from TAGS and season. All athletes represented NT with dignity and integrity. Everywhere we traveled the team received comments on how well behaved and respectful they were.

Came in \$2000 under budget.

Requesting \$36,800 for next year in San Antonio.

Technical Planning Report – Sherry Gentry & Bill Christiansen

The Technical Planning Committee conducted its last meeting on July 7, 2013. The conference meeting scheduled for August, to discuss the team division breakout, was not attended by enough people to satisfy meeting requirements, so no further discussion was held.

Proposed Swimmer Levels

Level 1 – 13 -14 year olds TAGS level, and 15 & Over Sectional level Swimmers

Goals of Level 1 group (in priority) – 1) quality competition 2) length of sessions (3 hours or less), 3) Types of Events 4) location
Time Standards to be determined. Thinking of like Sectional standards plus 4 sec/100

Level 2 – 13 & Overs with "A" times or better and 12 & Unders with "BB" times or better

Goal of Level 2 group (in priority) – 1) Variety of events 2) length of meet 3) location 4) quality of competition
Timed Standards – 13 & Overs must have "A" times to swim event. 12 & Unders must have "BB" times to swim event.

Level 3 – 13 & Overs with "BB" times or less, 12 & Unders with "B" times or less

Goal of Level 1 group (in priority) – 1) Location 2) length of meet 3) variety of events 4) quality of competition
Time Standards – 13 & Overs cannot swim events that they have the "A" time. 12 & Unders cannot swim events that they have the "BB" time in.

There will be no bonus swims for any level.

Proposed Divisions

Three team division set-up

- 1) FAST, MAC, MARS, NTN, MTRO-FW, SWAT, SNAP, TRS, TCU
- 2) DM, DAC, ESP, FA, IS, LAC, QA, SMU, WEST, WKB
- 3) ATAC, CAT, COPS, COR, LSSC, MTRO, ROCK, SDST

MeetBids –

Meet bids are due on October 15, at midnight to be emailed to Gloria Schuldt (schuldt@earthlink.net). Please do not forget to include a copy of your meet announcement.

The bid meet will be October 26, 2013, 1:00 PM Location TBD.

Proposed Calendar

	North Texas Swimming		Proposed		2014 Meet Calendar		
Week	Dates		Meets	Divisions		Other	
	Month	Weekend					
1	January	3-5					New Years
2		10-12					
3	MLK	17-19				GSW Open P/F	MLK Weekend
4		24-26				HS Districts	
5	February	31-32				HS Districts	
6		7-9	Closed/No meets		(except Sunday is Open)	HS Regionals	
7		14-16	Level 2 Champs	3	5 Sessions	Timed Final, Time Trials later in afternoon	
8		21-23	Level 3 Champs	4	5 Sessions	HS State	
9	March	F28-2				Sectionals	
10		7-9			TAGS	Woodlands	
11		14-16					
12		21-23					
13		28-30					
14	April	4-6					
15		11-13					
16	Easter	18-21	Closed/No meets				Easter Weekend
17		25-27					House of Delegates?
18	May	2-4	Level 2 Invite	3	5 sessions		
19	Mom-Day	9-11	Closed/No meets				
20		16-18	Level 3 Invite	4	5 sessions		

21	Mem Day	23-25	Closed/No meets				
22	June	6-8	Level 2 Invite	3	5 sessions		
23		13-15					
24		20-22	Level 3 Invite	4	5 sessions		
25		27-29				Bill Nixon Invite P/F	
26	July	4-6	Independence Day				
27		11-13	Level 2 Invite	3	5 Sessions		
28		18-20					
29		25-27	Level 2 Champs	3	5 Sessions	TAGS	
30	August	1-3	Level 3 Champs	4	5 Sessions	Sectionals	Juniors Irvine (July 20 to Aug 3)
31		8-10					Nationals (Aug 6 to 10)
32		15-17					WC/PanPacs/WU, Pan Ams
33		22-24					
34	Lab Day	29-31				Labor Day sept 1	
35	September	5-7					
36		12-14					
37		19-21				USAS Convention	Jacksonville, FL
38		26-28	Closed/No meets			House of Delegates	House of Delegates
39	October	3-5	Level 2 Invite	3	5 Sessions	TSA	TSA
40		10-12	Level 1 Invite	1			
41		17-19	Level 3 Invite	4	5 Sessions		
42		24-26	Closed/No meets				
43	November	31-2	Level 2 Invite	3	5 Sessions		
44		7-9	Level 1 Invite	1			
45		14-16	Level 3 Invite	4	5 Sessions		
46		21-23	Closed/No meets			TISCA	
47	Tgive	28-30				Thanksgiving(Nov 27)	
48	December	5-7	Open			COR Classic	SC Nationals (Greensboro NC)
49		12-14	Open				SC Juniors
50		19-21					
51	X- Mas	26-28					X-Mas
52	January	2nd to 4	Open				
53	2015	9 to 11	Open				
54	MLK 19th	16 to 18	"A" Meet			Greater Southwest	MLK Weekend

Sanctioning Report – Lisa Stults

2013 Sanctioning data:

40 Sanctioned meets

1 approved meet

8 calendar meets left to sanction for 2013 to Sanction

2012 63 sanctioned 1 approved meets

Records Report – John Reiff

All records are currently up to date.

NTV Report – Gloria Schuldt

All High school district and regional meets must be submitted to the NTV chair by January 2, 2014.

College meets must be submitted 28 days prior to the meet.

New rules:

- College meets must have 3 officials for a dual meet to be observed, 4 officials for all other meets.
- High school meets – no dual meet may be observed. 4 officials minimum for all other meets.

Diversity and Outreach Report – Suzanne Dangelmaier

- We need to form a NT Diversity Committee - contact me if you are interested (coachsuzanne@marswim.org)
- We need to create a NT Diversity Webpage
- SZ Diversity Select Camp - Mecklenburg County Aquatic Center July 11-14; Ann Bell from ATAC attended as the athlete
- We will host a NT Diversity Camp - UTA next summer; date TBA – would like participation from all teams (volunteers and coaches needed)
- Make sure your 2014 registrants check an ethnicity box (you cannot force them - it is illegal); encourage registrants to check the box so USA Swimming can better serve the needs of its members.
- Remember outreach members (those with a copy of Free or Reduced lunch letter from school) registration is \$5, instead of \$65

All-Star – Jeff Jones

At Long Course Tags the All Star TSA Chair Andy Korda notified everyone that they wanted to move the All Star/ Texas Select Camp to November 1-3 instead of April. This must be approved by TSA. The camp will be hosted by the Gulf at the Fleet pool. If TSA does not approve the change Andy said they will still host the camp in November, but they will not host it in April. I will figure out transportation as soon as we have a firm date for the camp.

We will take 16 athletes based on their 2013 LCM IMX scores. We will take two girls and two boys from each age group 11, 12, 13, and 14. The swimmers' age from the LCM 2013 IMX report from USA Swimming will determine their age for the camp. Swimmers that have been to this camp, zone select, or national select camp will not be eligible.

Last year we had the LSC give \$150 per athlete. This should be enough again.

I have included the agenda that Andy Korda the All Star Chair sent to me .

All Star Committee Agenda for Meeting September 28, 2013

1. Call to order
2. Roll call
3. Reading, correction and approval of minutes from SC and LC TAGS (we need to assign someone to start taking minutes)
4. Confirm committee members
5. Reports
 - a. All Star Camp review LC 2013
 - b. Workouts
6. Changes to Camp
 - a. Move back to first week in November
 - b. Add a dry-land session
 - c. Host LSC will arrange the camp. Committee will help
 - d. Two athletes per hotel room. This will make the price of the camp more expensive
7. TSA / Money
 - a. \$1000 give to boarder to help team travel
8. Proposal for November 1-3 hosted at Fleet
 - a. Athletes ??
 - b. Food donations ??
 - c. Hotel cost
 - d. ITZ cost
 - e. Scott Colby (we need to pick a couple for his talks)
 - i. **The Latest TECHNIQUE from the National Team:** Observations from the National Team's fastest swimmers. *Starts (45-60 minutes), Butterfly (45-60 minutes) Breaststroke (45-60 minutes), Backstroke (45-60 minutes) Freestyle (45-60 minutes), Turns (45-60 minutes)[Power Point Presentations with Video] NOTE: These talks can be condensed to show just key points.*
 - ii. **Become a NUTRITION/RECOVERY Expert in 60 Minutes** - You're only good as you're weakest link. If Nutrition and Recovery is your weakest link, this is for YOU!(60minutes)

- iii. · **GOAL SETTING and AFFIRMATION WRITING** - Not only how to set a goal, but how to make it happen. Have the athletes bring a pencil! (*PowerPoint Presentation - 60 minutes*)
- iv. · **MOTIVATIONAL VIDEO** – Some funny, some history, some athletes speaking about attitude, some great all-time races, some highlights compilations (*Free form video clips (10-60 minutes)*)
- v. · **RACE STATS for Athletes** - What is it? How can it help me make smart choices to go faster? (*Power Point Presentation - 45 minutes*)
- vi. · **STEPPING STONES TO THE USA NATIONAL TEAM** – USA Swimming camp system, National Junior Team and National Team: How you make these teams and what meets they go to (*Power Point Presentation - 5-30 minutes*)
- vii. · **UNDERWATER VIDEO RECORDING** – I would record your swimmers underwater and share with you/your athletes.
- viii. · **RACE PREP** – How to systematically prepare for races and situations that do not go according to plan!

9. Future Camps

- a. November 2014
- b. November 2015

10. New Business

11. Adjournment