CITY OF PLANO SWIMMERS
22nd ANNUAL PENTATHLON INVITATIONAL
Sunday, October 10, 1999
Loos Natatorium, Addison, Texas

Meet Schedule:

Warm-ups:	7:15am - 8:00am	COPS, COR, GPAC, IS, LAC, MARS, MTRO, NTAC
	8:00am - 8:45am	ATAC, ASR, DM, DUST, FAST, GAR, GCAT, GROC, TST
		Any team not listed may attend either warm-up session.
	Meet begins at 9:00 a.m.	

Pool:
Loos Natatorium is a 50 meter facility, divided into two 25 yard, 8 lane pools. It is located in Addison, Texas, 3815 Spring Valley Road, Phone 972/888-3191.

Age:
Swimmer's age as of October 10, 1999.

Eligibility:
No entries will be accepted unless the entrant is registered with USA Swimming, Inc. Every club entered as a team in a North Texas Swimming meet must be a member of USA Swimming, Inc. All swimmers must have achieved one "A" time to enter the meet. Swimmers entering events in which they do not have the "A" time must enter their actual time.

Entry Limit:
Swimmers may enter less than 5 events, but must swim 5 events to be eligible for awards.

Entry Fees:
Entry fees are $12.00 per swimmer, even if they are swimming less that 5 events. Late entries are $18.00 per swimmer and will be accepted up to 30 minutes prior to the scheduled start of the meet.

Entry Forms:
Teams are encouraged to send their entries in on Hy-Tek Team Manager software plus one hard copy of the team's entries. If entries are not on Hy-Tek, please make one copy of the enclosed consolidated entry form for each swimmer entered in the meet and send with entry fees.

Mail Entries To:

Tom Cyprus
City of Plano Swimmers
2925 W. 15th Street
Plano, Texas 75075-7632
(972) 398-7946

Make checks payable to: COPS, Inc.

Entry Deadline:
All entries must be received no later than 6:00 p.m., Tuesday, September 28, 1999.

Awards:
Awards will be given to the 1st through 6th place boy and girl in each age group. No team points will be scored. Individual swimmers' scores will be calculated by totaling the actual times he/she swam in the 5 events. Final place will be determined by ranking the swimmers' total times from fastest to slowest. A disqualification in any one event will prevent the swimmer from receiving a final place or award.

Rules:
Current USA Swimming Inc. rules will apply.

Sanction:
This meet is held under the sanction of USA Swimming, Inc. The sanction number is 040-99 .

In granting this sanction it is understood and agreed that USA Swimming, Inc., North Texas Swimming, Inc., The City of Plano Swimmers, Inc., The Dallas Independent School District and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Warm-Up:
North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. Both ends of the pool will be available.

Guidelines:
General Warm-Up (30 minutes)

- All lanes to be used for general warm-up.
- **NO DIVING.**

Specific Warm-Up (last 15 minutes)

• Lanes 1 and 8	Push/Pace:	Circle swimming only, **NO DIVING.**
• Lanes 2, 3, 6, and 7	Racing Starts:	Swimming one direction only. Exit at the end of lane or into lanes 4 and 5.
• Lane 4 and 5	General Warm-up:	Circle swimming only. **NO DIVING.**

There will be no lane assignments by club.

Seeding:
All events will be conducted as timed finals and will be deck seeded.

Check-In:
Check-in postings will be separated by sex and age group. Check-in has three options: ___√___, __SCRATCH__, or _____. The check-in deadline for each event will be 30 minutes prior to the scheduled start of that event.

Timers:
In accordance with North Texas Swimming Rules, each team will be requested to furnish one timer for every ten swimmer entered in the meet.

Results:
Final results will be mailed to participating teams within ten (10) days of the last day of the meet. Additional copies may be purchased for $5.00 each at the Clerk of Course.

Admissions and Concessions:
No admission will be charged. Food concessions will be available.

Psyche Sheets:
Programs will be on sale for $5.00 each.

Hospitality:
A Hospitality area will be provided for coaches and officials.

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SCHEDULE OF EVENTS
Sunday, October 10, 1999

********ENTER IN YARD TIMES ONLY********

Girls	A Time	Event	A Time	Boys
1	1:08.39	13 - 14 100 Yd Butterfly	1:04.09	2
3	1:07.29	15 & Over 100 Yd Butterfly	1:00.79	4
5	37.29	10 & Under 50 Yd Butterfly	36.69	6
7	1:14.09	11 - 12 100 Yd Butterfly	1:12.49	8
9	1:09.79	13 - 14 100 Yd Backstroke	1:04.99	10
11	1:08.49	15 & Over 100 Yd Backstroke	1:02.39	12
13	38.19	10 & Under 50 Yd Backstroke	38.49	14
15	1:14.89	11 - 12 100 Yd Backstroke	1:13.29	16
17	1:17.99	13 - 14 100 Yd Breaststroke	1:12.29	18
19	1:16.99	15 & Over 100 Yd Breaststroke	1:09.89	20
21	41.99	10 & Under 50 Yd Breaststroke	42.49	22
23	1:22.19	11 - 12 100 Yd Breaststroke	1:21.29	24
25	1:02.59	13 - 14 100 Yd Freestyle	58.09	26
27	1:01.69	15 & Over 100 Yd Freestyle	55.39	28
29	32.39	10 & Under 50 Yd Freestyle	31.89	30
31	1:05.29	11 - 12 100 Yd Freestyle	1:03.19	32
33	5:20.49	13 - 14 400 Yd IM	5:03.99	34
35	5:14.89	15 & Over 400 Yd IM	4:51.09	36
37	1:23.19	10 & Under 100 Yd IM	1:21.49	38
39	1:14.59	11 - 12 100 Yd IM	1:12.79	40

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List of Officials

Referee:	Gary Gettel
Starter:	John Rieff
Stroke & Turn:	Sharon Weston-Dawkes
Head Timer:	Doug LeBlanc
Timing:	Colorado
Marshall:	Karen Wyatt