ROSE CITY 'A/BB' LONG COURSE INVITATIONAL

June 1 – June 3, 2007
Hosted by *TYLER METRO* in *Tyler, Texas*

Sanction # 016-07

Location: Fun Forest Pool, 800 North Glenwood, Tyler, TX.

Facility: Fun Forest is an eight lane, 50-meter outdoor pool. The pool depth ranges from 4 feet to 16 feet. Automatic timing equipment will be used. The facility has limited covered seating available. Lawn chairs, tents and coolers are encouraged. Parents are not allowed on deck.

Sanction: Held under the Sanction of USA Swimming, Inc. Sanction # **016-07**. In granting this sanction, it is understood and agreed that USA Swimming, Inc., North Texas Swimming, Inc., all meet officials, the City of Tyler, Metroplex Aquatics, and the Tyler Swim Academy shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Warm-up: General warm-up will be conducted in all eight lanes for the first 30 minutes of each warm-up session. NO DIVING! During the last 15 minutes of warm-ups the following procedures will be in effect:
Lanes 1 & 8: Push pace, NO DIVING
Lanes 2, 3, 6 & 7: Racing starts, exit far end of the pool
Lanes 4 & 5: General warm up, NO DIVING

Should a second warm-up session become necessary — a notice will be posted on the North Texas Swimming website.

Rules: Current USA Swimming, Inc. Rules and Regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet.

Entry Limit: This meet will be limited to **400 swimmers.** A swimmer may swim a maximum of 5 individual events and 2 relays per day

Eligibility: No entries will be accepted unless the entrant is an athlete member of USA-Swimming. Every Club entered as a team in a North Texas Swimming Sanctioned Meet shall be a member of USA Swimming, Inc. The USA Swimming ID number must be placed on the consolidated entry form. For other eligibility requirements, see North

Texas P&P Sections 3&4. **The swimmers age as of June 1, 2007 shall determine their age for the entire meet. Swimmers will be eligible to compete at the "A" or "BB" level according to NTS Rules and Regulations.**

Entry Fees: $2.50 per individual event and $5.00 per relay. Late entries will be accepted at $5.00 per individual event until 30 minutes prior to the scheduled start of the meet each day. Relays entries will be accepted the day of the event at the $5.00 rate. Teams will be responsible for paying the Clerk of Course for all relay teams no later than the end of the last session. **There will be no deck entries on Friday Night.**

Psyche Sheets: Psyche sheets will be available for $5.00 each at the Clerk of Course.

Seeding: All events will be conducted as timed finals and will be deck seeded. Positive check-in is required. Check-in deadline is thirty minutes prior to the start of each event. All swimmers must check in or they will be scratched.

___X___ Indicates swimmer is present and will swim.
SCR Indicates swimmer is not swimming this event.
_____ Indicates swimmer is not swimming for unknown reasons.

Scoring and Awards:

Team points will be calculated and awarded as follows: individual events 9-7-6-5-4-3-2-1. Relay points will be doubled.
Ribbons will be awarded for places 1- 8 in individual events. Ribbons will be awarded for places 1-3 in Relay Events.
Additionally, awards will be given to the swimmer scoring the highest number of points, by gender, in his or her age group.

Hospitality: A hospitality area will be provided for coaches and officials.

Concessions: Concessions will be available for spectators and swimmers.

Entries: Entries must be received no later than 6pm on Tuesday, May 22, 2007.
When submitting entries, include the name, e-mail address and phone number of the person preparing team entries. E-mail entries are preferred, and will be accepted as an attachment to an e-mail message (attach the meet entries file) along with an attached file of the "meet entries" report (by name). All team entries shall be submitted using the team entry software adopted by the NTS House of Delegates. E-mail entries must be received by the deadline and payment must be postmarked that day. Individual entries must be on the consolidated entry form and received by the deadline with payment. Any team submitting more than 5 individual entries, which are not submitted using this standard software, shall pay double the entry fees to the meet host.

Make checks payable to Tyler Swim Academy.
Send entries and payments to:

Tyler Swim Academy
C/O Scott Eeds
1107 Kevin
Whitehouse, TX 75791
(903) 839-7372
E-mail to seeds116@suddenlink.net

List of Officials: Meet Referee: Mark Taylor
Starter: Jana Morrison
Stroke and Turn: Johnny Lewis, Radar Williamson
Clerk of Course: Mark Morrison
Further Information: Johnny Lewis and Karen Michaels
Co-Meet Directors
Email: Tylerswimteam@hotmail.com

Session 1 Friday, June 1 - Warm-up 4:00 p.m. Meet starts - 5:00 p.m.

Girls	Faster Than	Event/Meter	Faster Than	Boys
1		400 Free		2
		12&U		
	6:55.79	10&U	6:52.69	
	6:00.09	11-12	5:56.59	
		13&O		
		13-14		
		15&O		
3		200 Fly		4
	3:17.79	11-12	3:15.89	
5		400 IM		6
		13-14		
		15&O		
7		800 Free		8
		13-14		
		15&O		

**200 Fly will be limited to the fastest 16 swimmers of each gender
~~**400 free will be seeded with only the top 24 times for each age group – 12&U and 13&O.~~ **All Pre-entered swimmers will be allowed to swim the 400 free. The 400 will be swum fastest to slowest alt. girls and boys.**

No Deck entries on Friday Night

This event will be scored by age group 10&U, 11-12, 13-14 & 15&O.
**********20 minute warm-up/down before the start of 800 Free**********
**800 Free will be swum together and scored separately, swimming fastest to slowest alternating girls and boys ~~and will be limited to the fastest 24 swimmers of each gender. Swimmers must provide their own lap counters and timers for this event.~~

Session 2 Saturday, June 2 - Warm-up 8:00 a.m. Meet starts - 9:00 a.m.

Girls	Faster Than	Event/Meter	Faster Than	Boys
9		10&U 200 Medley Relay		10
11		11-12 200 Medley Relay		12
13		200 Freestyle		14
	3:23.79	10&U	3:13.99	
	2:52.39	11-12	2:48.69	
15		100 Backstroke		16
	1:48.89	10&U	1:46.09	
	1:34.39	11-12	1:31.39	
17		50 Breaststroke		18
	54.89	10&U	55.09	
	45.59	11-12	47.09	
19		200 Breaststroke		20
	3:40.59	11-12	3:37.99	
		100 Butterfly		
21	1:56.19	10&U	1:53.99	22
	1:30.79	11-12	1:30.19	
23		50 Freestyle		24
	40.89	10&U	40.39	
	36.39	11-12	35.69	
25		10&U 400 Free Relay		26
27		11-12 400 Free Relay		28

Session 3 Saturday, June 2 - Warm-up 1:00 p.m., Meet starts - 2:00 p.m.

Girls	Open to all 13&O	Event/Meter	Open to all 13&O	Boys
29		13-14 200 Medley Relay		30
31		15&O 200 Medley Relay		32
33		200 Freestyle		34
		13-14		
		15&O		
35		100 Backstroke		36
		13-14		
		15&O		
37		200 Butterfly		38
		13-14		
		15&O		
39		100 Breaststroke		40
		13-14		
		15&O		
41		100 Freestyle		42
		13-14		
		15&O		
43		13-14 400 Free Relay		44
45		15&O 400 Free Relay		46

Session 4 Sunday, June 3 - Warm-up 8:00 a.m. Meet starts - 9:00 a.m.

Girls	Faster Than	Event/Meter	Faster Than	Boys
47		10&U 200 Free Relay		48
49		11-12 200 Free Relay		50
51		200 IM		52
	3:47.29	10&U	3:44.79	
	3:15.19	11-12	3:13.89	
53		50 Backstroke		54
	49.89	10&u	50.49	
	42.49	11-12	42.29	
55		200 Backstroke		56
	3:15.79	11-12	3:15.29	
57		100 Breaststroke		58
	2:02.39	10&U	1:59.79	
	1:41.89	11-12	1:41.99	
59		50 Butterfly		60
	48.59	10&U	46.89	
	39.69	11-12	39.99	
61		100 Freestyle		62
	1:32.99	10&U	1:31.09	
	1:20.19	11-12	1:17.49	
63		10&U 400 Medley Relay		64
65		11-12 400 Medley Relay		66

Session 5 Sunday, June 3 - Warm-up 1:00 p.m. Meet starts - 2:00 p.m.

Girls	Open to all 13&O	Event/Meter	Open to all 13&O	Boys
67		13-14 200 Free Relay		68
69		15&O 200 Free Relay		70
71		200 IM		72
		13-14		
		15&O		
73		50 Freestyle		74
		13-14		
		15&O		
75		200 Breaststroke		76
		13-14		
		15&O		
77		100 Butterfly		78
		13-14		
		15&O		
79		200 Backstroke		80
		13-14		
		15&O		
81		13-14 400 Medley Relay		82
83		15&O 400 Medley Relay		84