

Division 2 Level 2 Invite (BB and UP)
Hosted by: Lakeside Aquatic Club
October 3-5, 2014
NT-Sanction # 061-14

Location:

LISD Westside Aquatic Center
1750 Duncan Lane
Lewisville, TX 75067

Facility: 2-8 lane, 25 yard courses, with 6-25yd continuous warm-up lanes. Colorado timing system and 2 scoreboards will be utilized. The competition course has been certified in accordance with 104.2.2C(4). The minimum water depth, measured in accordance with Article 103.2, is 7 feet, 0 inches at the start end and 8 feet, 6 inches at the turn end for one competition pool and 8 feet, 6 inches at the start end and 12 feet 0 inches at the turn end for the other competition pool.

Lakeside Aquatic Club reserves the right to run two pools or change sessions based on timelines and or entries.

Schedule:	Session 1 (FRI)	4:15-4:45 pm	Meet Start 5:00 pm
	Session 2 (SAT)	Group 1 7:30-8:00am Group 2 8:00-8:30am Pace/ Starts 8:30-8:45am	Meet Starts 9:00 am
	Session 3 (SUN)	Group 1 7:30 – 8:00am Group 2 8:00-8:30am Pace/ Starts 8:30-8:45am	Meet Starts 9:00 am

Teams: DM, DAC, ESP, FA, IS, LAC, QA, SMU, WEST, WKB

Warm-up groups will be sent out to the teams after all entries are received.

Warm-up: General warm-up will last for 30 minutes of each warm-up session with NO DIVING.

The combined 15 minutes (Pace/Starts) will allow diving, as noted below.

The diving period shall be as follows:

Lanes 1 and 8 – push swims from the starting end, NO DIVING

Lanes 2, 3, 6, and 7 – racing starts, one way only from the blocks

Lanes 4 and 5 – general warm-up -- NO DIVING

**The meet director in conjunction with the meet referee may adjust the warm up assignments if the entries for the meet make the warm up session disproportionately large. They shall attempt to even the number of swimmers in each session. All teams involved should be notified not less than 72 hours prior to the beginning of the first warm up session of the meet. The meet referee may, at his/her discretion, open additional lanes for racing starts, should the situation dictate.

Rules: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meets personnel only. Parents and other spectators must remain in the bleachers above the pool. No chairs are

allowed in the bleacher area except for “stadium seats”. No standing along the railing will be allowed. No food or drink (except water) is allowed on the deck.

Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

SANCTION AND LIABILITY: This meet is held under the sanction of USA Swimming, by North Texas Swimming Inc. Sanction # NT061-14.

IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, LAKESIDE AQUATIC CLUB, AND LEWISVILLE ISD SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. DAMAGE TO A FACILITY, WHEN PROVED, WILL CAUSE THE OFFENDING SWIMMER, IF UNATTACHED, OR THE OFFENDING SWIMMER’S. IF ATTACHED, TO BE HELD ACCOUNTABLE FOR REPAIRS.

Unattached/Unaccompanied Athletes: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Age: Swimmer’s age as of October 3, 2014

Eligibility: No entries will be accepted unless the entrant is an athlete member of USA Swimming, Inc. Every club entered as a team in a North Texas Swimming sanctioned meet shall be a member of USA Swimming, Inc. The complete USA Swimming registration numbers must be on the consolidated swimmer entry form. A swimmer may enter any event in which the swimmer has achieved the “BB” qualifying time standard. Swimmer’s age as of 10/3/14 shall determine their age for the entire meet. 15 and over swimmers will use the 15-16 national age group time standard. Only swimmers registered with North Texas Swimming may enter the meet. **NO DECK Registrations will be accepted.**

Entry Fees/Entry Limit: Each swimmer may participate in five (5) individual events and one (1) relay per day. The \$3.00 surcharge per swimmer will apply. Entry Fees are a \$3.75 per individual event and \$7.00 per relay event. Late entries will be accepted until 30 minutes before the start of each session at \$11.25 per individual event. There will not be any late entries for relays. Relay entries must be submitted by the entry deadline. All late entries must be accompanied by proof of registration and a current SWIMS best times printout. These times may be looked up for a \$5.00 fee by the host club.

Entry Deadline: Entries must be received by **6:00 PM, Thursday, September 25, 2014**. Entries must be submitted by Email, to jeff.jones@swimlac.org with an attached file of the meet entries report by name and a meet entry fee report. If your team elects to submit entries by

regular mail and is willing to accept the assessments described below, then those entries should be mailed to: Individual E-mail entries will not be accepted.

All team entries shall be submitted using the team entry software adopted by the NTS House of Delegates. Any team submitting more than 5 individual entries, which are not submitted using this standard software, shall pay double the entry fees to Lakeside Aquatic Club.

•Fees shall be mailed and postmarked by Friday, September 26, 2014

Checks for entry fees shall be made payable to LAC.

Entry fees should be mailed to

Lakeside Aquatic Club
P.O. Box 270189
Flower Mound, TX 75027

•The name, phone number and email address of the person preparing team entries shall be provided with the entries.

•All teams shall provide a printout of meet entry fees and a printout of individual entries, by name.

Awards and Scoring: Ribbons will be awarded for places 1-8. Relay events will be awarded ribbons for place 1-3.

Point as follows, Individual: 9-7-6-5-4-3-2-1 Relay: 18-14-12-10-8-6-4-2

Seeding: All events shall be conducted as timed finals and will be deck seeded. Seed times entered should be the swimmer's best times for the stroke and distance. All events will be swum fastest to slowest.

Check In: Positive check-in is required for all events. The check-in deadline is 30 minutes prior to the scheduled start of the event. There are 3 check-in options:

 √ - indicates swimmer will swim the event.

Scr - indicates swimmer will not swim the event

 - indicates the swimmer will not be swimming the event

Psych Sheet: Psych Sheets will be available for all sessions at a one time charge.

Timers: LAC will provide timers for the meet, however, if you would like to volunteer, please see the Head Timer.

Results: Final results will be posted on the NT website ten (10) days of the last day of the meet.

Admissions and Concessions: No admission will be charged. Food concessions will be available.

Hospitality: A Hospitality area will be provided for coaches and officials.

List of Officials:

Meet Referee: Karen Rourke

Starter: Chuck Chinnis

Stroke and Turn Judges: Jay Leigh and Todd Straight

Admin Official: Deb Behrens

Head Safety Marshal: Ammie Hauck

Meet Director: Jackie Garry

ORDER OF EVENTS

Friday, October 3

<u>Girls</u>	<u>Faster than</u>	<u>Event</u>	<u>Faster than</u>	<u>Boys</u>
1		13 and over 800 Free Relay		2
		13-14		
		15& over		
3	6:00.89	11-12 400 IM	5:52.99	
	4			
5		13&Over 400 IM		6
	5:42.19	13-14	5:20.29	
	5:32.89	15&Over	5:07.69	
7		12&under 500 Free		8
	7:39.49	10&under	7:32.59	
	6:38.59	11-12	6:32.79	
9		13&Over 500 Free		10
	6:22.39	13-14	6:01.69	
	6:12.69	15&over	5:47.89	

The 500 freestyle will alternate girls/boys for events 7 and 8 then alternate girls/boys for events 9 and 10.

Swimmers must provide their own counters and timers for the 500s.

Saturday, October 4

Girls	Faster than	Event	Faster than	Boys
11	2:49.39	11-12 200 Fly	2:45.39	
	12			
13		13&Over 200 Fly		14
	2:40.09	13-14	2:28.89	
	2:34.89	15&Over	2:22.29	
15		10&Under 200 Free Relay		16
17		11-12 200 Free Relay		18
19		13&Over 200 Free Relay		20
		13-14		
		15&Over		
21		12&Under 100 Free		22
	1:21.09	10&Under	1:19.39	
	1:08.29	11-12	1:06.99	
23		13&Over 100 Free		24
	1:06.29	13-14	1:01.59	
	1:04.99	15&Over	58.69	
25		12&Under 50 Back		26
	43.29	10&Under	43.19	
	36.09	11-12	36.09	
27		12&Under 100 Breast		28
	1:45.59	10&Under	1:41.99	
	1:28.69	11-12	1:26.49	
29		13&Over 100 Breast		30
	1:22.99	13-14	1:16.69	
	1:21.99	15&Over	1:13.59	
31		12&Under 200 IM		32
	3:17.29	10&under	3:16.29	
	2:49.49	11-12	2:47.39	
33		13&Over 200 IM		34
	2:40.79	13-14	2:30.29	
	2:36.79	15&Over	2:23.29	
35		12&Under 50 Fly		36
	42.39	10&Under	41.39	
	34.59	11-12	34.69	
37	2:46.69	11-12 200 Back		2:42.79
	38			
39		13&Over 200 Back		40
	2:36.29	13-14	2:27.09	
	2:32.99	15&Over	2:20.69	

Sunday, October 5

Girls	Faster than	Event	Faster than	Boys
41	3:11.09	11-12 200 Breast	3:03.49	
	42			
43		13&Over 200 Breast		44
	3:00.19	13-14	2:47.59	
	2:56.39	15&Over	2:40.49	
45		10&Under 200 Medley Relay		46
47		11-12 200 Medley Relay		48
49		13&Over 200 Medley Relay		50
		13-14		
		15&Over		
51		12&Under 200 Free		52
	2:58.29	10&Under	2:50.19	
	2:29.69	11-12	2:25.99	
53		13&Over 200 Free		54
	2:22.89	13-14	2:14.19	
	2:19.99	15&Over	2:08.39	
55		12&Under 100 Back		56
	1:33.49	10&Under	1:30.79	
	1:19.49	11-12	1:17.49	
57		13&Over 100 Back		58
	1:12.69	13-14	1:08.29	
	1:10.79	15&Over	1:04.69	
59		12&under 100 IM		60
	1:32.39	10&Under	1:30.39	
	1:19.19	11-12	1:17.19	
61		12&Under 50 Free		62
	35.69	10&Under	34.99	
	31.69	11-12	30.69	
63		13&Over 50 Free		64
	30.49	13-14	29.19	
	29.99	15&Over	26.89	
65		12&Under 100 Fly		66
	1:40.39	10&under	1:39.39	
	1:19.39	11-12	1:17.59	
67		13&Over 100 Fly		68
	1:12.19	13-14	1:07.09	
	1:10.69	15&Over	1:03.89	
69		12&under 50 Breast		70
	47.79	10&under	47.49	
	40.59	11-12	40.29	