

NTS Div 1 Level 3 Meet
Hosted by Mid-Cities Arlington Swimming
October 18-19, 2014
Sanction # NT 066-14

LOCATION: GCISD Swim Center, 2305 Pool Rd., Grapevine, TX. Eleven lanes, 25 yards indoors pool with Colorado Timing System. The competition will be held in lanes 1-10. The course has not been certified in accordance with 104.2.2C(4). The minimum water depth, measured in accordance with Article 103.2.3 is 4 feet eight inches at the start end and 4 feet 8 inches at the turn end.

SCHEDULE:		Warm-up	Meet Start
Session 1 - Saturday	All Groups	8:00-8:30AM	8:45AM
Session 2 - Saturday	Group 1	10:00-10:45AM	11:45PM
	Group 2	10:45-11:30PM	
Session 3 - Sunday:	Group 1	8:00-8:45AM	9:45AM
	Group 2	8:45-9:30AM	

**Warm Up assignments will be posted by Monday, October 13, 2014 on the MARS website:
www.marswim.org**

The first 30 minutes will be general warm up in all lanes for all sessions. No diving is allowed during general warm up. Swimmers must enter the water feet first in a cautious manner. During the last 15 minutes of warm up, the following procedures will be in effect:

Lanes 1 & 10	Push swims, NO DIVING. Swimmers will start from a push from the starting end. Circle swimming only.
Lanes 2,9	Racing starts, sprint lanes, swimming in one direction only, from the starting blocks.
Lanes 3,4,5,6,7,8	General warm up, NO DIVING

RULES: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm up procedures will be in effect. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. ***ALL SPECTATORS MUST REMAIN IN THE SEATING AREA. NO BABY STROLLERS ALLOWED IN FACILITY.***

SANCTION AND LIABILITY: “IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, MID-CITIES ARLINGTON SWIMMING, AND GRAPEVINE-COLLEYVILLE INDEPENDENT SCHOOL DISTRICT SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.” THIS MEET IS HELD UNDER THE SANCTION OF USA SWIMMING, INC. BY NORTH TEXAS SWIMMING SANCTION # NT 066-14. DAMAGE TO A FACILITY, WHEN PROVED, WILL CAUSE THE OFFENDING SWIMMER, IF UNATTACHED, OR THE OFFENDING SWIMMER’S CLUB, IF ATTACHED, TO BE HELD ACCOUNTABLE FOR REPAIRS.

ELIGIBILITY: No entries will be accepted unless the entrant is a registered athlete member with USA Swimming, Inc. Every club entered as a team in North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc. The complete USA Swimming registration numbers must be on the consolidated swimmer entry form. Swimmer's age as of **10/18/2014** shall determine their age for the entire meet. Any athlete may enter an event in a Level 3 competition in which the athlete has not achieved the applicable "BB" time standard in their age group. This meet is only open to swimmers registered with USA Swimming. No Deck Registrations will be accepted.

Swimmers with Disabilities: Coaches and or swimmers are responsible for notifying the meet referee or meet director of any disability prior to the completion and for providing their own assistant or equipment. Please contact the meet director/referee at least 2 weeks in advance of the meet to reserve proper equipment.

Unattached/Unaccompanied Swimmers: Any swimmer entered in the meet, unaccompanied by a USA Swimming coach member, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water; it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY FEES and LIMIT: Each swimmer may participate in four (4) individual events per day. Entry fees are \$3.75 per individual event, \$3.00 per swimmer surcharge. Late entries will be accepted up until 30 minutes before the start of each session at \$11.25 per individual event. Any athlete late entering the meet must provide proof of registration and a current print out of best times from SWIMS. NO USA Swimming registration will be accepted at the meet.

ENTRY DEADLINE: Entries must be received by 6:00 PM on **Thursday, October 9, 2014**. The complete USA registration number must be placed on each entry form. Checks should be made payable to MARS. *Emailed team entries will be accepted as an attachment to an email message (attach the meet entries file) along with an attached file of the meet entries report by name and an attached file of meet entries fee report. Include the name, phone number and email address of the person who prepared the entries. Emailed entries must be received by the deadline and payment must be postmarked that day.* Individual entries must be on the consolidated entry form and received by the deadline with payment.

MAIL ENTRIES TO:

Mid-Cities Arlington Swimming (MARS)
PO Box 13849
Arlington, TX 76094

email: coachbrian@marswim.org

SEEDING: All events shall be conducted as timed finals. Session 1 will be pre-seeded and Session 2&3 will be deck seeded. Seed times entered should be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) should be entered. Age groups will be seeded and swum together, but scored separately.

CHECK IN: Positive check in is required for Session 2&3. The check in deadline is 30 minutes prior to the scheduled start of the event. There are three check-in options:

- Indicates swimmer will swim the event
- scr Indicates swimmer will not swim the event
- Indicates swimmer will not swim the event

PSYCHE SHEETS: Psyche sheets will be available for all sessions at a one-time charge. Meet results will be available on Meet Mobile.

AWARDING AND SCORING: Ribbons will be awarded by age group for individual events for places 1-10. Points will be awarded as follows: Individual events: 11-9-8-7-6-5-4-3-2-1

Meet Referee: Robert Steffner

Starter: Karen Rourke

Stroke & Turn: Rodney Yanai & Don Whitfield

Admin: Bill Brown

Safety Marshall: Julie Johnson

Meet Director: Brian Dangelmaier

Session 1 - Saturday AM				
Girls		Event Description		Boys
1		8&Under 25 FR		2
3		8&Under 25 BK		4
5		8&Under 25 BR		6
7		8&Under 25 FL		8
9		8&Under 50 FR		10
11		8&Under 100IM		12
Session 2 - Saturday AM				
Girls	Slower than	Event Description	Slower than	Boys
13	1:21.09 1:08.29 1:01.19 59.99	100 Free 10&Under 11-12 13-14 15&O	1:19.39 1:06.99 56.89 54.19	14
15	43.29 36.09	50 BK 10&Under 11-12	43.19 36.09	16
17	2:46.69 2:24.29 2:21.19	200 BK 11-12 13-14 15&O	2:42.79 2:15.79 2:09.89	18
19	1:45.59 1:28.69 1:16.59 1:15.69	100 BR 10&Under 11-12 13-14 15&O	1:41.99 1:26.49 1:10.79 1:07.89	20
21	1:32.39 1:19.19	100 IM 10&Under 11-12	1:30.39 1:17.19	22
23	3:17.29 2:49.49 2:28.49 2:24.79	200 IM 10&Under 11-12 13-14 15&O	3:16.29 2:47.39 2:18.79 2:12.29	24
25	42.39 34.59	50 FL 10&Under 11-12	41.39 34.69	26

27	2:39.39 2:27.79 2:22.99	200 FL 11-12 13-14 15&O	2:45.39 2:17.49 2:11.39	28
29	7:39.49 6:38.59 5:52.99 5:43.99	500 Free ** 10 & Under 11-12 13-14 15&O	7:32.59 6:32.79 5:33.89 5:21.19	30
Session 3 - Sunday AM				
Girls	Slower than	Event Description	Slower than	Boys
31	2:58.29 2:29.69 2:11.99 2:09.29	200 FR 10&Under 11-12 13-14 15&O	2:50.19 2:25.99 2:03.89 1:58.59	32
33	47.79 40.59	50 BR 10&Under 11-12	47.49 40.29	34
35	3:11.09 2:46.29 2:42.79	200 BR 11-12 13-14 15&O	3:03.49 2:34.69 2:28.09	36
37	1:33.49 1:19.49 1:07.09 1:05.39	100 BK 10&Under 11-12 13-14 15&O	1:30.79 1:17.49 1:03.09 59.79	38
39	1:40.39 1:19.39 1:06.59 1:05.29	100 FL 10&Under 11-12 13-14 15&O	1:39.39 1:17.59 1:01.89 58.99	40
41	35.69 31.69 28.19 27.69	50 FR 10&Under 11-12 13-14 15&O	34.99 30.69 25.99 24.79	42
43	6:00.89 5:15.89 5:07.29	400 IM 11-12 13-14 15&O	5:52.99 4:55.69 4:43.99	44
45	23:14.19 20:12.29 19:48.19	1650 FR ** 11-12 13-14 15&O	22:57.79 19:15.69 18:39.99	46

****The 500 and 1650 freestyle will be swum fastest to slowest, alternating heats of women and men. All swimmers in these events must provide their own timer and counter.**

