

## 2014 Dallas Mustangs Intra-Squad Meet

Hosted by

### The Dallas Mustangs

November 15, 2014

NTS Sanction 078-14

The Dallas Mustangs Swim Team is hosting an intra-squad meet on November 15, 2014 at the HPHS Natatorium. **This is a closed meet open to Dallas Mustangs swimmers only.**

**Location:** Highland Park High School, 4220 Emerson, Dallas, Texas 75205. The entrance to the pool is located on Westchester, on the east side of the school. The HPHS natatorium is an indoor 6-lane 25-yard pool. The pool uses the Daktronics timing system. There is no separate pool for warm-up or warm-down. Large bleacher seating areas are located on each side of the pool. The competition course has not been certified in accordance with 104.2.2C(4). In accordance with USA Swimming rules sections 202.2.9C, the minimum water depth, measured in accordance with Article 103.2.3, is a minimum of three and a half feet at the turn in the shallow end of the pool.

#### Meet schedule:

Warm-up:	9:00 am – 9:30 am
Meet Start:	9:45 am

**Sanction and liability:** This meet will be held under the USA Swimming and North Texas Swimming, Inc. Sanction #. 078-14. No entries will be accepted unless the entrant is an athlete member of USA Swimming, Inc. and the Dallas Mustangs. **NO DECK REGISTRATIONS WILL BE ACCEPTED.**

**IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, THE DALLAS MUSTANGS SWIM CLUB AND THE HIGHLAND PARK INDEPENDENT SCHOOL DISTRICT SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damages to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.**

**Rules:** Current USA Swimming, Inc. rules and regulations will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. Fly-over starts will be used. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. No chairs allowed in the bleacher area except for "stadium seats." No food or drink (except water) is allowed on deck. ***ALL SPECTATORS MUST REMAIN IN THE SEATING AREA.***

**Eligibility:** This is an Age Group meet: swimmer's age as of November 15, 2014 determines the swimmer's age for this meet. Any athlete may enter an event in which the athlete has not achieved the applicable "A" time standard in their age group. No Bonus or Exhibition Events.

**Entries:** Entries must be declared through the [www.dmswim.com](http://www.dmswim.com) website by 6:00 PM Thursday November 6, 2014. The entry fee is \$4.50 for each event entered, plus a North Texas surcharge of \$3 per athlete. Each swimmer may participate in a maximum of 5 individual events. There will be no late entries.

**Seeding:** All events will be pre-seeded and conducted as timed finals. Events will be seeded fastest to slowest.

**Swimmers with disabilities:** Coaches and/or swimmers are responsible for notifying the meet referee of any disability prior to the competition and for providing their own assistant or equipment. Coaches/swimmers may contact the meet director at least two weeks in advance of the meet to reserve the proper equipment.

**Unattached/Unaccompanied Athlete:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Warm-Up:**The first 20 minutes will be general warm up in all lanes. No sprinting or pace work is allowed during this period. **NO DIVING** is allowed from the blocks or the edge of the pool. Swimmers must enter the water feet first in a cautious manner. During the last 10 minutes of warm the following procedures will be in effect:

Lanes 1 & 8	Push starts. Pace. Circle swimming only. <b>NO DIVING.</b>
Lanes 2, 3, 6 & 7	Racing starts, exit opposite end of the pool.
Lanes 4 & 5	General warm-up lanes. Circle swimming only. <b>NO DIVING.</b>

**Awards:** No awards will be given.

**Meet Programs:** will not be available for purchase, but will be posted throughout the facility.

**Hospitality:** Hospitality will be available for coaches and officials only.

**Officials:**

- Meet Referee: Stephanie Minervini, [sacjones61@yahoo.com](mailto:sacjones61@yahoo.com)
- Admin Referee: Meredyth Childress
- Starter: Mark Lee
- Stroke & Turn: Ron Weimer, Paul Malouf
- Safety Chair: Jeroen Van Cauwelaert, [dmswimmeet@gmail.com](mailto:dmswimmeet@gmail.com)
- Meet Director: Greg Seidel, [gsseidel@gmail.com](mailto:gsseidel@gmail.com)

# ORDER OF EVENTS

**Eligibility: Slower than “A”**

**Entry limit: 5 events**

GIRLS	EVENT	BOYS
1	8&under 50 free	2
3	12&under 50 free	4
5	13&over 50 free	6
7	8&under 25 fly	8
9	12&under 50 fly	10
11	13&over 100 fly	12
13	8&under 25 back	14
15	12&under 50 back	16
17	13&over 100 back	18
19	8&under 25 breast	20
21	12&under 50 breast	22
23	13&over 100 breast	24
25	8&under 25 free	26
27	12&under 100 free	28
29	13&over 100 free	30
31	8&under 100 IM	32
33	12&under 200 IM	34
35	13&over 200 IM	36
37	12&under 100 fly	38
39	13&over 200 fly	40
41	12&under 100 back	42
43	13&over 200 back	44
45	12&under 100 breast	46
47	13&over 200 breast	48
49	12&under 200 free	50
51	13&over 200 free	52
53	13 & over 1000 free	54

Age Group Motivational Times Standards are published on the North Texas Swimming web site.

[https://www.teamunify.com/TabGeneric.jsp?\\_tabid\\_=98151&team=ntslsc](https://www.teamunify.com/TabGeneric.jsp?_tabid_=98151&team=ntslsc)