

MAC Division 1 Level 3 Meet
Hosted by: Mansfield Aquatic Club
February 26-28, 2016
Sanction # NT 013-16

Facility: **Mansfield ISD Natatorium, 1001 N. Holland Road, Mansfield, TX 76063**
The MISD Athletic Complex is located at the corner of Hwy. 360 and E. Broad St. in Mansfield, TX. The natatorium is a 50 meter indoor facility, divided into a 25 yard / 10 lane competition pool with 9 lane warm-up pool. Daktronics timing system and scoreboard will be in use. The competition pool is compliant with, but not certified, in accordance with USA Swimming rule 104.2.2C. The water depth of the competition course is 8 feet on both the starting and turning ends, measured in compliance with USA Swimming Article 202.4.9c.

Schedule:	<u>Warm-Up</u>	<u>Meet Start</u>
Session 1	Friday, 5:00pm	6:00pm
Session 2	Saturday: 8:00am	8:45am
Session 3	Saturday, 10:00am	10:45am
Session 4	Sunday, 8:00am	8:45am

Eligibility: Swimmers can enter any event in a Level 3 competition in which the athlete's previous SWIMS provable time(s) are slower than the applicable 2013-16 motivational "BB" time standard in their age group. NT (no times) will be accepted. Exhibition swims will be allowed in the case of administration error only. Swimmer's age as of February 26, 2016 shall determine his/her age for the entire meet. **NO ENTRIES WILL BE ACCEPTED UNLESS THE ENTRANT IS AN ATHLETE MEMBER OF USA SWIMMING, and NTS INC.** Every club entered as a team in North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc. **SANCTIONED MEET SHALL BE A MEMBER OF USA SWIMMING, INC. NO DECK REGISTRATIONS WILL BE ACCEPTED.**

Unattached/Unaccompanied Athlete: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimmers with Disabilities:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, coaches/swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve proper equipment.

Entry Times/Limit: Swimmers must enter each event with a SWIMS provable time. Each swimmer may participate in a maximum of four (4) individual events and one (1) relay per day.

Seeding: All events shall be conducted as timed finals. All events will be deck seeded. Seed times entered should be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) should be entered. Age groups will be seeded and swum together, but scored separately.

Entry Fees: Entry fees are \$4.50 per individual event, and \$7.50 per relay. There is also a \$3.00 surcharge for each athlete entering the meet (relay only included). Late entries will be accepted up until 30 minutes prior to the scheduled start of each session at \$13.50 per individual event. The swimmer's USA Swimming ID card and proof of time from the USA Swimming site (SWIMS) must accompany all late entries.

Entry fee checks payable to: Mansfield Aquatic Club
1001 N. Holland Rd
Mansfield, TX 76063

Entry Deadline: All entries must be received by 6:00 PM Central Time, Thursday, February 18, 2016

Email entry file and a hard copy of the entry and fee report to theresabrown@misdmail.org.

Swimmers submitting entries on their own should use the NTSI consolidated meet entry form and a complete registration number must be included and emailed to Theresa Brown at theresabrown@misdmail.org.

Rules: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meets personnel only. Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area except for "stadium seats". No standing along the railing will be allowed. No food or drink (except water) is allowed on the deck. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck Changing is prohibited.

Sanction and Liability: This meet is held under the sanction of USA Swimming, Inc. by North Texas Swimming Inc., Sanction # NT 0013-16. "IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, MANSFIELD AQUATIC CLUB, AND MANSFIELD ISD SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET." Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Check-In: Positive check-in is required. The check-in deadline is 30 minutes prior to the scheduled start of each event. There are three check-in options:
 √ indicates the swimmer will swim the event
scr indicates the swimmer will not swim the event
 indicates the swimmer will not swim the event

Scoring: Individual: 9-7-6-5-4-3-2-1
Relay: 18-14-12-10-8-6-4-2

Awards: Ribbons: 1st – 8th place for individual events for ages 10&U, 11-12, 13-14, 15&O 1st – 3rd place for relay events.

Warm-up: General warm-up will last for the first 30 minutes of each warm-up session, with NO DIVING. Circle swimming only. The last 15 minutes will allow diving, as noted below. Warm-up groups will be posted on the NTS web site no later than Monday, April 28, 2014.

Lanes 1 & 10	PUSH PACE swim from the starting end NO DIVING
Lanes 2 & 9	RACING STARTS, one way only from the blocks
Lanes 3, 4, 5, 6, 7 & 8	GENERAL warm-up, NO DIVING

**The meet director in conjunction with the meet referee may adjust the warm up assignments if the entries for the meet make either warm up session disproportionately large. They shall attempt to even the number of swimmers in each session. All teams involved will be notified not less than 72 hours prior to the beginning of the first warm up session of the meet of any changes. The meet referee may, at his/her discretion, open additional lanes for racing starts, should the situation dictate.

Psych Sheets: Psych sheets will be available for purchase. \$5.00 per person

Concessions: Concessions will be available for swimmers and spectators.

Hospitality: Available for coaches, officials, and volunteers only.

Results: Final results will be posted to the North Texas Swimming website within ten (10) days of the conclusion of the meet.

Officials: Referee: Bill Brown
Admin Ref: Robert Steffner
Starter: Craig Loria
Stroke & Turn: Jason Robert and Steve Russell
Head Safety Marshall: Matt Bold

Meet Director: Theresa Brown
theresabrown@misdmail.org
817-276-5230

Schedule of Events

Session 1 – Friday, February 26, 2016				
Girls	"Slower than"	Event Description	"Slower than"	Boys
1	6:00.89 5:42.19	<u>400 IM 11 & Over</u> 11-12 13-14 15 & Over	5:52.99 5:20.29	2
3	NT 7:39.49	<u>500 Free Open</u> 8 & Under 9-10	NT 7:32.59	4
5	23:14.19 20:12.29	<u>1650 Free</u> 11-12 13-14 15&O	22:57.79 19:15.69	6

**400IM, 500 Free and 1650 Free will be swum alternating girls and boys and must provide their own timers and lap counters.*

Session 2 - Saturday, February 27, 2016

Girls	"Slower than"	Event Description	"Slower than"	Boys
7		<u>8 and under 25 FR</u>		8
9		<u>8 and Under 25 BK</u>		10
11		<u>8 and Under 25 BR</u>		12
13		<u>8 and under 25 FL</u>		14
15		<u>8 and under 50 FR</u>		16
17		<u>8 and under 100 IM</u>		18

Session 3 - Saturday, February 27, 2016

Girls	"Slower than"	Event Description	"Slower than"	Boys
19	2:49.39 2:40.09	<u>11 & O 200 Fly</u> 11-12 13-14 15&O	2:45.39 2:28.89	20
21		<u>200 Free Relay</u> 10 & Under 11-12 13-14 15 & Over		22
23	3:17.29 2:49.49 2:40.79	<u>200 IM</u> 10 & Under 11-12 13-14 15&O	3:16.29 2:47.39 2:30.29	24
25	43.29 36.09	<u>50 Back</u> 10 & Under 11-12	43.19 36.09	26
27	1:45.59 1:28.69 1:22.99	<u>100 Breast</u> 10 & Under 11-12 13-14 15&O	1:41.99 1:26.49 1:16.69	28
29	1:21.09 1:08.29 1:06.29	<u>100 Free</u> 10 & Under 11-12 13-14 15&O	1:19.39 1:06.99 1:01.59	30
31	2:46.69 2:36.29	<u>200 Back</u> 11-12 13-14 15&O	2:42.79 2:27.09	32
33	42.39 34.59	<u>50 Fly</u> 10 & Under 11-12	41.39 34.69	34
35	6:38.59 5:52.99	<u>500 Free*</u> 11-12 13-14 15&O	6:32.79 5:33.89	36

**500 Free will be swum alternating girls and boys and must provide their own timers and lap counters.*

Session 4 – Sunday, February 28th

Girls	“Slower than”	Event Description	“Slower than”	Boys
37	3:11.09 3:00.19	<u>200 Breast</u> 11-12 13-14 15&O	3:03.49 2:47.59	38
39		<u>200 Medley Relay</u> 10 & Under 11-12 13-14 15 & Over		40
41	1:32.39 1:19.19	<u>100 IM</u> 10 and under 11-12	1:30.39 1:17.19	42
43	1:33.49 1:19.49 1:12.69	<u>100 Back</u> 10 & Under 11-12 13-14 15&O	1:30.79 1:17.49 1:08.29	44
45	1:40.39 1:19.39 1:12.19	<u>100 Fly</u> 10 & Under 11-12 13-14 15&O	1:39.39 1:17.59 1:07.09 1:03.89	46
47	47.79 40.59	<u>50 Breast</u> 10 & Under 11-12	47.49 40.29	48
49	2:58.29 2:29.69 2:22.89	<u>200 Free</u> 10 & Under 11-12 13-14 15 & Over	2:50.19 2:25.99 2:14.19	50
51	35.69 31.69 30.49	<u>50 free</u> 10 & Under 11-12 13-14 15 & over	34.99 30.69 29.19	52
53	13:44.69 13:08.29 12:51.69	<u>1000 Free</u> 11-12 13-14 15 and Over	13:31.49 12:27.69 12:01.49	54

**1000 Free will be swum alternating girls and boys and must provide their own timers and lap counters.*