2021 Texas Age Group Swimming Long Course Championships & Time Trials
July 21-25, 2021

Entry deadline – NOON CDT, Monday, July 19, 2021 (USA Swimming OME)

Welcome: MARS Swimming invites your team to join us at the new Arlington ISD Natatorium for Texas Age Group Swimming Championships. The meet will be conducted in one 50 meter course, using Colorado Timing System and Hy-Tek Meet Manager software.

Sanction # NT 062R-21 Time Trial NT 062RTT-21

Held under the sanction of USA Swimming by North Texas Swimming, Inc.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

APT: Adult athletes (18 and older) must complete Athlete Protection Training (APT) prior to the first day of the meet and show proof of completion in their Deck Pass account prior to competing. Times achieved by an adult athlete who competes without completing this membership requirement will NOT count for qualification or recognition in individual events or relays.

Venue: Arlington ISD Natatorium
1001 E Division St
Arlington, TX 76010

Facility: 1 – 50m eight lane course for competition and 4 lanes available for warm down. Colorado Timing System, Hy-Tek Meet Manager Software and 2 scoreboards will be utilized.

Water Depth: The minimum water depth for the AISD Natatorium, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and the turn end is 12 feet, 0 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4).

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is

not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NORTH TEXAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Guidelines: There are currently no COVID-19 restrictions for this facility

Safe Sport: We are not anticipating any COVID-19 related restrictions on the spectators. The number of spectators allowed will be depend on each session's athlete count. We will also be live streaming the event to give parents and guardians an opportunity to watch their athlete compete. Live stream info will be posted on the MARS website prior to the start of the swim meet.

Sanction: This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2021 with USA Swimming by the meet start date. North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability: *IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, AISD, SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.*

COVID-19: We have taken enhanced health and safety measures – for you, our employees, swimmers, and members of North Texas Swimming. You must follow all posted instructions while participating in the meet at AISD Natatorium. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2021) registered with USA Swimming. All Coaches are required to complete the USADA Coaching Advantage and all officials and coaches are to have completed Concussion Protocol Training. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card or Deck Pass as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; or 2) need to be late-entered because of clerical errors by the entering team or the meet host, will be required to present their USA Swimming ID card or Deck Pass (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

Swimmer Photographs and Videos: There may be one or more photographers and / or videographers on deck at this meet. By entering this meet participants and their parents understand their child's image may be used and give permission for these images to be published. Photographers and videographers are strongly encouraged to stay out of the

area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Cell Phone Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

General Meeting:
All swimmers must be represented at a pre-meet general meeting that will be held on Wednesday, July 21, 2021. The meeting will be held 10 minutes after the end of Session 1 in the grand stand with coaches socially distant from each other. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer's and/or coach's responsibility to be aware of any decisions or changes that are made at this meeting.

Team Scoring/Awards Eligibility: All teams must comply with all TSA entry requirements. The team must be a member of the Texas Swimming Association (TSA) for their swimmers to compete in any event and to earn team points and awards. Swimmers must be currently registered as athletes for 2021 with USA Swimming by the entry deadline and must be registered as a member of one of the five Texas Local Swimming Committees (LSC's). Swimmers age 14 and under on July 21, 2021 are eligible to compete. The age of the swimmer will be his/her age on July 21, 2021. must have achieved those times between June 1, 2020 and July 21, 2021. LCM time standards are shown on the order of events. Non-conforming qualifying times can be found on the Texas Swimming Association website.

TSA Membership Requirements: All teams must be a member of TSA for their swimmers to compete in any event and to earn team points and awards. TSA dues are $25.00 and must be paid through the TSA OME entry process. Late entries must pay the TSA dues at the time of entry if the respective team has not already paid the TSA dues.

Unaccompanied Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. A racing start includes all forward starts from the block or deck, and any backstroke start, including the use of ledges. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Unattached Swimmers: A swimmer may swim "unattached" if he/she is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points. If an unattached swimmer is not representing a team, that individual must pay the $25.00 TSA dues to be eligible for the meet.

Meet Operations: Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between this Meet Information and current TSA rules. Coaches MUST notify Meet or Deck Referee for the 15 minutes rest time between races for swimmers

Meet Format: Individual events in prelims may be conducted using both ends of the 50-meter pool – odd heats finishing at one end (shallow end) and even heats finishing at the other end (deep end). However, we reserve the right to run events on Wednesday evening from only one end of the pool. Chase starts may be used at the discretion of the meet referee. Meet administration may add short breaks during the preliminary sessions. Preliminary events will be seeded slowest to fastest. The 1500 Free will swim fastest to slowest. The 800 and 1500 Free require positive check-in and will swim alternating heats of girls and boys. There will be a 15 minute break between the 800 Free and the 800 Free Relay. There will be a 10 minute break during prelims after the relay and before the start of the 1500 Free.

In prelim/final events, two heats in the 10 & under, 11- 12 and 13-14 age groups, will advance to finals.

All relays, the 800 Free, 10 & under 400 Free and 13-14 1500 Free are timed finals. In the 10 & under 400 Free and 13-14 1500 Free, the fastest heat of girls and boys will swim during finals. However, swimmers in the 1500 Free on Sunday may elect a morning swim. This election is due by 6 PM on Saturday. If no indication is made, the entry will be seeded as if it is available for an evening swim. All other heats of the 1500 Free will swim as the final

event in Sunday's prelim session, fast to slow, alternating girls and boys. There will be a 10 minute break after the 200 medley relay before the start of the 1500.

Given the current and changing restrictions due to COVID, and in consideration of the health and safety of athletes, officials, and volunteers, MARS reserves the right to flight the meet and/or add venues to safely accommodate the number of swimmers

Relays: There is not a limit on the number of relays teams may enter. All relays are timed finals and all relays will start at the even end of the pool. The fastest 8 seed times in each age group electing to swim in finals will swim at night during finals. Teams may elect a morning swim. This election must be made by 6 PM the evening before the relay will swim (so on Wednesday at 6 PM for Thursday relays; on Thursday at 6 PM for Friday relays, etc.) If no election is made, the relay will be seeded as if it is available for an evening swim. Teams seeded in finals must swim or scratch.

Relay cards listing the order of swimmers must be turned in to clerk of course by 6 PM the evening before the relay will swim (same time that you will make an election for a morning swim). You will be able to change the order of the swimmers on the relay. If you fail to turn in a relay card by the 6 PM deadline, your relay will be scratched. If you plan to scratch a relay, fill out a relay card and write "scratch" on it. The order of swimmers on relay teams will be strictly enforced in accordance with 102.3.7 USA Swimming Rules and Regulations.

All swimmers must be pre-entered (prior to the start of the meet) and in the meet to be eligible to swim relays. After OME closes, relay only swimmers can be added to the meet for $20.00 per athlete at any time, prior to the scratch relay deadline for that day. The four (4) swimmers being used to prove the time for a relay, whether the proof is done by team or aggregate, must be eligible to swim that event for this meet.

Positive Check In: The 13-14 800 and 1500 Free will be deck seeded and require positive check in. Failure to check in at clerk of course before the deadline will result in the swimmer being scratched from the event. See the Meet Schedule for exact check-in times.

Scratch Rule: Scratching for preliminaries is required. You must scratch a prelim event you will not swim the next day (i.e. scratch deadline for Thursday's events is 10 minutes after the conclusion of the general meeting on Wednesday; on Thursday by 6 PM you must scratch any event you will not swim on Friday, etc.) See the Meet Schedule for exact times each day. Failure to scratch an event means that event (whether you swim or not) will count as one of your seven allowed events for the meet.

Scratching for all final events is required as outlined in the current USA Swimming rules 207.11.6D and 207.11.6E: Any finalist who fails to compete at finals or consolation finals, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulations.

In this Prelim/Final meet, the finalists and alternates shall be announced and shall have thirty (30) minutes after the announcement to declare their intent to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals, consolation finals or any other bonus final heat if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all advancing swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set.

Entry Deadline: The entry deadline is NOON CDT Monday, July 19, 2021. OME will automatically close at that time.

Entry Fees: $15.00 per individual event, $30 for relays. A $20.00 per swimmer surcharge will be charged, including relay only swimmers. $3 of this surcharge will go to North Texas Swimming.

Time Trials: $30.00 per individual event.
Deck Entries: $30.00 per individual event, $60 for relays. Deck entries will be entered via OME using the scratch deadlines each day.

Entries: Swimmers may enter as many events as they are qualified to swim but they may only compete in a total of 7individual events during the entire meet with no more than 3 individual events during any one day, plus 1 relay event per day. Time trial events will count as one of the 3 events allowed per swimmer per day, but not as one of the seven 7 individual meet events.

If you enter more than 7 events, you must scratch the events you don't want to swim. See "Scratch Rule" above. No-Shows and DFS's will count towards a swimmer's 3 daily and 7 total events.

Teams may list up to two alternates per relay as relay only swimmers. Alternates that may be used on a relay at the meet must be entered in OME.

Entries for TAGS must be completed in USA Swimming's online meet entry (OME) system. Entries will open in OME on June 1, 2021. You are not entered in the meet until you have checked out and paid for your entries in OME. OME saves your entries and you can complete your entries in more than one sitting. But once you check-out, you cannot delete an entry (but you can add additional entries until the entry deadline). Checks for entry fees must be brought to the meet. Credit cards will also be accepted at check-in for entry fees.

Coaches must register in OME to receive a deck pass.

A Hy-Tek file is available on the MARS and North Texas website for running eligibility reports and working out relays, but teams may NOT submit entries using Hy-Tek.

For help with the entries, contact Macie McNichols at USA Swimming (719-866-3506) or mmcnichols@usaswimming.org.

If you have an entry question, please contact Brian Dangelmaier (coachbrian@marswim.org). Email is preferred.

Non-conforming times and distance events: Swimmers qualifying with a "non-conforming" time (SCY) must enter that event using the non-conforming time. This allows OME to prove a qualifying entry time. All events will be seeded LCM first then SCY (with the exception of the 800 Free and 1500 Free).

A swimmer that has the qualifying time for the 1650/1500 Freestyle also qualifies for the 800 Freestyle. If entering the 800 Freestyle with the 1650/1500 Freestyle qualification, the swimmer must enter the 800 Freestyle with their 1650/1500 Freestyle time. This will provide proof of qualification for the event and will allow the swimmers to be seeded in the correct order: 800 LCM, 1000 SCY, 1500 LCM, 1650 SCY. Conversely, a swimmer who qualifies for the 800/1000 Freestyle qualifies for the 1500 Freestyle. If entering the 1500 Freestyle with the 800/1000 Freestyle qualification, the swimmer must enter the 1500 Freestyle with their 800/1000 Freestyle time. This will provide proof of qualification for the event and will allow the swimmers to be seeded in the correct order: 1500 LCM, 1650 SCY, 800 LCM, 1000 SCY.

A 13-14 medley relay with a qualifying time in the 400 automatically qualifies for the 200 medley relay. If entering the 200 medley relay teams should enter with their 400 medley qualifying time.

Proof of Times: OME will automatically provide proof of time. However, if you override a time in OME, you will be required to provide proof of time.

For all rules and explanations pertaining to TAGS Proof of Times, swimmers and coaches should refer to the TSA handbook. If a meet is in the USA Swimming database, coaches do not need to bring a hard copy to TAGS to prove any relays or individual swims aggregated together for qualifying times.

Bonus Swims: Swimmers with 1 regular cut get 1 bonus swim. Swimmers with 2 regular cuts get 1 bonus swim. Swimmers with 3 or more regular cuts get 0 bonus swims. Bonus swim time standards will be used.

Deck Entries: Deck entries will be accepted. Deck Entries are $30.00 per individual event, $60 for relays. All deck entries will be handled through OME. Each day of the meet will have a separate OME entry link. Deck entries will close at the scratch deadline for the session to be entered. Swimmers not previously entered in the meet may also deck enter through OME, but must have achieved the entry time during the qualifying period.

Time Trials: Time Trials will be held, time permitting, for TAGS participants between preliminaries and finals on Friday and Saturday. Entries will be taken outside the pool, near the athlete entrance from 9 AM -11 AM on Friday and Saturday. There will be no time trials on Wednesday, Thursday or Sunday. The entry fee is $30 per event. A swimmer may swim a maximum of one time trial per day. The 800 Free will only be offered for Time Trial on Friday and the 1500 Free will only be offered for Time Trial on Saturday. Time trial events count towards a swimmers maximum events per day as outlined in the "Entries" section. Time Trial results will be published with the Final Results. However, these times cannot be considered for state records. Events will swim mixed gender. Order of events will be: 50's, 100's, 200's, 400 IM, 400 FR and distance of that day.

A qualifying TAGS time earned during time trials will NOT qualify a swimmer to swim that event at TAGS (time trials is past the qualifying period).

Opening Ceremonies/Athlete Recognition: There will be a short opening ceremony on Friday, July 23, 2021 at 8:50 AM. Each team will be introduced and recognized. Teams will not parade. The session will start approximately 10 minutes following the opening ceremony.

Credentials/Registration/Deck Access: All coaches, officials and participating athletes will be issued credentials. Only people with credentials will be allowed access to the deck.

Coaches must register in OME for a deck pass.

Coaches and officials will be required to show their current USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app in order to receive their credential. Coaches may pick up their team's credential tags at the registration desk on Wednesday, July 21 between 11:30 AM and 1:30 PM. The registration desk will be located at Clerk of Course. Replacement credential tags will be available at a cost of $50.

Volunteers will be given a credential to access the deck and help for that specific purpose. Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director or AISD Natatorium staff. Deck passes are only available for coaches.

Deck passes will be limited based on a Team's number of swimmers entered in individual events. Teams with:

1 – 4 swimmers will be allowed 1 deck pass;
5 – 8 swimmers 2 deck passes,
9 – 18 swimmers 4 deck passes,
19 – 40 swimmers 5 deck passes and
41 or more swimmers 7 deck passes.

Timers: Athletes will need to provide timers & counters for the 800 & 1500, and must come from existing credentialed athletes and coaches. Parents will not be allowed to come on deck to time or count. Each team entered in the meet will be responsible for providing additional timers. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timers will be called for prior to

the start of each session.

Timers can sign-up in advance. Please come ready to time. A online sign-up link will be provided to teams in the weeks prior to the start date.

Scoring: All events will be scored by age group (10 & under, 11-12, 13-14). The top 16 places will score.

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Team points will not be awarded for a relay performance that does not meet or better the minimum time standard for that event.

Awards:

Individual Events: Medals 1st through 8th, Ribbons 9th through 16th
Relay Events: Medals 1st through 3rd, Ribbons 4th through 8th
Teams: TAGS Flags will be awarded to teams that finish in 1st through 10th place. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.
High Point Award: A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.
Team Age Group Award: A white flag with red printing will be given to the first place girl's and boy's teams in the following age groups using individual and relay events only: 10 & Under, 11-12, and 13-14.
Horizon Award: Given to the team that has the greatest place improvement in the team standings. No previous score is necessary, but the team must have been entered and recognized in the meet. This award will be computed from 2019 Long Course TAGS team rankings.

Team Flags and High Point Trophies will be awarded within one hour of the conclusion of the meet. Medals and ribbons can be picked up at the Clerk of Course at the conclusion of the meet. Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to MARS within 24 hours of the conclusion of the meet. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of MARS.

Meet Referee: Kenneth Chung (kenneth.chung@ntswim.org)
Stephanie Minervini (stephanie.minervini@ntswim.org)
Starter: Tommy Bradford
Stroke & Turn Officials : Henry Chin and Steve Plamondon
Admin Official (or Referee): Robert Steffner (robertsteffner@hotmal.com)
Meet Director: Brian Dangelmaier (coachbrian@marswim.org; 817-925-0505)
Head Safety Marshall: Shannon Gillespy
Safe Sport Chair: Shannon Gillespy

Officials: All deck officials must be currently certified by USA Swimming and their LSC, and have a current background check. Help from visiting officials is always welcome. Officials are asked to submit this application form so the team can plan accordingly. If anyone has any issues with the form, please contact the Meet Referee directly. All officials must attend a mandatory meeting one-hour before each session. The uniform for all preliminary sessions will be white polo shirt over navy shorts/pants/skirt, as appropriate. Finals uniform will be navy blue polo shirt over navy pants/skirt (NO shorts), as appropriate. All officials will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Officials should prominently display their meet credential while on deck. The wearing of name tags is encouraged.

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Meet Referee and AISD Natatorium at 682-867-9750 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The AISD Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by North Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict

accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Parking: The lots in and around the AISD Pool are available for parking. **RV parking and any overnight parking by any vehicle is not allowed.**

Results: No paper results will be posted. Results can be found on Meet Mobile or on the MARS and NTS websites.

Deck Changing: Deck changes are prohibited.

Drone Restrictions: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Spectator Tickets: Tickets for spectators will be available for $5/session in advance of the event online via EventBrite. Ticket sales links will be available on LC TAGS webpage on the MARS website.

Warm-Up Schedule:

	Thurs.	*Fri.*	*Sat.*	*Sun.*
7:00 to 7:30	Group 1	Group 2	Group 3	Group 1
7:30 to 8:00	Group 2	Group 3	Group 1	Group 2
8:00 to 8:30	Group 3	Group 1	Group 2	Group
3 8:30 to 8:50	Dive/Sprint Pace for all athletes			

** Group assignments are TBA and will be emailed out to teams & posted on the MARS website no later than Tuesday, July 20, 2021. Please be advised that the Meet Director and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups.

2021 Long Course TAGS Order of Events

Wednesday July 21, 2021

Finals: Meet Starts 4:00 PM		
GIRLS EVENT #	**EVENT DESCRIPTION**	**BOYS EVENT #**
1	13/14 800 free*	2
3	13/14 800 Free Relay**	4

*The 800 Free requires positive check-in. The event will alternate girls and boys. Swimmers must provide their own counters from meet credentialed athletes or coaches.

Thursday July 22, 2021

Prelims: Meet Starts 9:00 AM / Finals: Meet Starts 5:30 PM		
GIRLS EVENT #	**EVENT DESCRIPTION**	**BOYS EVENT #**
5	10/U 200 IM	6
7	11/12 200 IM	8
9	13/14 200 IM	10
11	10/U 50 Back	12
13	11/12 50 Back	14
15	13/14 100 Free	16
17	11/12 100 Free	18
19	10/U 100 Free	20
21	13/14 200 Fly	22
23	11/12 200 Fly	24
25	13/14 400 Medley Relay*	26
27	11/12 400 Medley Relay*	28

**The fastest heat that elect to swim in finals of boys and girls in each age group (11-12 and 13-14) will swim in finals*

Friday July 23, 2021

Prelims: Meet Starts 9:10 AM / Finals: Meet Starts 5:30 PM

GIRLS EVENT #	EVENT DESCRIPTION	BOYS EVENT #
29	10/U 200 Free	30
31	11/12 200 Free	32
33	13/14 200 Free	34
35	10/U 50 Breast	36
37	11/12 50 Breast	38
39	13/14 100 Fly	40
41	10/U 100 Fly	42
43	11/12 100 Fly	44
45	13/14 400 IM	46
47	10/U 400 Free Relay*	48
49	11/12 400 Free Relay*	50
51	13/14 400 Free Relay*	52

* *The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals*

Saturday July 24, 2021

Prelims: Meet Start 9:00 AM / Finals: Meet Start 5:30 PM

GIRLS EVENT #	EVENT DESCRIPTION	BOYS EVENT #
53	11/12 200 Back	54
55	13/14 200 Back	56
57	10/U 50 Fly	58
59	11/12 50 Fly	60
61	13/14 100 Breast	62
63	10/U 100 Breast	64
65	11/12 100 Breast	66
67	13/14 400 Free	68
69	10/U 400 Free	70
71	11/12 400 Free	72
73	13/14 200 Free Relay*	74
75	10/U 200 Free Relay*	76
77	11/12 200 Free Relay*	78

* *The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11-12 and 13- 14) will swim in finals*

Sunday July 25, 2021

Prelims: Meet Start 9:00 AM / Finals: Meet Start 5:30 PM

GIRLS EVENT #	EVENT DESCRIPTION	BOYS EVENT #
79	13/14 100 Back	80
81	11/12 100 Back	82
83	10/U 100 Back	84
85	13/14 1500 Free**	86
87	11/12 200 Breast	88
89	13/14 200 Breast	90
91	10/U 50 Free	92
93	11/12 50 Free	94
95	13/14 50 Free	96
97	10/U 200 Medley Relay*	98
99	11/12 200 Medley Relay*	100
101	13/14 200 Medley Relay*	102

***The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals*

*** The 1500 Free requires positive check-in. The fastest 8 boys and girls electing to swim in finals will swim at night.*

During prelims the 1500 will swim fast to slow, alternating heats of girls and boys after the 200 Medley Relay and a 10 minute break.

TAGS DAILY MEET SCHEDULE

WEDNESDAY, JULY 21

2:00 to 9:00 p.m.	Pool opens for warm-up.
3:00 p.m.	800 Free positive check-in deadline
3:00 p.m.	Relay cards due to Clerk of Course for today's
session 3:00 to 3:45 p.m.	Warm-up for 800 Free (15 min. break before the
relay) 4:00 p.m.	Meet Start

10 min. after end of session Pre-TAGS General Meeting – in grandstand at WAC

10 min. after General Mtg.	Relay cards due for Thursday's relay events
10 min. after General Mtg.	Scratch deadline for Thursday's prelim events

THURSDAY, JULY 22

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Friday's prelim events.
6:00 p.m.	Relay cards due to Clerk of Course - Friday relays, Declare AM/PM

FRIDAY, JULY 23

7:00 to 7:30 a.m.	Group 2 Warm up
7:30 to 8:00 a.m.	Group 3 Warm up
8:00 to 8:30 a.m.	Group 1 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
8:50 a.m.	Recognition of athletes (followed by a 10 minute break)
9:10 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Saturday's prelim events
6:00 p.m.	Relay cards due to Clerk of Course for Saturday relays, Declare AM/PM

SATURDAY, JULY 24

7:00 to 7:30 a.m.	Group 3 Warm up
7:30 to 8:00 a.m.	Group 1 Warm up
8:00 to 8:30 a.m.	Group 2 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Sunday's prelim events
6:00 p.m.	1500 Free positive check-in, Declare AM/PM
6:00 p.m.	Relay cards due to Clerk of Course for Sunday relays, Declare AM/PM

SUNDAY, JULY 25

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events

** TAGS Committee meeting will be held at the end of prelims on Friday in the grandstand.

NORTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES
- I. Assigned Warm-up Procedures
  - a. Warm-up lanes and times will be assigned to competing teams based on number ofentrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
  - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1 and 10	2 and 9	3 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

  - a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes atdesignated times—one way only.
  - d. Dive sprints may only be done under the direct supervision of the coach.
  - e. There will be no diving in the general warm-up lanes—circle swimming only.

- III. Safety Guidelines
  - a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures asthey apply to conduct at meets and practices.
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets,and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal andvisual, throughout the warm-up period.
  - b. The host team will be responsible for the following:
    1. A minimum of four marshals who report to and receive instructions from the MeetReferee and/or Director shall be on deck during the entire warm-up session(s).
    2. Marshals will have the authority to remove from the deck for the remainder of awarm-up session, any swimmer or coach found to be in violation of these procedures.
    3. The host team shall provide signs for each lane at both ends of the pool,indicating their designated use during warm-ups.
    4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statementwill appear in the meet information: “North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet.”
    5. An announcer will be on duty for the entire warm-up session to announce laneand/or time changes and to assist with the conduct of the warm-up.
    6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, orofficials will be either removed or clearly marked.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safetyconsiderations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.