

INSTRUCTIONS ON HOW TO SIGN UP FOR A SIGMA EVENT:

1. Go to the Sigma Swimming website:
<https://www.sigmaswimming.org>

1. Sign in to your account using your email and password

2. Go to the 'Events' tab at the top of the page

3. Find the Event that you would like to sign up for

*** Note that not all swimmers are eligible for all events, look for the note at the bottom of the event details

4. Click on the Event title (e.g. 'Level 3 @ Southlake') for a link to the 'Meet Sheet' in pdf format with details on the events, meet rules, check-in times, max. number of entries, bonus times etc.

5. Click on the 'Attend/Decline' button to take you to the official Event Signup page. Click on your swimmers name to get to the next page.

6. Use the pulldown to declare whether or not you will attend this event. You can also use the notes box below to inform the coach if you can only attend one day.

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7. Click on 'Save changes'

8. The next page shows your child's declaration ('Committed' or 'Declined'). On this page you can also see the 'Registration Deadline' information. Once you reach this page you should receive an email confirmation showing your commitment.

9. If you 'Declined' the event you can log out, your sign up is complete.
10. If you 'Committed' to the event, you can either stop here and let your child's coach select the events or you can click on your child's name and select the events they are interested in swimming. The only events that will show up on this page are events your child is eligible to swim at this particular meet.
- If you see 'NT' under Entry Time it means your child has No Time in that event. If you see 'Not Qualified' it means your child is not able to swim that event at that particular meet.

To sign your child up, you can check the box next to the events they would like to compete in. Your child's coach will review your selections and make any changes if necessary. Generally, a swimmer cannot swim more than 4 events in one day, refer to the Meet Sheet for specific rules. Sometimes Level 2 meets will offer bonus times to allow your child to compete in an event they may otherwise be ineligible to swim.

***Please note that this page is not always available depending on how early you are signing up. If it is not available, you can log in nearer the registration deadline and add the events later.

Day 1 Session 1									
Max Entries this Session IE = 1 Rel = 1 Comb = 2									
Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Quality Time	
NT	Not Qualified				5A	G	11-12 400 Medley	<=6:00.88Y <=6:38.88S <=6:52.09L	
Day 2 Session 2									
Max Entries this Session IE = 4 Rel = 1 Comb = 5									
Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Quality Time	
NT	Not Qualified				9	G	11-12 200 Breast	<=3:11.00Y <=3:31.19S <=3:37.89L	
1:10.87Y	1:10.87Y				11B	G	11-12 100 Back	<=1:19.40Y <=1:27.76S <=1:31.09L	
38.24L	38.24L				13B	G	11-12 50 Fly	<=34.55Y <=38.19S <=38.79L	
1:04.48Y	1:04.48Y				15B	G	11-12 100 Free	<=1:08.29Y <=1:16.46S <=1:18.99L	
43.99Y	Not Qualified				17B	G	11-12 50 Breast	<=40.59Y <=44.76S <=45.59L	
1:18.47Y	1:18.47Y				19B	G	11-12 100 Medley	<=1:19.19Y <=1:27.46S	
NT	Not Qualified				21	G	11-12 200 Fly	<=2:46.30Y <=3:07.19S <=3:14.19L	
6:42.99Y	Not Qualified				23	G	11-12 500 Free	<=6:38.59Y <=6:56.49L	
Day 3 Session 4									
Max Entries this Session IE = 4 Rel = 1 Comb = 5									
Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Quality Time	
2:27.68Y	2:27.68Y				41B	G	11-12 200 Free	<=2:29.80Y <=2:45.36S <=2:50.09L	
1:34.35Y	Not Qualified				43B	G	11-12 100 Breast	<=1:28.80Y <=1:37.96S <=1:41.89L	

11. You can learn more about Age Group Time Standards at:
<http://www.usaswimming.org>
 2017-20 Age Group Motivational Standards (By Age Groups)
 B, BB, A, AA, AAA, AAAA