

**Orinda Aquatics LC Intrasquad - 6/26/2021 to 6/27/2021****Session Report**

Session: 1 Saturday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	1 Girls 400 Freestyle	09:00 AM	_____
Finals	2 Boys 400 Freestyle	09:23 AM	_____
	Break: 7 Minutes:		
Finals	3 Girls 11 & Over 200 Backstroke	09:45 AM	_____
Finals	4 Boys 11 & Over 200 Backstroke	10:08 AM	_____
Finals	5 Mixed 12 & Under 50 Backstroke	10:23 AM	_____
	Break: 2 Minutes:		
Finals	7 Girls 100 Breaststroke	10:30 AM	_____
Finals	8 Boys 100 Breaststroke	10:50 AM	_____
	Break: 16 Minutes:		
Finals	9 Girls 11 & Over 200 Butterfly	11:15 AM	_____
Finals	10 Boys 11 & Over 200 Butterfly	11:20 AM	_____
Finals	11 Mixed 12 & Under 50 Butterfly	11:25 AM	_____
	Break: 31 Minutes:		
Finals	13 Girls 100 Freestyle	12:00 PM	_____
Finals	14 Boys 100 Freestyle	12:20 PM	_____
	Break: 14 Minutes:		
Finals	15 Girls 200 IM	12:45 PM	_____
Finals	16 Boys 200 IM	01:12 PM	_____
	Break: 1 Minutes:		
Finals	17 Mixed 11 & Over 800 Freestyle	01:30 PM	_____
	Swimmers Counts for Warm-ups: 103		
	Finish Time	01:43 PM	_____

**Orinda Aquatics LC Intrasquad - 6/26/2021 to 6/27/2021****Session Report**

Session: 2 Sunday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 90 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	19 Mixed 11 & Over 400 IM	09:00 AM	_____
Finals	21 Girls 200 Freestyle	09:16 AM	_____
Finals	22 Boys 200 Freestyle	09:43 AM	_____
	Break: 1 Minutes:		
Finals	23 Girls 100 Butterfly	10:00 AM	_____
Finals	24 Boys 100 Butterfly	10:12 AM	_____
	Break: 21 Minutes:		
Finals	25 Girls 50 Freestyle	10:45 AM	_____
Finals	26 Boys 50 Freestyle	10:59 AM	_____
	Break: 22 Minutes:		
Finals	27 Girls 11 & Over 200 Breaststroke	11:30 AM	_____
Finals	28 Boys 11 & Over 200 Breaststroke	11:40 AM	_____
Finals	29 Mixed 12 & Under 50 Breaststroke	11:49 AM	_____
	Break: 21 Minutes:		
Finals	31 Girls 100 Backstroke	12:15 PM	_____
Finals	32 Boys 100 Backstroke	12:45 PM	_____
	Break: 3 Minutes:		
Finals	33 Mixed 11 & Over 1650 Freestyle	01:00 PM	_____
	Swimmers Counts for Warm-ups: 102		
	Finish Time	01:24 PM	_____