

# Orinda Aquatics Team Tryout Form



Thank you for your interest in Orinda Aquatics. Orinda Aquatics offers prospective members the opportunity to swim with the team on a trial basis. This time period should allow the swimmer and their family to evaluate our program, and for the coaching staff of Orinda Aquatics to evaluate the swimmer. Both evaluations are critical to ensure that a potential union is in both parties best interest. For September try-outs, we ask that swimmers attend the pre-season trial session (see Parent Letter on the website under REGISTRATION for details). Following this trial session, there will be a swimmer meeting for all year-round swimmers and a parent meeting. There will also be a new parent Q&A after the season begins. Again, these dates are all in the Parent Letter. For mid-season try-outs, we will set up a meeting with the parent and swimmer. Also note that are minimum standards to join and we may ask a swimmer to begin in the Fall Polar Bear Program or Varsity Senior program. Please review the team information on the website (general and group) and email this form to Kati McDermott at [katiswim44@gmail.com](mailto:katiswim44@gmail.com). Thank you for your interest.

<b>Swimmers Name:</b>			
<b>Age:</b>	<b>DOB:</b>	<b>Grade:</b>	<b>School:</b>
<b>Address:</b>			
<b>Email:</b>			
<b>Phone:</b>			
<b>Rec Team/Previous Team:</b>			

**How did you hear about Orinda Aquatics?**

**Please give a brief description of your swimming background, including rec., high school, and USS.**

***Please list best events and times:***

Event	Time	Event	Time
Event	Time	Event	Time

- **What would you expect from Orinda Aquatics?**
- **What are your swimming objectives?**
- **If you are currently with a USS team, have you spoken to the coach about your concerns?**
- **Please describe any injuries or medical conditions:**

<b>Parent name:</b>	<b>Pediatrician name:</b>
<b>Parent cell phone:</b>	<b>Pediatrician phone:</b>
<b>Other contact:</b>	<b>Insurance/phone:</b>

**Thank you very much for your interest in Orinda Aquatics.**

**Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_**