

Special Instructions for AMFY Swim Meets

With the COVID-19 special guidelines:

- We need everyone to wear a mask. Swimmers should have their mask on at all times except when they are actively getting in and out of the water.
- We must limit the number of people in the building to no more than 120. When possible, please only have one parent/guardian attend the meet with the swimmer.
- We must limit the number of people on the pool deck to no more than 40. Only ONE spectator per swimmer will be permitted on pool deck.
- Upon arrival in the building all will be screened at the door. This includes a temperature check and screening questions.
- Please enter the pool area through the locker rooms and leave through the doors behind the blocks.

When people come in the building:

- Stop at the screening station at the main entrance.
- Next proceed to the gym/swimmer camp
 - We have outlined square boxes in the gyms for you to wait for warm ups and races. One box per family. You may bring chairs/blankets for use in your box.
 - Please remain in your box unless it's time to swim or someone needs to use the restroom
 - We will have a video feed of the pool area in the swimmer camp for everyone to watch the meet from there, along with an announcer to update the meet progress.
- When it is time for warm ups:
 - Please enter the pool area through the locker rooms
 - Please exit the pool area through the doors behind the blocks
 - We will have no more than 20 swimmers in the water during warm up periods
- When it is time for a race:
 - Please go to the bullpen. All swimmers MUST go to the bullpen. This is how we limit the number of people in the pool area.
 - NOTE: This will not be an ordinary bullpen. We will organize one or two heats in the gym/hallway area, then progress one heat

into the pool area to sit in the bleachers while another heat is in the water.

- If a spectator wants to attend a race with the swimmer, he/she must go through the bullpen with the swimmer.
- We will carefully proceed heats through the locker rooms and into the pool area when it is time. Only the heat in the water and one heat waiting in the bleachers will be permitted in the pool area at once.
- We must wait until the preceding heat has finished, exited the water and left the pool area before we will let the next heat behind the blocks.
- Spectators may watch the races from behind the blocks, or from the side near the bleachers (if you want to take pictures).
 - **NOTE: Due to SafeSport rules, there can be no cell phones or photography behind the blocks.**
- Please leave the pool area once the race is over via the doors behind the blocks.

General notes:

- If possible, swimmers should arrive wearing swim suits. We want to keep locker room use to a minimum.
- We are asking families to limit the non-swimmers who enter the building. We prefer only one parent/guardian per swimmer competing. If the overall building capacity is too high, we will have to ask some people to leave.
- Only ONE spectator per swimmer competing will be permitted on pool deck. The spectator must go to the bullpen with his/her swimmer and enter the pool area with the swimmer. The spectator will watch the race from behind the block or the pool side and will leave the pool area with the swimmer.
 - We will have video of the races in the swimmer camp in the gym for those to watch who cannot be on deck.
- We will not have a concession stand. Please bring a water bottle for swimmers and a snack
- The sessions are short! Swimmers may not have long between their races.
 - We will be taking a lot of extra time between races and will have breaks built in during each session.
- Once your swimmer is done with his/her events, we ask that you leave the building as soon as you can so we can clean and prepare for the next session.