

BASH Practice Schedule as of 7/6/20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dolphin/Pre-Competitive	6-7pm (3-4 Lanes)		6-7pm (3-4 Lanes)				Off
AG4	10-11am (2) 6-7pm (2)		10-11am (2) 6-7pm (2)				Off
AG3		10-11am (3) 6-7pm (3-4)		10-11am (3) 6-7pm (3-4)	10-11am (2)		Off
AG2	10-11am (2)	10-11am (2) 7-8pm (6)	10-11am (2)	10-11am (2) 7-8pm (6)	10-11am (2)		Off
AG1	9-10am (6) 7-8pm (6)	7:30-8:45am (6)	9-10am (6) 7-8pm (6)	7:30-8:45am (6)	9-10am (6) 6-7pm (6)	8:30-10am	Off
SR3	10-11am (2)	10-11am (1+T) 6-7pm (2)	10-11am (2)	10-11am (1+T) 6-7pm (2)	10-11am (2)		Off
SR2	7:30-9am (6)	8:45-10am (6) 5-6pm (6)	7:30-9am (6)	8:45-10am (6) 5-6pm (6)	7:30-9am (6)	8:30-10am	Off
SR1	6-7:30am (6) 5-6pm (6)	6-7:30am (6)	6-7:30am (6) 5-6pm (6)	6-7:30am (6)	6-7:30am (6) 5-6pm (6)	7-8:30am (6)	Off

NOTES:

AG2, AG3 and AG4 should only attend one practice per day, either morning or evening

SR1, SR2 and AG1 will have to sign up with coaches in order to double

SR2 and AG1 will be assigned groups for Saturday morning practice