

2022-23 SHORT COURSE MEET SCHEDULE

Individual meet information and signup deadlines will be available on website closer to meet dates. Schedule is subject to change.

Tech suits are optional and will be allowed at some meets.

Meet Schedule for those focusing on JO Short Course Championships for their final meet of the season.

Date	Meet	Location	Format/Qualifying Times	Events to Swim	Suits
Oct 2	BBA Intrasquad Meet (BBA)	Twinsburg Fitness Center	Timed Finals; none	Choice Events	BBA/Practice suit
Oct 15	Peg Neal Pentathlon (LRST)	Lakewood High School	Timed Finals; none	All Events	BBA/Practice suit
Oct 16	Mile Meet/500 Freestyle (BBA)	Hathaway Brown	Timed Finals Slower than B – 500 free Must have legal 500 to swim 1650	Choice Events	BBA/Practice suit
Oct 23	Stevie Grieshammer HS Preview (BBA)	Cleveland State University	Timed Finals; none	Off Events	BBA/Practice suit
Nov 5 – 6	Kelly Kinney Splash Out Cancer (SWIM)	Strongsville Rec Center	Timed Finals; none	Main Events	BBA/Practice suit
Nov 13	Fall Breakout Meet (BBA)	Twinsburg Fitness Center	Timed Finals; Slower than BB	Choice Events	BBA/Practice suit
Nov 18 – 20	Mark J Braun Fall Classic (LESD)	SPIRE Institute	Prelims/Finals Faster than BB – 12 & Under Faster than A – 13 & Over	Qualified Events	Tech suit allowed
Nov 18 – 20	Speedo Classic/Speedo Grand Challenge	Hinsdale/Westmont, IL	Prelims/Finals; Some Qualifying Times	Qualified Events	Tech suit allowed
Dec 2 – 4	Shaker Shark Invitational (SHSH)	Cleveland State University	Prelims/Finals; Faster than B	Main Events	BBA/Practice suit
Dec 11	Winter Breakout Meet (BBA)	Cleveland State University	Timed Finals; Slower than BB	Main Events	BBA/Practice suit
Jan 22	TYR Turn Up the HEAT meet (HEAT)	Cleveland State University	Timed Finals; none	Off Events	BBA/Practice suit
Feb 12	Last Chance Meet (LESD)	SPIRE Institute	Timed Finals; none	Main Events	BBA/Practice suit
Feb 19	10 & Under Champs Meet (HEAT)	TBA	Timed Finals	Main Events	Tech suit allowed
Feb 26	Regional Championships	Solon High School	Timed Finals	Qualified Events	Tech suit allowed
March 10 – 12	JO Championships (LESI)	Cleveland State University	Prelims/Finals	Qualified Events	Tech suit allowed

Meet Schedule for those focusing on the NCSA Age Group Championship Meet for their final meet of the season.

Date	Meet	Location	Format/Qualifying Times	Events to Swim	Suit
Oct 15	Peg Neal Pentathlon (LRST)	Lakewood High School	Timed Finals; none	All Events	BBA/Practice suit
Oct 16	Mile Meet/500 Freestyle (BBA)	Hathaway Brown	Timed Finals Slower than B – 500 free Must have legal 500 to swim 1650	Choice Events	BBA/Practice suit
Oct 23	Stevie Grieshammer HS Preview (BBA)	Cleveland State University	Timed Finals; none	Off Events	BBA/Practice suit
Nov 5 – 6	Kelly Kinney Splash Out Cancer (SWIM)	Strongsville Rec Center	Timed Finals; none	Choice Events	BBA/Practice suit
Nov 18 – 20	Mark J Braun Fall Classic (LESD)	SPIRE Institute	Prelims/ Finals Faster than BB – 12 & Under Faster than A – 13 & Over	Qualified Events	Tech suit allowed
Nov 18 – 20	Speedo Classic/Speedo Grand Challenge	Hinsdale/Westmont, IL	Prelims/Finals; Some Qualifying Times	Qualified Events	Tech suit allowed
Dec 2 – 4	Shaker Shark Invitational (SHSH)	Cleveland State University	Prelims/Finals; Faster than B	Main Events	BBA/Practice suit
Jan 7 – 8	Mid States	IUPUI, Indianapolis, IN	Application process	Qualified Events	Tech suit allowed
Jan 22	TYR Turn Up the HEAT meet (HEAT)	Cleveland State University	Timed Finals; none	Off Events	BBA/Practice suit
Feb 10 – 12	Michigan Open (OLY)	Oakland University	P/F	Main Events	Tech suit allowed
Feb 19	10 & Under Champs Meet (HEAT)	TBA	Timed Finals	Main Events	BBA/Practice suit
March 10 – 12	JO Championships (LESI)	Cleveland State University	Prelims/Finals	Qualified Events	BBA/Practice suit
March 23 – 26	NCSA Age Group Meet	Orlando, FL	Prelims/Finals	Qualified Events	Tech suit allowed

Meet Schedule for those focusing on USA Sectionals, NCSA Championships, Jr Nationals, Nationals

Date	Meet	Location	Format/Qualifying Times	Events to Swim	Suit
Oct 16	Mile Meet/500 Freestyle (BBA)	Hathaway Brown	Timed Finals Slower than B – 500 free Must have legal 500 to swim 1650	Choice	BBA/Practice suit
Oct 23	Stevie Grieshammer HS Preview (BBA)	Cleveland State University	Timed Finals; none	Off Events	BBA/Practice suit
Nov 18 – 20	Mark J Braun Fall Classic (LESD)	SPIRE Institute	Prelims/Finals Faster than BB – 12 & Under Faster than A – 13 & Over	Qualified Events	Tech suit allowed
Nov 18 – 20	Speedo Classic/Speedo Grand Challenge	Hinsdale/Westmont, IL	Prelims/Finals; Qualifying Times	Qualified Events	Tech suit allowed
Dec 2 – 4	Shaker Shark Invitational (SHSH)	Cleveland State University	Prelims/Finals; Faster than B	Check with coach	Check with Coach
Dec 7 – 10	Winter Jr Nationals	Greensboro, NC	Prelims/Finals	Qualified Events	Tech suit allowed
March 3 – 5	Senior Championships (FAST)	University of Akron	Prelims/Finals	Qualified Events	Tech suit allowed
March 15-19	NCSA Spring Championships	Orland, FL	Prelims/Finals	Qualified Events	Tech suit allowed