

# Blazing Barracudas 2022 – 23 Goal Sheets

## Age Group 1 & 2

Name \_\_\_\_\_ Grade \_\_\_\_\_

Other activities/interests \_\_\_\_\_

Please list two stroke improvements for each stroke to focus on during the next three months:

<b>Stroke</b>	<b>Improvement #1</b>	<b>Improvement #2</b>
Butterfly		
Backstroke		
Breaststroke		
Freestyle		

Two goals to achieve before/during November 2022:

1. \_\_\_\_\_
2. \_\_\_\_\_

Two goals to achieve by March 2023:

1. \_\_\_\_\_
2. \_\_\_\_\_

Two things you will contribute to your team:

1. \_\_\_\_\_
2. \_\_\_\_\_

Two practice sets that you feel will be most helpful to achieving your goals:

1. \_\_\_\_\_
2. \_\_\_\_\_