

**LAKE ERIE SWIMMING**  
**REQUEST FOR INITIAL DISTANCE**

This form should be completed when a swimmer requests that he or she receive recognition for an initial distance so that the time can be entered into SWIMS. A minimum of two watches should be provided for the initial distance split and the times recorded on this form. (Three watches would be better.) Officials should observe the “finish” at the initial distance to verify that the initial distance was completed in accordance with the finish rules of the relevant stroke. The swimmer must complete the event or the initial distance will not be recognized. Send completed form to Pam Cook, 301 Rockledge Drive, Bay Village, OH 44140-2712.

**Swimmer's Name** \_\_\_\_\_ **Club** \_\_\_\_\_ **LSC** \_\_\_\_\_

**Swimmer's USS #** \_\_\_\_\_

**Event # & Description** \_\_\_\_\_

**Initial Distance:** (circle) 50 100 200 400 500 800 1000 other \_\_\_\_\_

**Watch times** \_\_\_\_\_

**Pad time** \_\_\_\_\_

**Official time** \_\_\_\_\_

The initial distance was completed in accordance with USA Swimming technical rules for the stroke, including the finish. The swimmer completed the event.

**Signature of Meet Referee** \_\_\_\_\_

**Signature of Administrative Official** \_\_\_\_\_

**Date** \_\_\_\_\_

**Meet** \_\_\_\_\_ **Sanction/Approval #** \_\_\_\_\_