

**MILE & 500 FREESTYLE MEET  
TWINSBURG FITNESS CENTER  
OCTOBER 17, 2021**

- Location:** Twinsburg Fitness Center, 10084 Ravenna Rd, Twinsburg, OH 44087. The fitness center is located next to the Twinsburg High School.
- Information:** There are qualifying times for this meet. Please see page 2 for QT. Events are mixed (boys & girls will swim together). Events will be swum fastest to slowest.
- Entry Deadline:** **Entries are due Wednesday, September 22, 2021.** We are using Team Unify (our online meet entry system) to register for this meet. Click on the attend/decline link on the website to enter this meet.
- Event Limit:** Swimmers may swim 1 event for this meet.
- Entry Fees:** \$23 which includes three events, admission for 1 spectator, digital heat sheet
- Pool Information:** The course is a 25 yard pool with 6 lanes.
- Events:** See the following page for a complete list of events. Swimmers can swim 1 event for the meet. Parents will choose events for their swimmers. If you are unsure which events to choose, please ask your swimmer's coach.
- Times:** Multiple sessions will be offered; each session will have a separate 30 min warm up. Swimmers will be assigned to a session based on their event and their entry time.
- Session 1 warm-ups will start at 7:30 am. Warm-ups will last 30 minutes each. Session 1 will start at 8:05 AM.
  - The 500 will be first followed by the 1650 free
  - Events will be swum fastest to slowest
  - The finalized warm up plan for all the sessions will be found at Lake Erie website by October 13, 2021.
- Admission:** One spectator per swimmer. Admission cost is included in the entry fee.
- Parking:** Parking is free directly in front of the Rec Center.
- Meet Workers:** This is a meet for BBA swimmers only. We will need your help to run this meet. Meet worker positions will be available soon.

**RISK OF EXPOSURE TO COVID 19:** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**2021 Mile & 500 Freestyle Meet**  
 SCHEDULE OF EVENTS  
 Sunday, October 17, 2021  
 7:30 AM Warm-up, 8:05 AM Meet Start (Timed Finals)

Events are mixed  
 Swam Fastest to Slowest

<b>Girls</b>	<b>Age Group/Stroke</b>	<b>Boys</b>
1  <b>Slower than</b> 10 &U: 6:44.29 11-12: 6:07.59 13-14: 5:49.59 15 & Older: 5:43.39	Open 500 Free	1  <b>Slower than</b> 10 &U: 6:37.39 11-12: 5:57.69 13-14: 5:31.39 15 & Older: 5:17.69
2 Must have legal time in 500	Open 1650 Free	2 Must have legal time in 500

***WARM UPS AND SUCCEEDING SESSIONS WILL BE POSTED ON THE LAKE ERIE AND BBA WEBSITES***